

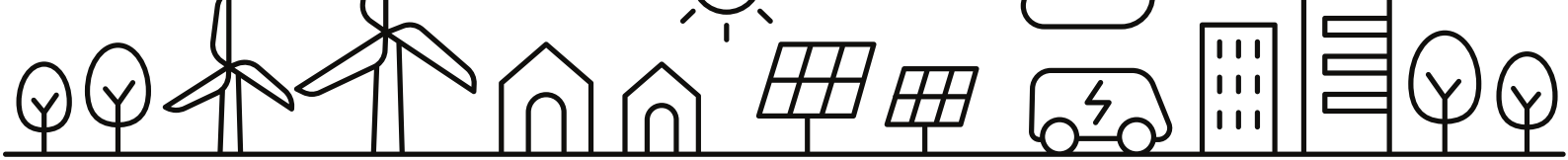


جامعة عجمان
AJMAN UNIVERSITY

Ajman University Social Impact Training Report

2020-2026





Office of Sustainability

Training Session Title:
World Health & Safety Day

Duration: 1 hour

Number of attendees reached: 25

Audience: Students, Faculty and Staff Members

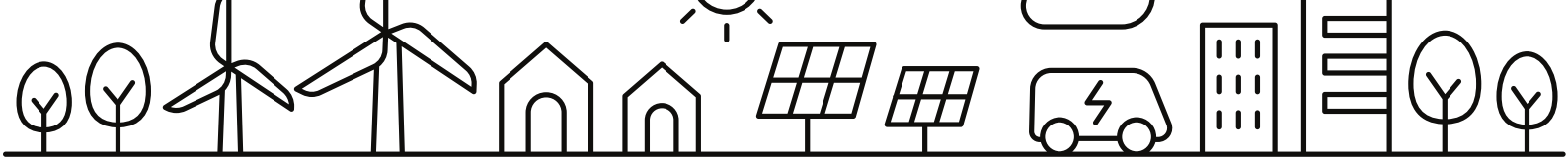


Training Session Title:
First Aid Awareness Session -
CPR Techniques

Duration: 2 hours

Number of attendees reached:
29

Audience: Faculty and Staff
Members



Office of Sustainability

Training Session Title:
Emergency Mock Drill
Training (Sports Complex)

Duration: 1 hour

**Number of attendees
reached:** 23

Audience: Students, Faculty
and Staff Members

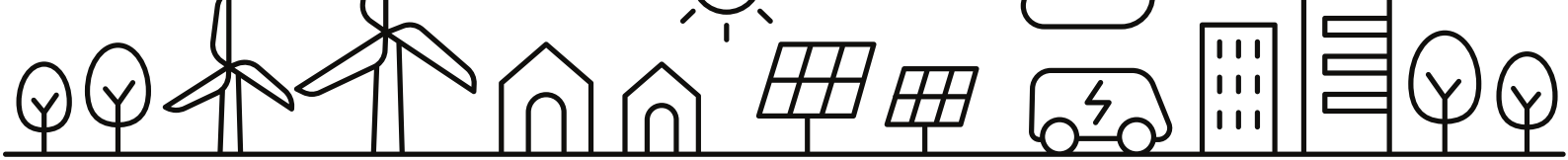


Training Session Title:
Fire Safety Training by Ajman
Civil Defense

Duration: 2 hours

**Number of attendees
reached:** 35

Audience: Faculty and Staff
Members



Office of Sustainability

Training Session Title:
Fire Safety at Home Training
by Ajman Police

Duration: 1 hour

**Number of attendees
reached:** 30

Audience: Students, Faculty
and Staff Members

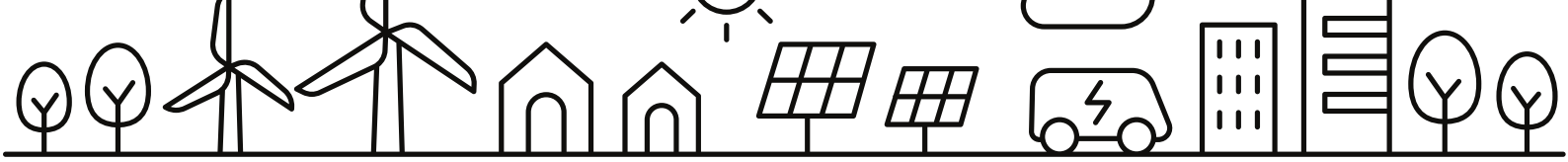


Training Session Title:
CPR Training

Duration: 2 hours

**Number of attendees
reached:** 35

Audience: Students, Faculty
and Staff Members



Office of Sustainability

Training Session Title:
Emergency Mock Drill Training
by Civil Defense (Female
Hostel)

Duration: 1 hour and a half

**Number of attendees
reached:** 55

Audience: Students and Staff
Members

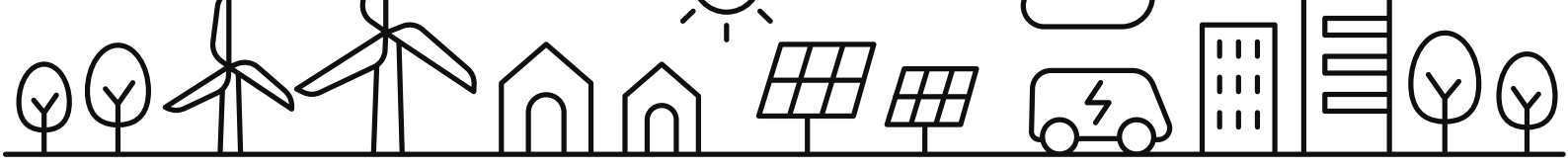


Training Session Title:
Emergency Mock Drill Training
by Civil Defense (SZC)

Duration: 2 hours

**Number of attendees
reached:** 55

Audience: Students, Faculty
and Staff Members



Office of Sustainability

Training Session Title:
Incident Investigation
Training

Duration: 8 hours

**Number of attendees
reached:** 15

Audience: Faculty and
Staff Members



As the leader in professional training, we draw on our years of worldwide experience to provide effective learning and development opportunities. We make a difference to individuals, teams and businesses, nurturing talent and enabling continuous organizational progression. Our specialists partner with course participants, identifying improvement objectives and supporting the professional journey.

SGS ACADEMY

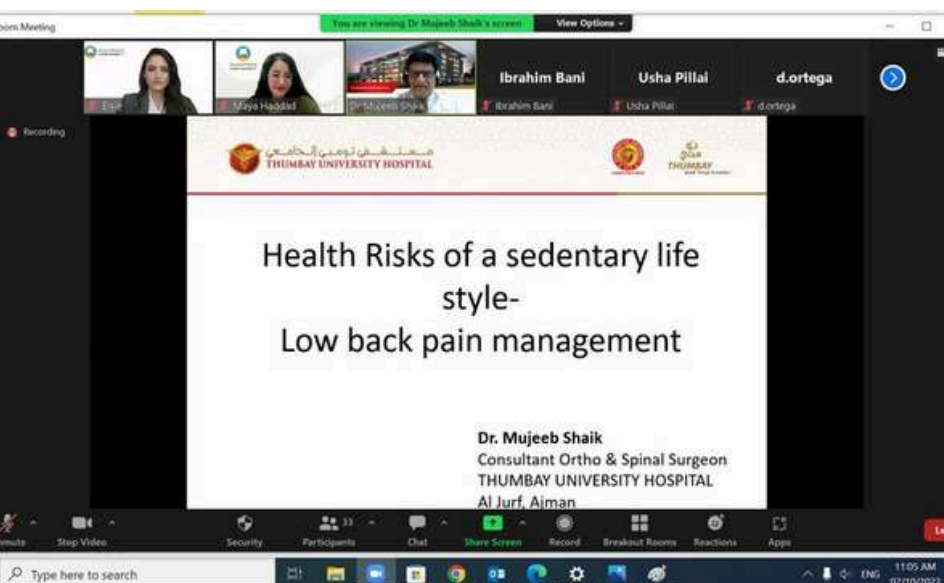
INCIDENT INVESTIGATION



COURSE DESCRIPTION

The purpose of this course is to provide all persons who have occupational health and safety responsibilities with a basic understanding of how to identify the root cause(s) of incidents in order to take corrective action and what controls can be implemented to prevent further occurrences of such events.

- Discussing the principles of incident investigation
- Discussing the purpose of incident investigation
- **2. Investigate the causes and consequences of incidents by:**
- Discussing the causes of incidents
- Examining factors to consider in determining the root cause of

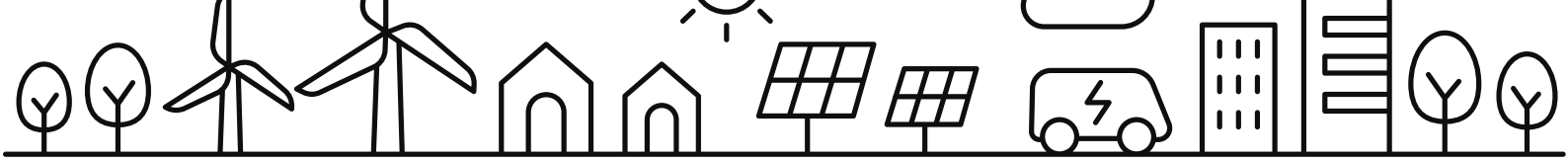


Training Session Title:
Sedentary Lifestyle
Webinar

Duration: 1 hour

**Number of attendees
reached:** 114

Audience: Students,
Faculty and Staff
Members, and the
General Public



Office of Sustainability

Training Session Title:
Safe Working Systems for
Contractors Training

Duration: 1 hour

**Number of attendees
reached:** 3

Audience: Contractors

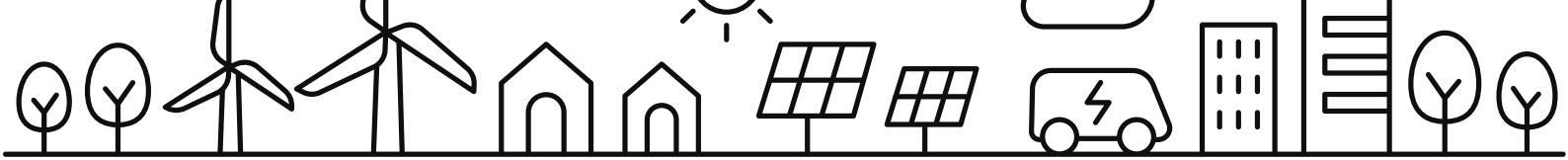


Training Session Title:
HABC Certified First Aid Training

Duration: 6 hours

**Number of attendees
reached:** 40

Audience: Faculty and Staff
Members



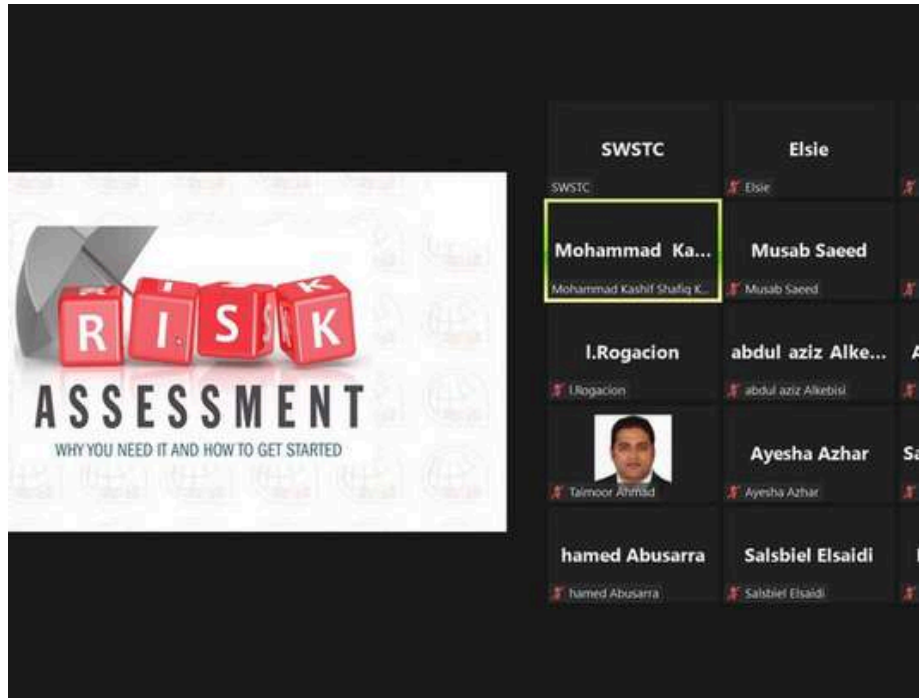
Office of Sustainability

Training Session Title:
HABC Level 2: International
Certificate in Risk Assessment

Duration: 6 hours

**Number of attendees
reached:** 20

Audience: Faculty and Staff
Members

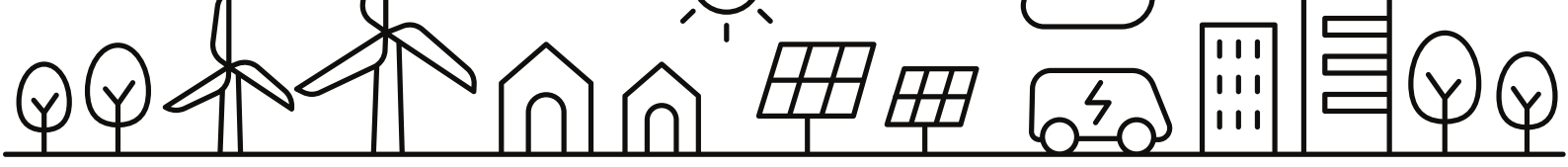


Training Session Title:
HABC Certified Fire Safety Training

Duration: 6 hours

**Number of attendees
reached:** 40

Audience: Faculty and Staff
Members



Office of Sustainability

Training Session Title:
First Aid for Burns

Duration: 1 hour

Number of attendees reached: 45

Audience: Students, Faculty and Staff Members



The Office of Environmental Health and Safety is pleased to invite you to a first aid webinar

First Aid for Burns



Thursday 29 April, 2021
12:00 PM - 1:00 PM

Speaker: Mrs. Ala'a Al Amiry
Lecturer at College of Pharmacy and Health Sciences and BLS Instructor

To attend the webinar, please scan the barcode for a quick registration

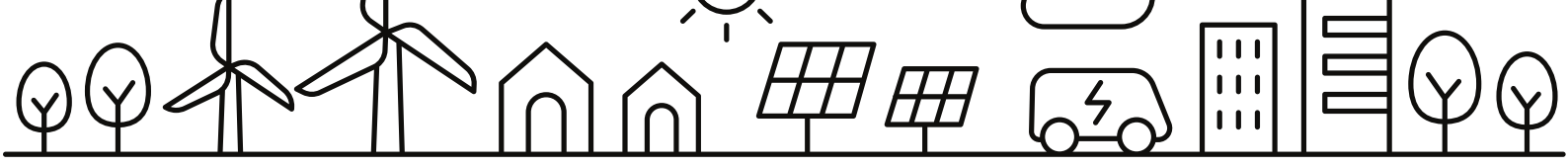


Training Session Title:
Emergency Preparedness Training

Duration: 2 hours

Number of attendees reached: 54

Audience: New Students



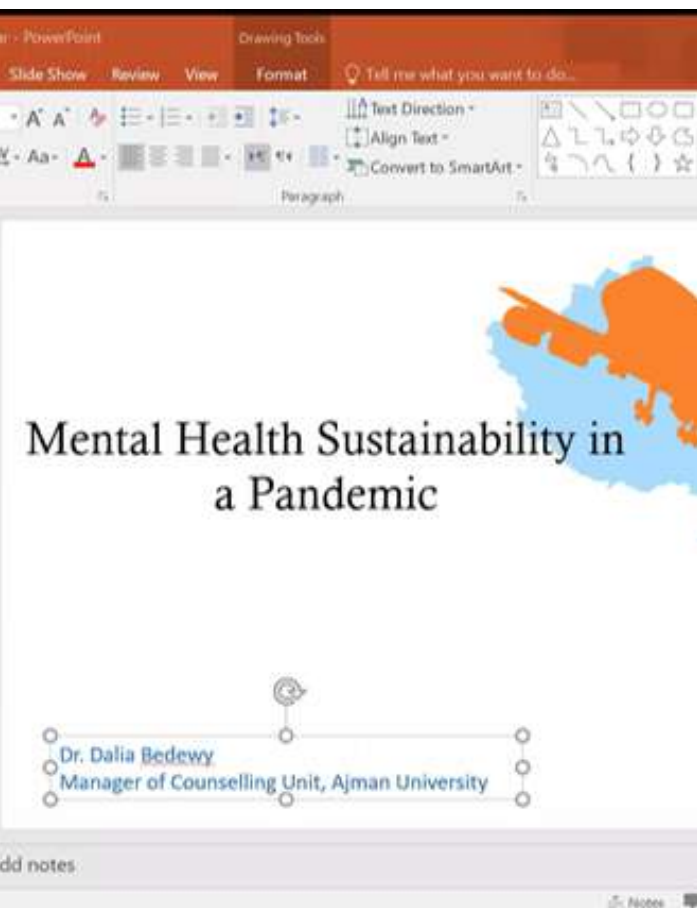
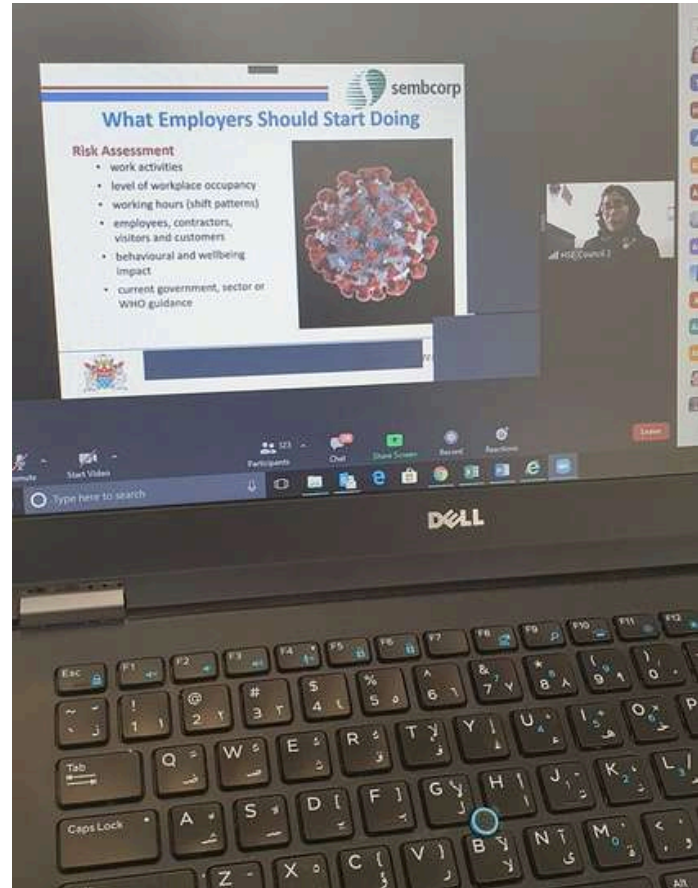
Office of Sustainability

Training Session Title:
Safety Measures during Covid-19
Training

Duration: 2 hours

**Number of attendees
reached:** 123

Audience: Students, Faculty and
Staff Members

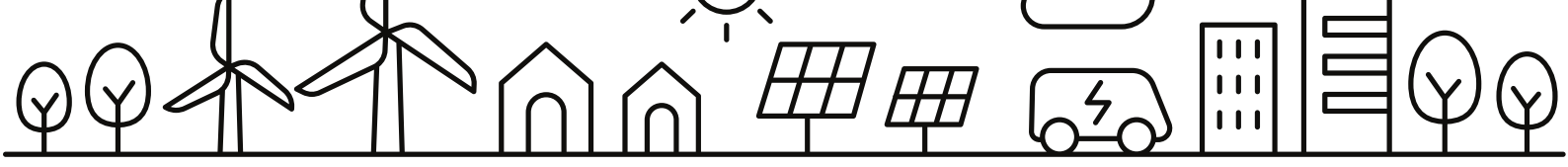


Training Session Title:
Mental Health Sustainability in a
Pandemic

Duration: 1 hour

**Number of attendees
reached:** 50

Audience: Students, Faculty and
Staff Members



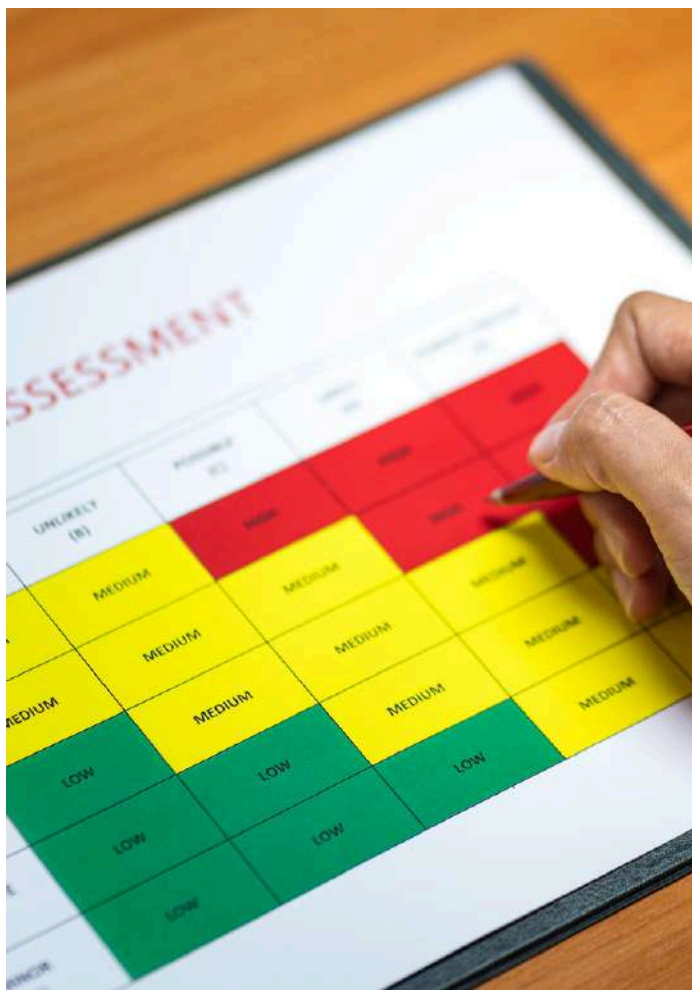
Office of Sustainability

Training Session Title:
Safe Working Systems and
Standard Operation Practices
Manuals (Risk Assessment)

Duration: 2 hours

**Number of attendees
reached:** 13

Audience: Faculty and Staff
Members

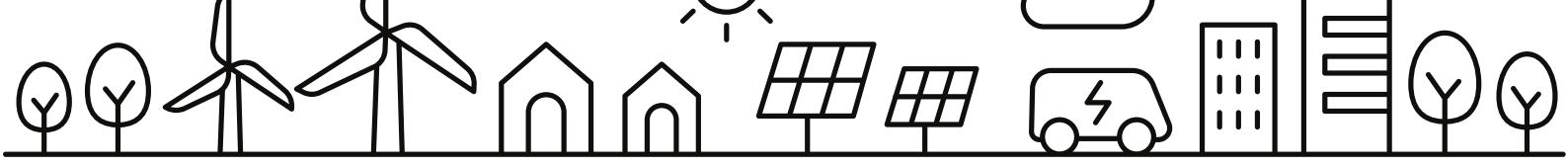


Training Session Title:
World Day for Safety and
Health at Work

Duration: 1 hour

**Number of attendees
reached:** 7

Audience: Staff Members



Office of Sustainability



As part of the Anti-Smoking Campaign, the Office of Environmental Health and Safety and the Office of Medical Services cordially invite you to attend:

Training Session Title:

Anti-Smoking Campaign: Smoking takes your breath away

Duration: 1 hour

Number of attendees reached: 103

Audience: Students, Faculty and Staff Members, and the General Public

SMOKING TAKES YOUR BREATH AWAY



An informative session about the health risks of smoking with

Dr. Mohamed Saifeldin



Office of Environmental Health and Safety
Office of Medical Services
Office of Community Engagement



Training Session Title:

Anti-Smoking Campaign: Main event

Duration: 1 hour

Number of attendees reached: 82

Audience: Students, Faculty and Staff Members, and the General Public

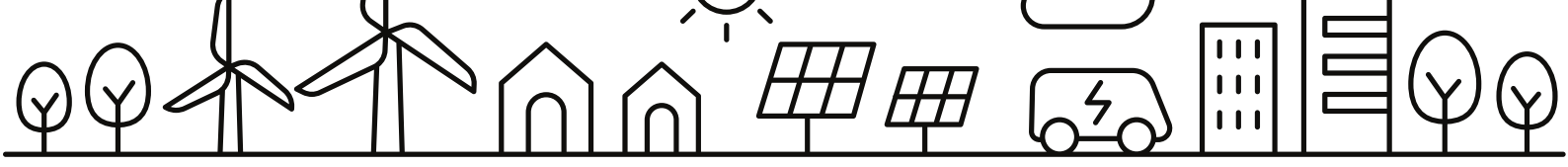
An exciting session featuring:

- Lessons on how to quit smoking through exercise.
- Using the Smokerlyzer to know the Carbon Monoxide levels in your body.
- Announcing the Anti-Smoking poster competition winner.
- Amazing prizes awaits participants.



Date
May 31, 2022

Time
1:00 - 2:00 PM



Office of Sustainability

Training Session Title:
Food Safety Internal Audit
Training

Duration: 4 hours

**Number of attendees
reached:** 4

Audience: Staff members

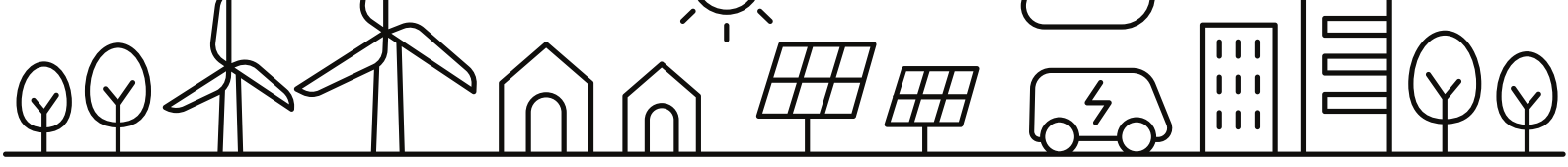


Training Session Title:
HABC Level 2: International
Certificate in Food Safety

Duration: 5 hours

**Number of attendees
reached:** 6

Audience: Staff Members



Office of Sustainability

Training Session Title:

Role of higher education in building back better from COVID-19 and advancing the 2030 Agenda by UN

Duration: 1 hour 30 minutes

Number of attendees reached: 90

Audience: Students, Faculty and Staff Members, and the General Public



Higher Education Sustainability Initiative

HESI+10
Celebrating 10 years with Higher Education Sustainability Impact

HESI GLO
6 July



WEBINAR 1

Transformation of higher education post COVID-19

27 APRIL 2022, 09:00 - 10:30 AM (New York time)

Register at: <https://sdgs.un.org/HESI>



The Office of Medical Services & Office of Environmental Health and Safety are pleased to invite you to a webinar.

Stress Management in Work & Life

MON | JULY | 2:00
DAY | 5TH | PM



جامعة عجمان
AJMAN UNIVERSITY



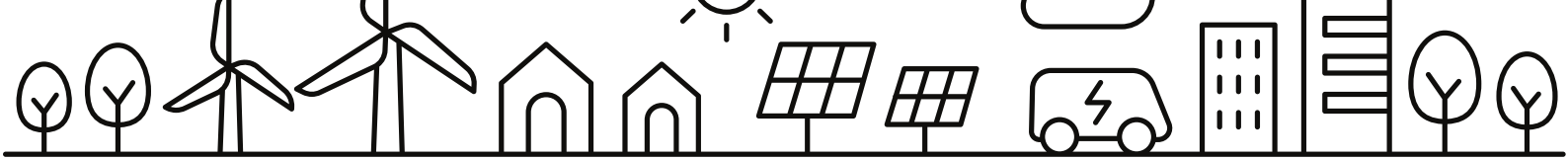
Dr. Yasir Ali Malik
(MBBS, MD)
Specialist Psychiatrist

Training Session Title:
Stress Management in Work & Life

Duration: 1 hour

Number of attendees reached: 40

Audience: Students, Faculty and Staff Members, and the General Public



Office of Sustainability

Training Session Title:
Food Safety Management
requirements in accordance
with International Standard
ISO 22000:2018

Duration: 2 hours

**Number of attendees
reached:** 24

Audience: Students, Faculty
and Staff Members, and the
General Public



On the occasion of the International Day of Women and Girls in Science, the Office of Environmental Health and Safety and AU Women Empowerment Council cordially invite you to attend:

Women in Science Drive Sustainable Development

Lessons in climate change, health, safety, and green economies

- Roundtable discussion on sustainable environment, women empowerment, diversity, and emergency preparedness
- Q&A session
- Guest of Honor: Dr. Diana Francis – Atmospheric Scientist, Khalifa University

February 21, 2022 | 3:00 PM – 4:30 PM



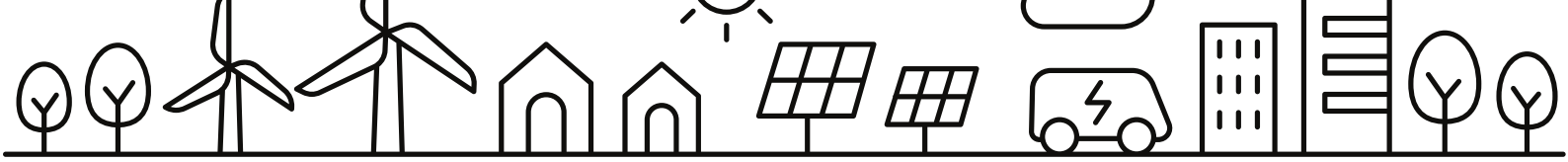
[Click here to register.](#)

Training Session Title:
Women in Science Drive
Sustainable Development: Lessons
in climate change, health, safety,
and green economies

Duration: 1 hour 30 minutes

Number of attendees reached: 152

Audience: Students, Faculty and
Staff Members, and the General
Public



Office of Sustainability

Training Session Title:
Food Safety on Campus

Duration: 1 hour and a half

Number of attendees reached: 17

Audience: Students, Faculty and Staff Members, and Restaurant Staff members

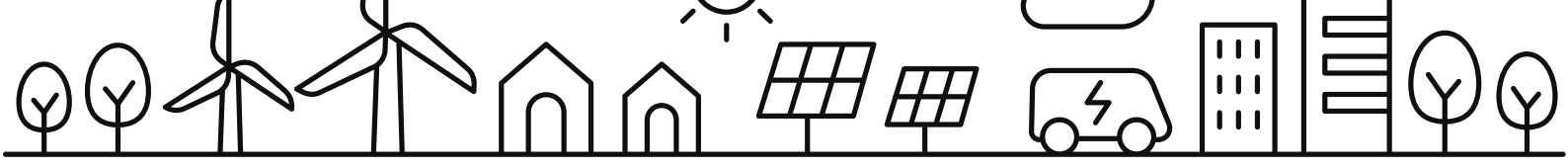


Training Session Title:
Traffic Safety by Ajman Police

Duration: 2 hours

Number of attendees reached: 18

Audience: Faculty and Staff Members



Office of Sustainability



The Office of Medical Services & Office of Environmental Health and Safety are pleased to invite you to a webinar on:

Breast Cancer Awareness



October 18, 2021



12:00 - 1:00 PM

Training Session Title:
Breast Cancer Awareness

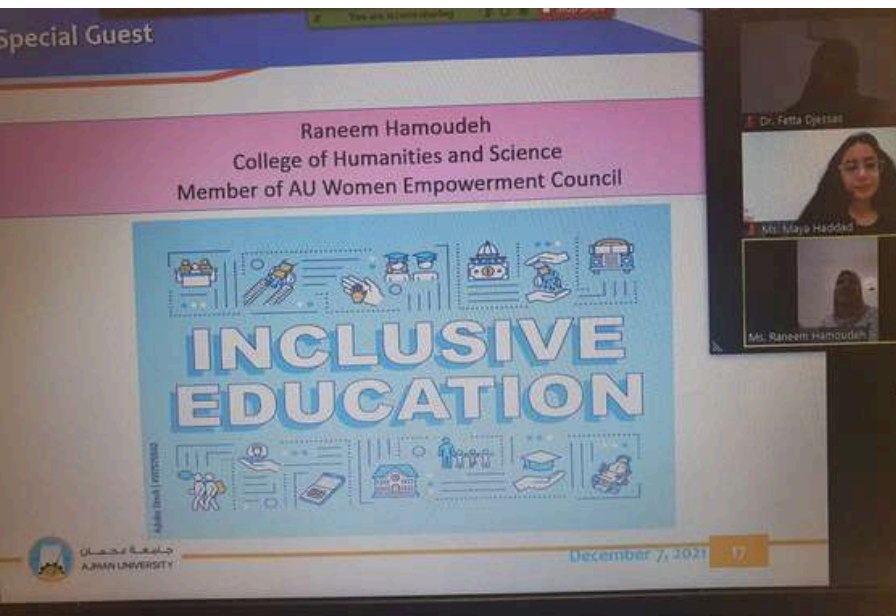
Duration: 1 hour

Number of attendees reached: 41

Audience: Students, Faculty and Staff Members



Dr. Amal Hassan (MBBS, MRCOG)
Specialist OBG

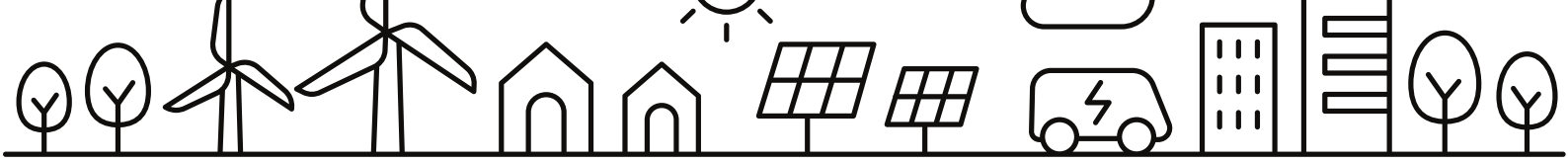


Training Session Title:
Developing a culture of inclusion: health and safety of persons with disabilities

Duration: 1 hour

Number of attendees reached: 96

Audience: Students, Faculty and Staff Members, and the General Public



Office of Sustainability

Training Session Title:
First Aid Awareness for Bus Drivers

Duration: 1 hour

**Number of attendees
reached:** 7

Audience: Staff Members

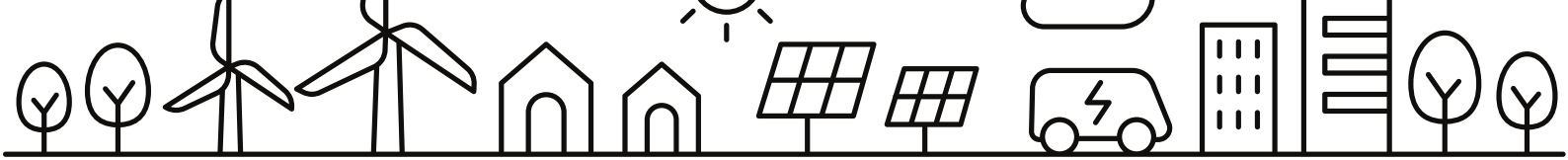


Training Session Title:
Safety on Campus and Emergency
Plans and Procedures Training 2021

Duration: 1 hour

**Number of attendees
reached:** 55

Audience: New Students



Office of Sustainability

Training Session Title:
Safety & Emergency
Preparedness at AU 2022

Duration: 1 hour

**Number of attendees
reached:** 54

Audience: New Students

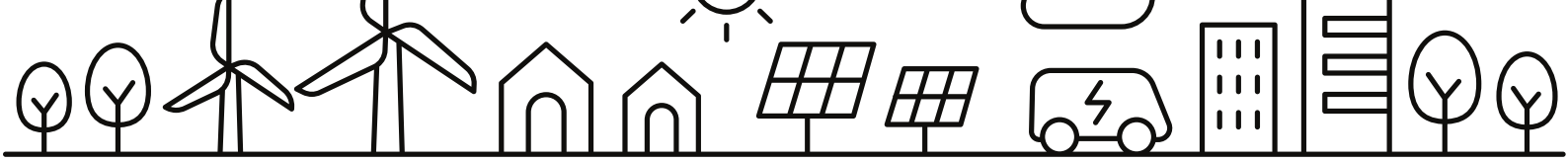


Training Session Title:
UN Youth Cafe: SDG
Workshop

Duration: 3 hours

**Number of attendees
reached:** 32

Audience: Students



Office of Sustainability

Training Session Title:
Emergency Evacuation Mock
Drill for Female Hostel
Students

Duration: 2 hours

**Number of attendees
reached:** 50

Audience: Students and Staff
Members

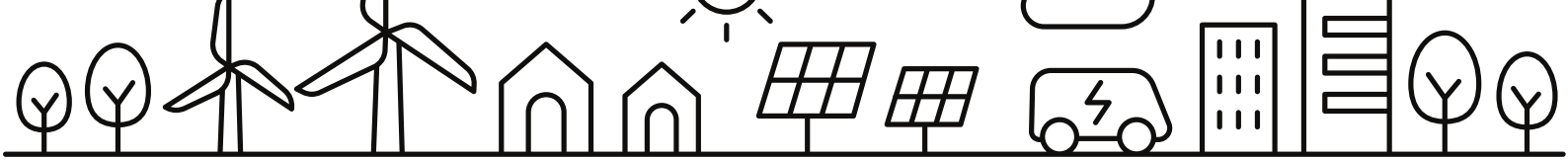


Training Session Title:
Early Detection for Our
Protection Awareness Day

Duration: 2 hours

**Number of attendees
reached:** 124

Audience: Students,
Faculty and Staff Members



Office of Sustainability

Training Session Title:
Walk Away from Diabetes
Awareness Day

Duration: 3 hours

**Number of attendees
reached:** 52

Audience: Students, Faculty
and Staff Members

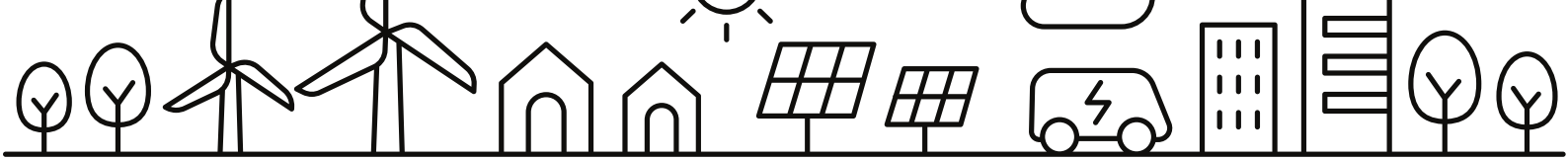


Training Session Title:
Summer Without Accidents

Duration: 1 hour

**Number of attendees
reached:** 35

Audience: Staff Members



Office of Sustainability

Training Session Title:
Basic Life Support Awareness

Duration: 2 hours

**Number of attendees
reached:** 25

Audience: Students, Faculty
and Staff Members

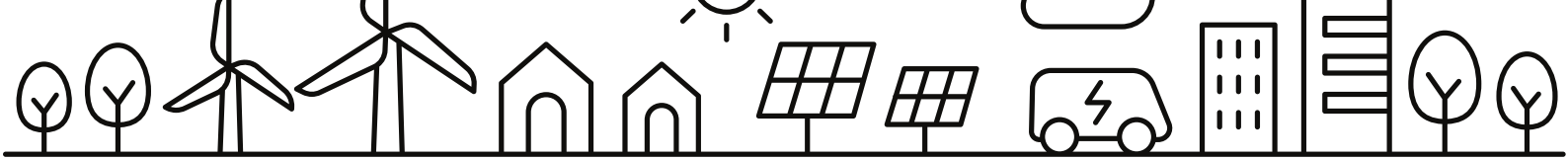


Training Session Title:
Fire Safety Awareness
Session (26/11/2019)

Duration: 2 hours

**Number of attendees
reached:** 45

Audience: Faculty and Staff
Members



Office of Sustainability

Training Session Title:
Fire Safety Awareness Session
(10/12/2019)

Duration: 2 hours

**Number of attendees
reached:** 47

Audience: Students, Faculty
and Staff Members

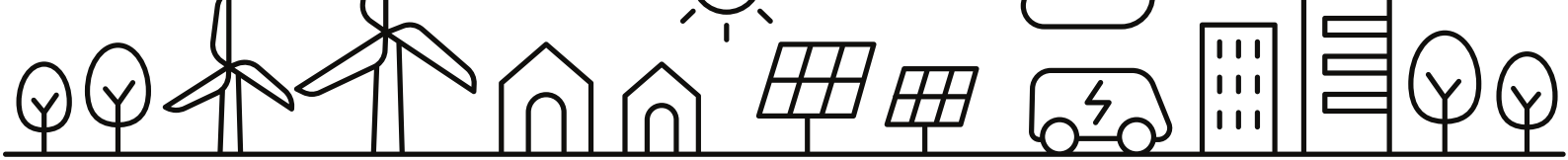


Training Session Title:
First Aid Workshop for
Chemical Labs

Duration: 6 hours

**Number of attendees
reached:** 15

Audience: Lab Technicians



Office of Sustainability

Training Session Title:
Fire Safety Training

Duration: 1 hours

Number of attendees reached: +200

Audience: General Public

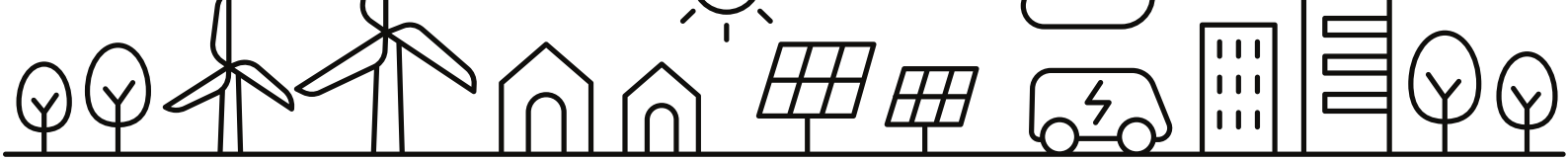


Training Session Title:
Ajman Sustainability
Training Program

Duration: 3 days

Number of attendees reached: 30

Audience: General Public



Office of Sustainability

Training Session Title:
Emergency Preparedness,
Sustainability and Climate
Action Induction Training

Duration: 1 hours

**Number of attendees
reached:** 46

Audience: Students, Faculty
and Staff Members



جامعة عجمان
AJMAN UNIVERSITY

Join Us for a First Aid Awareness Session

Led by: Abdulrahman Ahmed Al Muraqb
Student/ Certified First Aider
College of Pharmacy & Health Sciences – Nursing Program

October 3, 2024

1:30 PM - 2:30 PM

CCEE Halls 2 & 3 - 2nd Floor, Student Hub

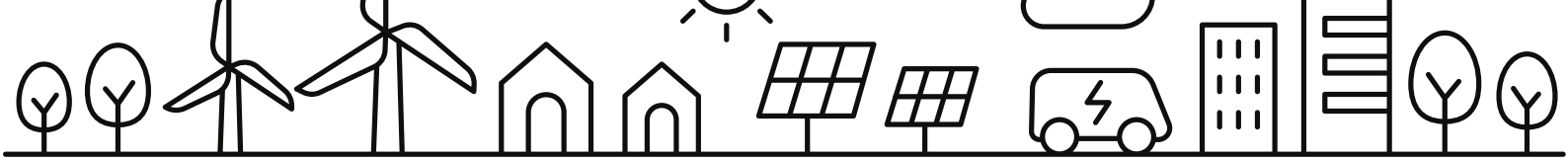


Training Session Title:
First Aid Awareness Session

Duration: 1 hours

**Number of attendees
reached:** 126

Audience: Students,
Faculty, Staff Members



Office of Sustainability

Training Session Title:
The impact of Climate Change and Heat Stress on Occupational Health and Safety

Duration: 1 hours

Number of attendees reached: +100

Audience: General Public

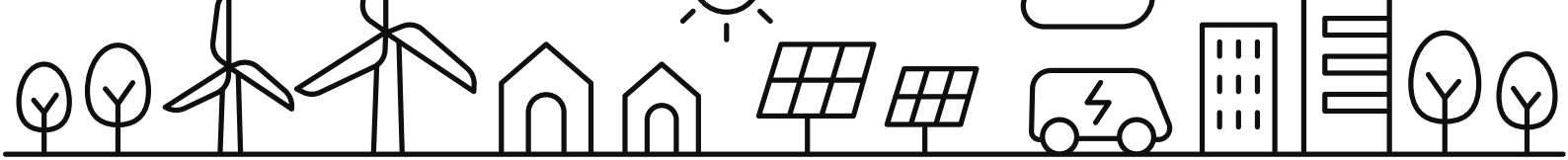


Training Session Title:
Indicators for an Inclusive Green Economy

Duration: 1 hour

Number of attendees reached: +100

Audience: General Public



Office of Sustainability

Training Session Title:
Human Health and Climate
Change

Duration: 1 hours

**Number of attendees
reached:** +100

Audience: General Public

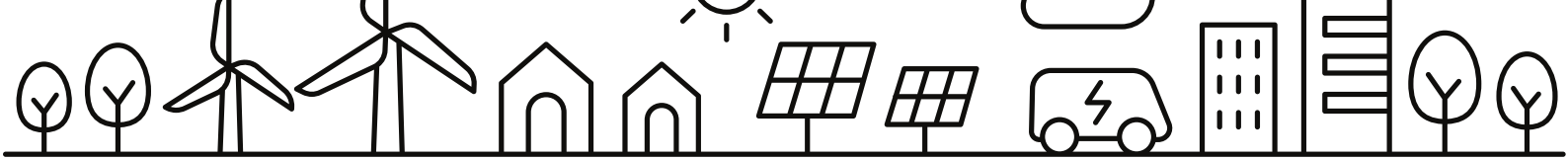


Training Session Title: The
First Environment, Health
and Safety Forum for the
Education Sector

Duration: 6 hours

**Number of attendees
reached:** +100

Audience: General Public



Office of Sustainability

Training Session Title:
Sustainability and Green
Entrepreneurship Program

Duration: 1 hours

**Number of attendees
reached:** +100

Audience: General Public

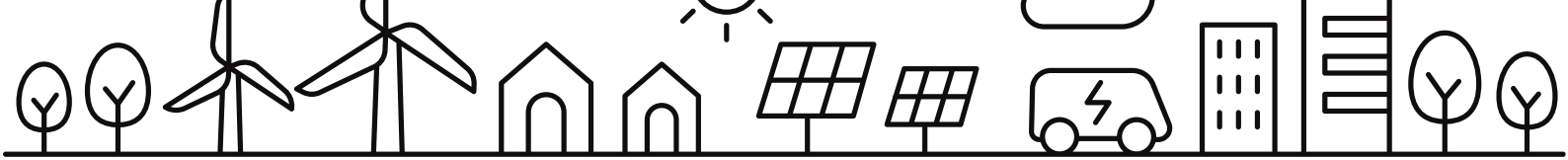


Training Session Title:
Sustainable Handcrafting
Workshop

Duration: 6 hours

**Number of attendees
reached:** +100

Audience: Students, Faculty
and Staff Members



Office of Sustainability

Training Session Title:
Introduction to Sustainable
Finance

Duration: 1 hours

**Number of attendees
reached:** +100

Audience: General Public

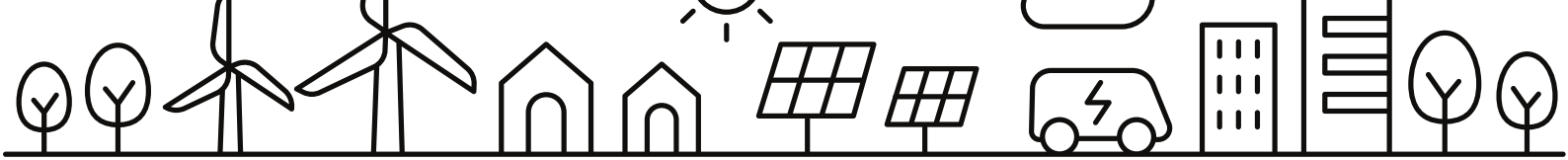


Training Session Title:
Sustainability in Healthcare

Duration: 6 hours

**Number of attendees
reached:** +100

Audience: Students, Faculty
and Staff Members



Office of Sustainability

Training Session Title:
Emergency Preparedness,
Sustainability, and Climate Action

Duration: 2.5 hours

**Number of attendees
reached:** +50

Audience: University Students

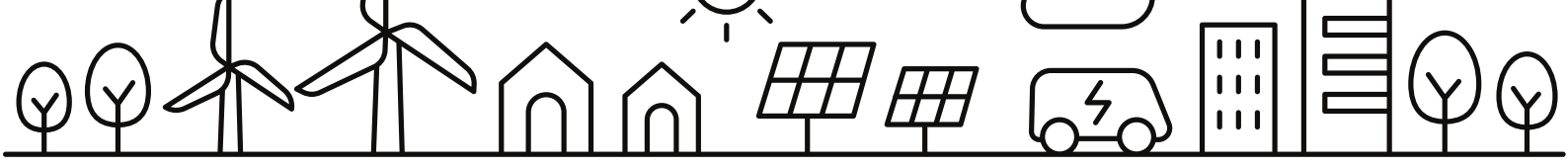


Training Session Title:
Ajman University Winter
Tour: The Climate Fresk
Workshop

Duration: 3 hours

**Number of attendees
reached:** 45

Audience:
University Exchange
Students



Office of Sustainability

Training Session Title:
Ajman University Winter Tour:
International Centre for Bio saline
Agriculture (ICBA)

Duration: 3 hours

Number of attendees reached: 45

Audience:
University Exchange Students

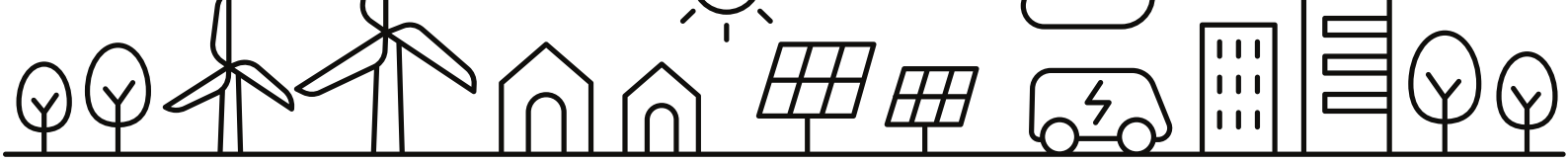


Training Session Title:
The UCN Decarbonization
Academy

Duration: 2 hours

**Number of attendees
reached:** +300

Audience: Public Audience



Office of Sustainability

Training Session Title:
Green Entrepreneurship Program

Duration: 2 Days

Number of attendees reached:
50

Audience:
University Students

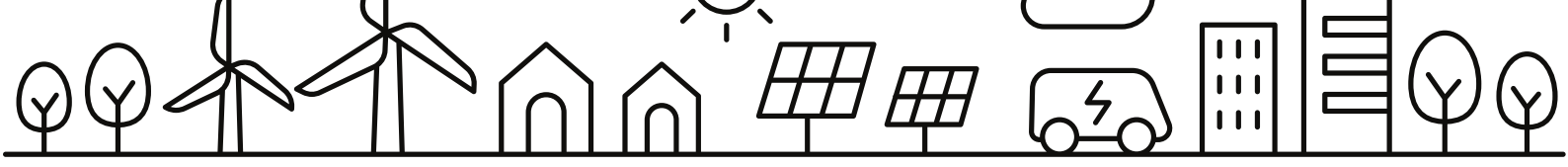


Training Session Title:
Introductory Session for
Graphic Design Graduates

Duration: 2 hours

**Number of attendees
reached:** 35

Audience:
Ajman University Graphic
Design Students



Office of Sustainability

Training Session Title:
The COSHH Risk Assessor Certification

Duration: 2 hours

Number of attendees reached:
50

Audience:
University Students



LinkedIn Learning

ESG Risk Management and Opportunities

Course completed by رامي رهاطل الجادع Ramy Elhadi
Sep 28, 2025 at 11:44AM UTC - 1 hour 8 minutes

Top skills covered

Sustainability

Sustainability Strategy

Risk Management


Sheel Hanson, Head of Learning Content Strategy

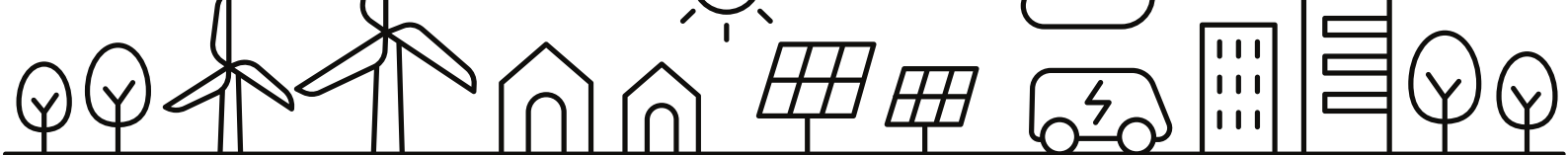


Training Session Title:
ESG Risk Management

Duration: 1 hour 8 min

Number of attendees reached: +100

Audience:
Public Audience



Office of Sustainability

Training Session Title:

Climate change: transitions to sustainability

Duration: 5 hours

Number of attendees reached:
+100

Audience:

Public Audience

Statement of participation

Rami Elhadi

has completed the free course including any mandatory tests for:

Climate change: transitions to sustainability

This 5-hour free course laid out the case for an end to the human reliance on fossil fuels and looked at some of the ways this might be possible.

Issue date: 10 August 2025



Training Session Title:

Social and behavioral science to address antimicrobial resistance in agrifood systems

Duration: 2 hours 50 min

Number of attendees reached: 1,100

Audience: Public audience

Office of Student Life

Training Session Title:
Pink Window

Duration: 2 hours

**Number of attendees
reached:** 60

Audience: Students,
Faculty and Staff
Members

جامعة عجمان
AJMAN UNIVERSITY

مكتب الحياة الطلابية
Office of Student Life

Health & Wellness Club in cooperation with Unit of Athletics

النافذة الوردية
شاركونا حملة التوعية بسرطان الثدي "عن بعد"
Pink Window
Join us in the Breast Cancer Awareness Campaign "remotely"

- محاضرة حول الوقاية والعلاج
- تمارين للياقة البدنية
- مسابقات وجوائز

الأربعاء ٤ نوفمبر ٢٠٢٠
Wednesday, Nov. 4th, 2020
٠٦:٠٠ - ٠٨:٠٠ مساءً
06:00 - 08:00 pm

Health & Wellness CLUB



جامعة عجمان
AJMAN UNIVERSITY

**HOW TO GET
A PERFECT
BODY** (Online session)
كيف تحصل على بنية مثالية
(ورشة عن بعد)

Nov. 17th, 2020
5:00 - 7:00 pm

The attendees will receive certificates.

Speaker:
Salem Ahmed Hassan

Certified:
- ISSA Elite Trainer - ISSA Personal Trainer
- ISSA Exercise Therapist - ISSA Bodybuilding
Coach - ISSA Sports Nutritionist
- IPF Powerlifting Coach & Referee

Training Session Title:
How to Get A Perfect Body?

Duration: 2 hours

**Number of attendees
reached:** 16

Audience: Students,
Faculty and Staff Members

Office of Student Life

Office of Student Life
Unit of Athletics



مكتب الحياة الطلابية
وحدة النشاط الرياضي

Training Session Title:
Tips for a Safe Return to the
Public GYM

Duration: 1 hour

**Number of attendees
reached:** 6

Audience: Students, Faculty
and Staff Members

نصائح لعودة آمنة
إلى الصالات الرياضية

Tips for a safe return
to the public gym

(Online session)

(دورة عن بُعد)

Date: November 30, 2020

التاريخ: ٣٠ نوفمبر ٢٠٢٠

Time: 5:00 – 6:00 p.m.

التوقيت: ٥:٠٠ – ٦:٠٠ مساءً

للتسجيل
يرجى النقر أعلى

SWIPE UP TO
REGISTER

Deanship of Student Services
Office of Student Life
Unit of Athletics



عمادة شؤون الطلبة
مكتب الحياة الطلابية
وحدة النشاط الرياضي

نصائح عامة عند الذهاب إلى
حمامات السباحة العامة

General Advice when Going
to Public Swimming Pools

Training Session Title:
General Advice When Going
Public Swimming Pools -
Spring 21

Duration: 1 hour

**Number of attendees
reached:** 13

Audience: Students, Faculty
and Staff Members

٧ أبريل ٢٠٢١ April 7, 2021
١١:٣٠ - ١٢:٣٠ بعد الظهر 11:30 - 12:30 PM

للتسجيل يرجى الضغط هنا
To register, please click here



Office of Student Life

Deanship of Student Services
Office of Student Life
Unit of Athletics



عمادة شؤون الطلبة
مكتب الحياة الطلابية
وحدة النشاط الرياضي

Training Session Title:
How to Create Your Best Diet?

Duration: 1 hour

**Number of attendees
reached:** 15

Audience: Students, Faculty
and Staff Members

How to create your best diet

Speaker

Salem Ahmed Hassan



Certifications:

- ISSA Elite Trainer
- ISSA Personal Trainer
- ISSA Exercise Therapist
- ISSA Bodybuilding Coach
- ISSA Sports Nutritionist
- IPF Powerlifting Coach & Referee



April 11, 2021

4:00 - 5:00 PM

A certificate of
participation will be
distributed to the
participants.



Deanship of Student Services
Office of Student Life
Unit of Athletics



عمادة شؤون الطلبة
مكتب الحياة الطلابية
وحدة النشاط الرياضي

تنظم وحدة النشاط الرياضي في مكتب الحياة الطلابية
بالتعاون مع قسم التثقيف الصحي في منطقة عجمان الطبية
جلسة عن بُعد تحت عنوان

The Unit of Athletics in the Office of Student Life, in
cooperation with the Health Education Department at
Ajman Medical Zone, organizes an online session titled

التغذية في رمضان Nutrition during Ramadan

١٢ أبريل ٢٠٢١
١٢:٣٠ - ١:٣٠ بعد الظهر



April 12, 2021

12:30 - 1:30 PM

Training Session Title:
Nutrition during Ramadan

Duration: 1 hour

**Number of attendees
reached:** 10

Audience: Students, Faculty
and Staff Members

Office of Student Life

Training Session Title:
Fight Diabetes with
Sports

Duration: 1 hour

**Number of attendees
reached:** 10

Audience: Students,
Faculty and Staff
Members



Deanship of Student Services
Office of Student Life
Unit of Athletics

Fight Diabetes with Sports

Wear blue and join us for a
webinar on the importance of
exercise when you have diabetes

March 6, 2021

3:00 p.m. – 4:00 p.m.



تنظم وحدة النشاط الرياضي بالتعاون مع قسم التنقيف
الصحي في منطقة عجمان الطبية جلسة عن بُعد تحت عنوان

The Unit of Athletics, in cooperation with the Health
Education Department at Ajman Medical Zone,
organizes an online session titled

السمنة وطرق علاجها
Obesity Management

March 25, 2021

12:30 pm - 1:30 pm

Deanship of Student Services
Office of Student Life
Unit of Athletics



Training Session Title:
Obesity Management

Duration: 1 hour

**Number of attendees
reached:** 13

Audience: Students, Faculty
and Staff Members



Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
مكتب الحياة الطلابية
وحدة النشاط الرياضي

هل ترغب في العودة للنشاط الرياضي ولكن لا تعرف كيف تبدأ؟
انضم إلينا في ورشة افتراضية بعنوان:

كيف تعود لنشاطك الرياضي

Training Session Title:
How to Return to your Sporting Activity?

Duration: 1 hour

Number of attendees reached: 19

Audience: Students, Faculty and Staff Members

مع المدرب
عبد الله علي السيد
مدرب معتمد دولياً في اللياقة البدنية



تقام الورشة
باللغة العربية

30 سبتمبر 2021
1:30 - 12:30 ظهراً



AJMAN UNIVERSITY
مكتب الحياة الطلابية
وحدة النشاط الرياضي

هل تعلم أن النظام الغذائي الصحي يُعتبر الأساس للحصول على جسم يعمل بشكل جيد وكفؤ؟
لمعرفة المزيد، انضم إلينا في ورشة افتراضية بعنوان:



الغذاء الصحي

Training Session Title:
Healthy Food

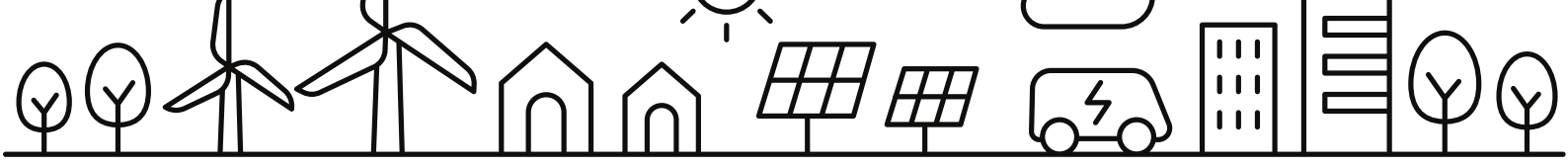
Duration: 1 hour

Number of attendees reached: 22

Audience: Students, Faculty and Staff Members

ه أكتوبر ٢٠٢١
١٢:٣٠ - ١:٣٠ بعد الظهر





Office of Student Life



Deanship of Student Services
Office of Student Life
Unit of Athletics

Training Session Title:
Pink Window (The Breast Cancer Awareness)

Duration: 1 hour

Number of attendees reached: 22


Audience: Students, Faculty and Staff Members


Pink Window

Join us for the Breast Cancer Awareness

Online Session

- Lecture on prevention and treatment
- Creative ideas
- Fitness exercises
- Competitions and awards

 October 12, 2021

 12:30 PM



Deanship of Student Services
Office of Student Life
Unit of Athletics



Training Session Title:
Tips Safe Return Public Gym

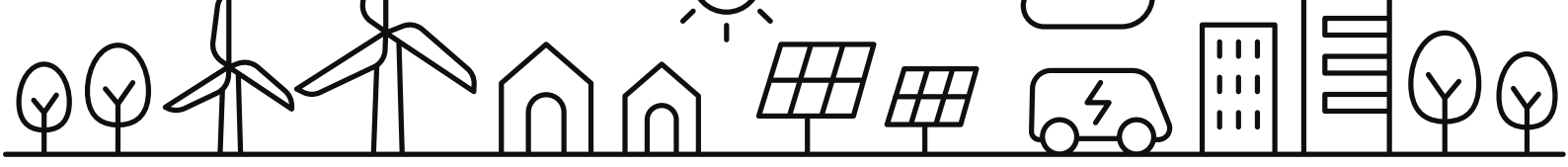
Duration: 1 hour

Number of attendees reached: 37

Audience: Students, Faculty and Staff Members

Tips for a Safe Return to the Public Gym

(Online session)



Office of Student Life



Deanship of Student Services
Office of Student Life

Training Session Title:
Health Education Event about
Diabetes Mellitus

Duration: 1 hour

**Number of attendees
reached:** 28

Audience: Students, Faculty
and Staff Members

Health Education event about

Diabetes Mellitus

November 18, 2021

12:30 PM - 1:30 PM



Deanship of Student Services
Office of Student Life
Unit of Athletics



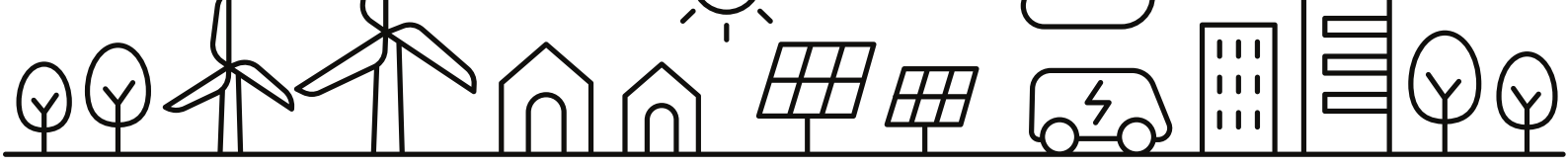
Training Session Title:
General Advice When Going
to Public Swimming Pool

Duration: 1 hour

**Number of attendees
reached:** 12

Audience: Students, Faculty
and Staff Members

**General Advice When
Going to Public
Swimming pool**



Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
Deanship of Student services
مكتب الحياة الطلابية
Office of Student Life

Training Session Title:
Your Health in Deep Breathing

Duration: 1 hour

**Number of attendees
reached:** 29

Audience: Students, Faculty
and Staff Members

صحتك في التنفس العميق

(جلسة عن بعد)

Your health in deep breathing

(Online session)

29 نوفمبر 2021

1:30 - 12:30 ظهراً



November 29, 2021

12:30 - 1:30 PM



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student services
Office of Student Life

Mental Health and Emotional Eating Webinar

Workshop - Sports - Competition



December 9, 2021

5:00 - 6:00 PM

[Click here to register](#)



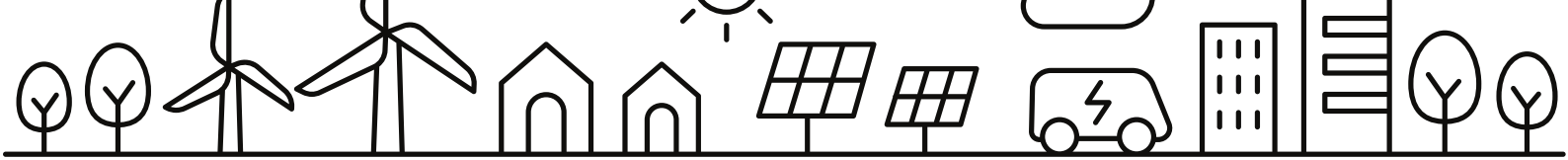
Training Session Title:
Mental Health and Emotional
Eating Webinar

Duration: 1 hour

**Number of attendees
reached:** 20

Audience: Students, Faculty
and Staff Members





Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Office of Student Life

عمادة شؤون الطلبة
مكتب الحياة الطلابية

Training Session Title:
Proper Breathing Brings Better Health

Duration: 1 hour

Number of attendees reached: 34

Audience: Students, Faculty and Staff Members

التنفس الصحيح مفتاح صحتك

Proper Breathing Brings Better Health

Date: Jan 7, 2022 | **Time:** 10:00-11:00: a.m.



جلسة عن بعد
Online session



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Office of Student Life

Did you know that healthy diet is key to a well-functioning and efficient body?

To learn more, join us for a virtual workshop entitled:

Your Diet Your Health



Training Session Title:
Your Diet Your Health

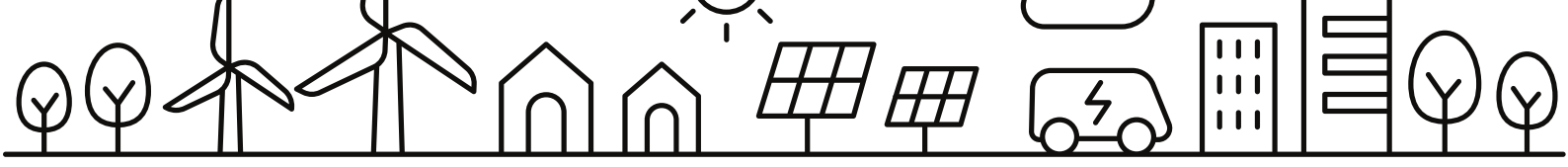
Duration: 1 hour

Number of attendees reached: 56

Audience: Students, Faculty and Staff Members



January 25, 2022
12:30 PM – 1:30 PM



Office of Student Life



Deanship of Student Services
Office of Student Life

General tips and advice about diabetes
To learn more, join us for a virtual workshop entitled:

Diabetes with Lifestyle Changes

 **February 1, 2022**
12:30 - 2:00 PM

By

Dr. Ashraf Nazmy

Training Session Title:
Diabetes with Lifestyle Changes

Duration: 1 hour 30 minutes

Number of attendees reached: 49

Audience: Students, Faculty and Staff Members



Deanship of Student Services
Office of Student Life

General tips and advice on how to maintain a healthy heart
To learn more, join us for a virtual workshop entitled:

Heart health with lifestyle changes

 **February 8, 2022**
12:30 - 1:30 PM

Dr. Ashraf Nazmy

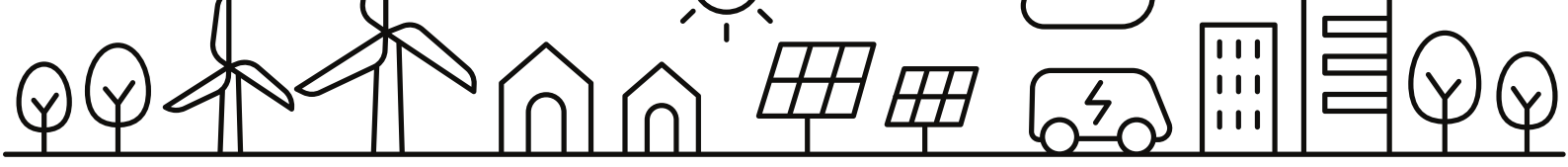
Training Session Title:
Heart Health with Lifestyle Changes

Duration: 1 hour

Number of attendees reached: 29

Audience: Students, Faculty and Staff Members





Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
مكتب الحياة الطلابية

Deanship of Student Services
Office of Student Life

General tips and advice on how to maintain a healthy lifestyle and lose weight
To learn more, join us for a virtual workshop entitled:

Your happiness in your Healthy Lifestyle

إرشادات عامة ونصائح عامة عن كيفية المحافظة على الصحة والتخلص من الوزن الزائد
انضم إلينا في ورشة افتراضية بعنوان:

سعادتك في نمط حياتك الصحية

22 فبراير 2022
1:30 - 12:30 ظهراً



February 22, 2022
12:30 - 1:30 PM



Training Session Title:
Your Happiness in Your Healthy
lifestyle

Duration: 1 hour 30 minutes

**Number of attendees
reached:** 52

Audience: Students, Faculty
and Staff Members



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
مكتب الحياة الطلابية

Deanship of Student services
Office of Student Life

انضم إلينا في ورشة افتراضية بعنوان:

الوقاية من الإصابات الرياضية

Join us for a virtual workshop entitled:

Sports Injury Prevention

17 مارس 2022



March 17, 2022

1:30 - 12:30 بعد الظهر

12:30 - 1:30 PM

By Dr. Otaiba Ramzi
General Physicion

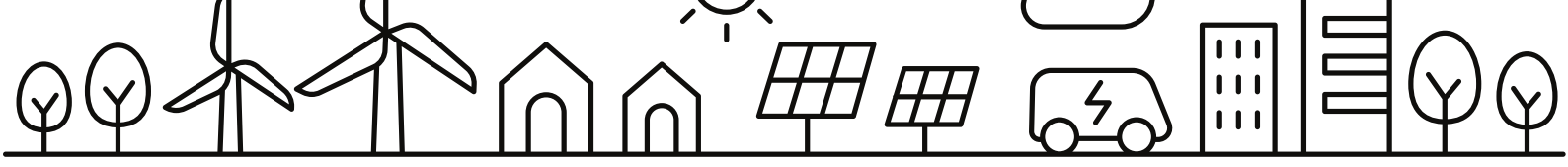
الدكتور فتينة رمزي
طبيبت عام

Training Session Title:
Sports Injury Prevention

Duration: 1 hour

Number of attendees reached:
23

Audience: Students, Faculty and
Staff Members



Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student services
Office of Student Life

The Health & Wellness Club in collaboration with the Unit of Athletics invite you to a webinar entitled

Healthy Nutrition for Athletes ... Are Anabolic Steroids included?

Training Session Title:

Healthy Nutrition for Athletes ...
Are Anabolic Steroids included?

Duration: 1 hour

Number of attendees reached: 28

Audience: Students, Faculty and Staff Members

- Presentations
- Kahoot Competition
- Certificates for participants

 **March 23, 2022**
12:30 - 1:30 PM



انضم إلينا في ورشة افتراضية بعنوان:

Join us for a virtual workshop entitled:

التغذية في رمضان

Nutrition in Ramadan



التاريخ DATE
2022 إبريل 11
April 11, 2022

الوقت TIME
1:45 - 1:00 بعد الظهر
1:00 p.m - 1:45 p.m

Training Session Title:
Nutrition in Ramadan

Duration: 45 minutes

Number of attendees reached:
13

Audience: Students, Faculty and Staff Members



Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Office of Student Life

Training Session Title:
Improve Your Health with Deep Breathing

Duration: 1 hour

Number of attendees reached: 46

Audience: Students, Faculty and Staff Members

**Improve your Health
with Deep Breathing**

DATE November 10, 2022 | **TIME** 12:30 PM - 1:30 PM

PLACE Student hub - 2nd floor - CCEE Room #1

[TO REGISTER](#)

Don't miss the event



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
مكتب الحياة الطلابية
Deanship of Student Services
Office of Student Life

**Your happiness
in your healthy lifestyle**
سعادتك في نمط حياة صحية

التاريخ DATE 25 يناير 2023
January 25, 2023

الوقت TIME 11:00 صباحاً - 1:30 ظهراً
11:00 AM - 1:30 PM

المكان Place
المجمع الطلابي، قاعات مركز التعليم المستمر، الطابق الثاني، قاعة رقم 1
Student Hub, 2nd Floor, CCEE Halls, Hall 1

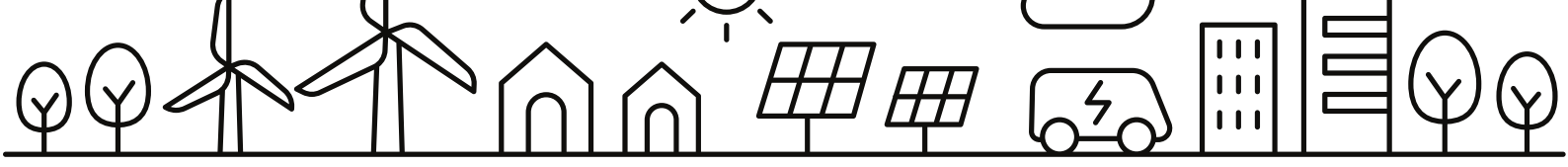
Training Session Title:
Your Happiness in Your Healthy Lifestyle

Duration: 2 hours 30 minutes

Number of attendees reached:
15

Audience: Students, Faculty and Staff Members





Office of Student Life

Training Session Title:
Shine Bright for Pink

Duration: 2 hours

Number of attendees reached: 45

Audience: Students, Faculty and Staff Members

جامعة عجمان
AJMAN UNIVERSITY

The Unit of Athletics in collaboration with the Female Student Council is organizing an event:

SHINE BRIGHT FOR PINK

A Breast Cancer Awareness Gathering

DATE: October 26, 2023 | TIME: 2:30 PM - 4:30 PM

PLACE: Sports Complex - Multi-purpose Hall

Dr. Safa Mubarak Al-Naqbi



جامعة عجمان
AJMAN UNIVERSITY

Back to Sports after Summer Vacation

DATE: September 13, 2023 | TIME: 1:00 PM - 2:00 PM

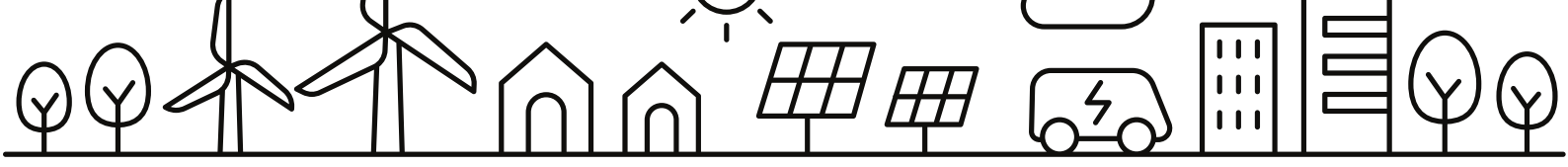
PLACE: Student Hub, 2nd Floor, CCEE Halls, Hall 1

Training Session Title:
Back to Sports After Summer Vacation

Duration: 1 hour

Number of attendees reached:
41

Audience: Students, Faculty and Staff Members



Office of Student Life

Training Session Title:
Happiness in Your Healthy Lifestyle

Duration: 1 hour

Number of attendees reached: 43

Audience: Students, Faculty and Staff Members

The poster features the Ajman University logo at the top right. The title 'Your Happiness in Your Healthy Lifestyle' is prominently displayed in blue. Below the title, the date 'January 31, 2024' and time '1:00 PM - 2:00 PM' are listed. The location 'Student Hub, 2nd Floor, CCEE Hallts' is also provided. At the bottom, there is a photograph of a smiling man flexing his muscles.



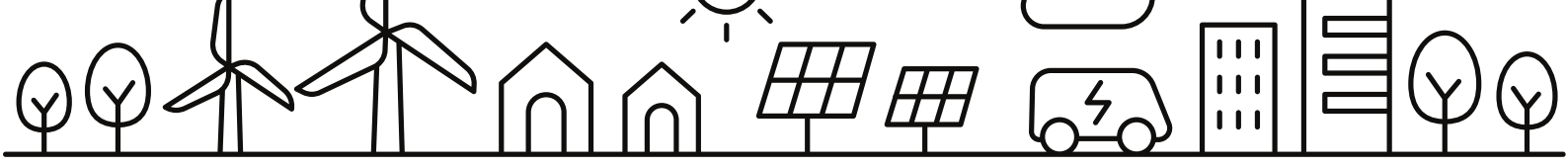
The poster features the Ajman University logo at the top left. The title 'Nutrition in Ramadan' is prominently displayed in blue. Below the title, the date 'March 6, 2024' and time '12:30 PM - 1:30 PM' are listed. The location 'Student Hub, 1st Floor, Student Services Meeting Room' is also provided. At the bottom, there is a photograph of a traditional Ramadan lantern against a blue sky.

Training Session Title:
Nutrition in Ramadan

Duration: 1 hour

Number of attendees reached: 14

Audience: Students, Faculty and Staff Members



Office of Student Life



مكتب الحياة الطلابية

Training Session Title:
Future Skills Workshop

Duration: 2 hours

Number of attendees reached: 152

Audience: Students, Faculty and Staff Members



يدعوكم مكتب الحياة الطلابية لحضور ورشة عمل عن بعد بعنوان

مهارات المستقبل

يقدمها الخبير الدولي في استراتيجيات الابتكار واستشراف المستقبل والباحث في الذكاء الاصطناعي



The College of Dentistry, the Office of Community Engagement and the Office of Student Life are pleased to invite you to

Cancer Awareness Talks



Dr. Safa Al Naqbi
Dentist and Human Development Coach, Brain cancer survivor



Ms. Premi Mathew
Founder of Protect your Mom Initiative, Cancer survivor



Dr. Deema Sermani
General Dentist, Breast cancer survivor

Training Session Title:
Breast Cancer Awareness Campaign

Duration: 2 hours

Number of attendees reached: 68

Audience: Students, Faculty and Staff Members

Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Office of Student Life

Training Session Title:
World Diabetes Day (2021)

Duration: 8 hours

Number of attendees reached: 20

Audience: Students, Faculty and Staff Members

The Dental Anastomosis Club Celebrates
**WORLD
DIABETES DAY**

November 14, 2021 from 9:00 AM onwards

J1 Building - Dental Clinic

- Guest lecture
- Clinic decoration
- Blood sugar checkup for all patients
- Video interviews with students, faculty and patients
- Sport exercises for diabetics



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
مكتب الحياة الطلابية

ينظم مكتب الحياة الطلابية بالتعاون مع جمعية النهضة النسائية في دبي ورشة عمل بعنوان

ثقافة العمل التطوعي

للمحاضر الدكتور/ هاشم الوالي

أمين سر جمعية سفراء مجلس الإمارات - مدرب معتمد



4:00 عصراً



30 سبتمبر 2021



سيتم إعطاء شهادات مشاركة

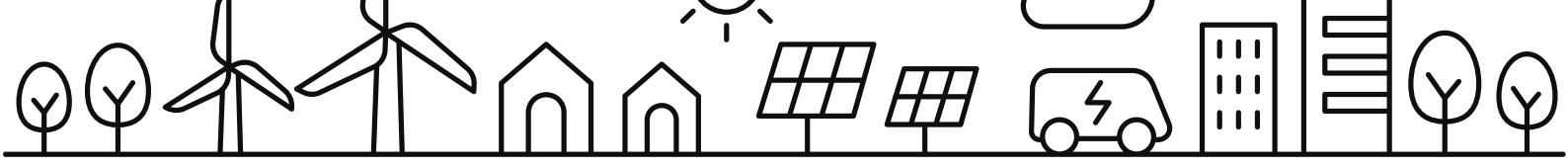
للتسجيل يرجى السحب للأعلى

Training Session Title:
Volunteering Culture

Duration: 1 hour 30 minutes

Number of attendees reached:
84

Audience: Students, Faculty and Staff Members



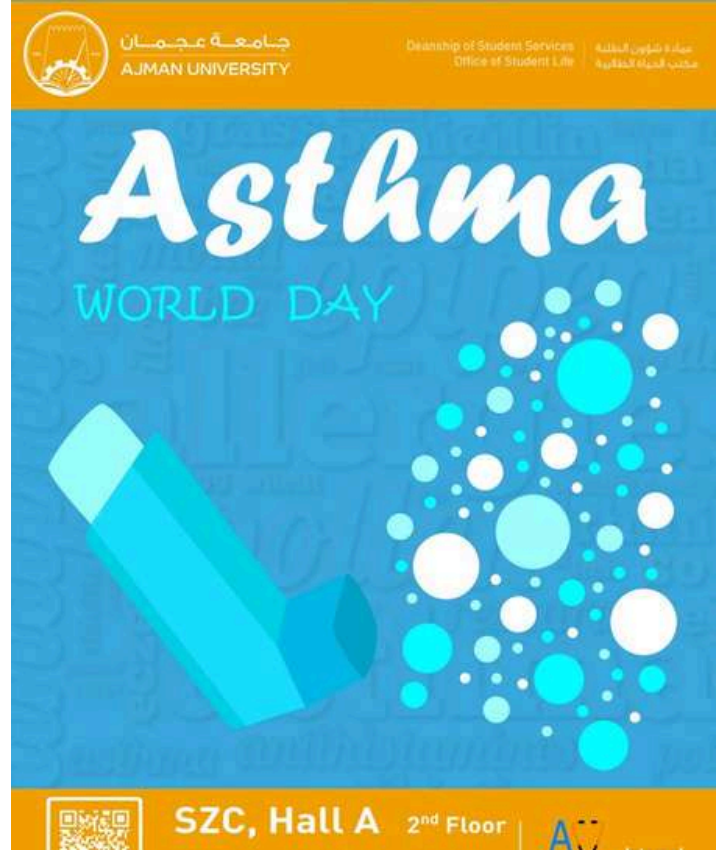
Office of Student Life

Training Session Title:
Asthma World Day

Duration: 8 hours

Number of attendees reached: 18

Audience: Students, Faculty and Staff Members



Deanship of Student Services
Office of Student Life

The Dental Anastomosis Club Celebrates

WORLD DIABETES DAY



DATE
November 17, 2022

TIME
from 9:00 AM onwards



PLACE
J1 Building - Dental Clinic

- Guest lecture
- Clinic decoration
- Blood sugar checkup for all patients
- Video interviews with students, faculty and patients
- Sport exercises for diabetics

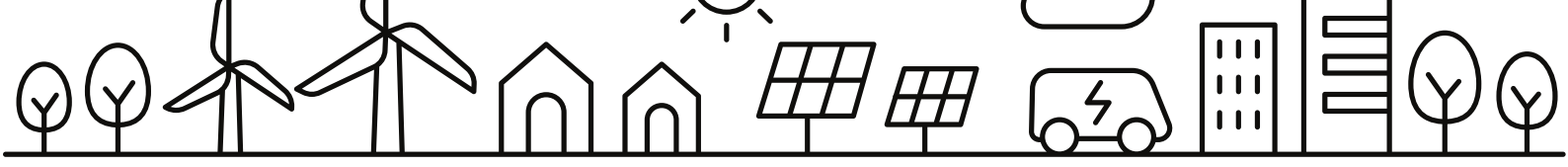
Training Session Title:
World Diabetes Day (2022)

Duration: 8 hours

Number of attendees reached: 42

Audience: Students, Faculty and Staff Members





Office of Student Life



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Office of Student Life
Unit of Athletics

عمادة شؤون الطلبة
مكتب الحياة الطلابية
وحدة النشاط الرياضي

Training Session Title:
Reduce Your Risk of Diabetes

Duration: 3 hours

**Number of attendees
reached:** 82

Audience: Students, Faculty
and Staff Members

قلل من خطر الإصابة
بمرض السكري
Reduce your risk of diabetes



الأربعاء، 23 نوفمبر 2022 Wednesday, November 23, 2022



1:00 PM - 04:00 PM 1:00 ظهرا - 4:00 عصرا

Prize draws, gifts and more
Certificates of attendance will be provided
Don't miss the event

سحوبات
وجوائز
شهادات

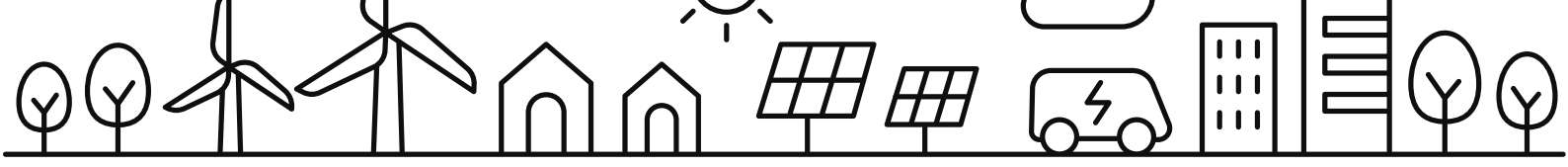


Training Session Title:
Sustainable Fashion

Duration: 2 hours and half

**Number of attendees
reached:** 40

Audience: Students, Faculty
and Staff Members



Office of Student Life

يدعوكم مركز الفنون الجميلة، بالتعاون مع نخبة من الفنانين التشكيليين من عدة دول، للمشاركة في

احتفالات الجامعة باليوم الوطني الـ 53

من خلال المعرض الفني

Training Session Title:
Workshop on Clay Jar
Painting

Duration: 3 hours

**Number of attendees
reached:** 50

Audience: Students, Faculty
and Staff Members

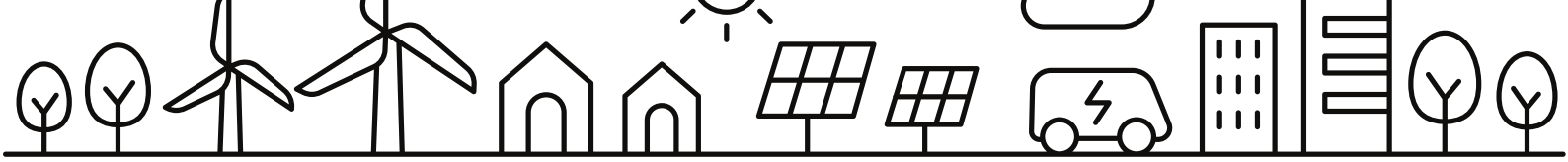


10:00 صباحاً



21 نوفمبر 2024





Office of Student Life

Training Session Title:
Cybercrimes: What are they and why?

Duration: 1.5 hours

Number of attendees reached: 11

Audience: Students

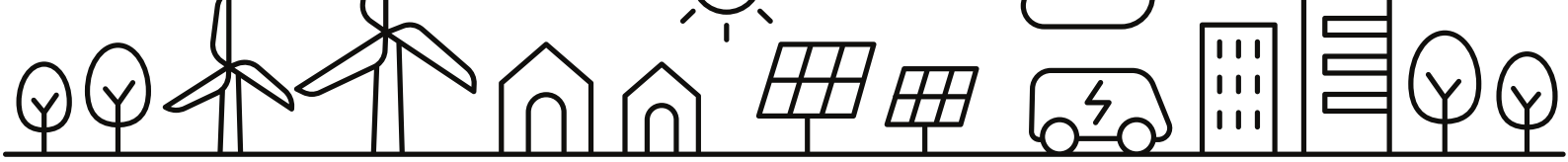


Training Session Title:
CEIT Sustainability Hackathon

Duration: 3 hours

Number of attendees reached:
20

Audience: Students



Office of Student Life

Training Session Title:
Workshop on Aoun
Volunteering Award

Duration: 4 hours

**Number of attendees
reached:** 8

Audience: Students

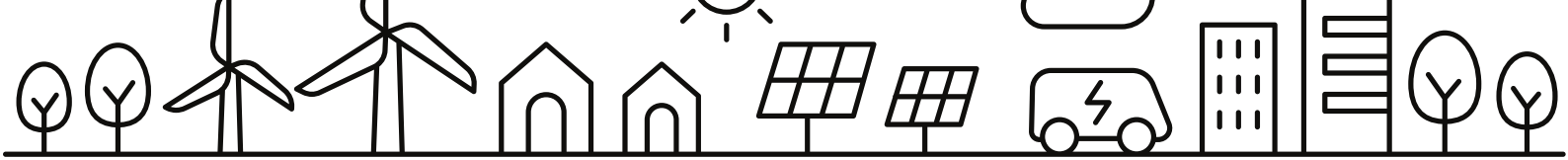


Training Session Title:
Suturing Workshop

Duration: 2 hours

Number of attendees reached: 6

Audience: Students



Office of Student Life

Training Session Title: A Day for Orphan Children

Duration: 2 hours

Number of attendees reached: 43

Audience: Students

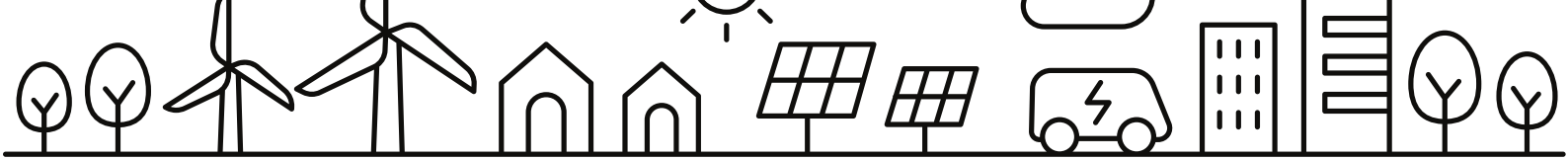


Training Session Title: Cancer Day

Duration: 2.5 hours

Number of attendees reached: 17

Audience: Students



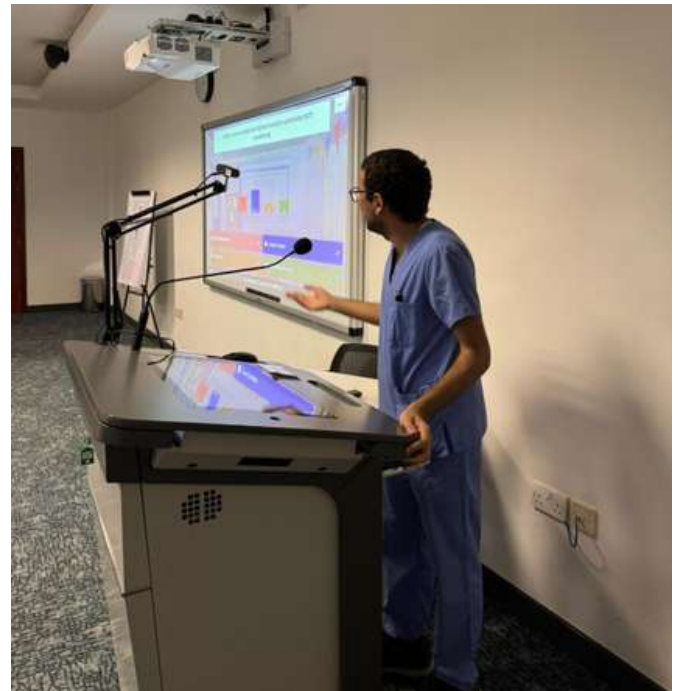
Office of Student Life

Training Session Title:
World Cancer Day

Duration: 3 hours

Number of attendees reached: 49

Audience: Students

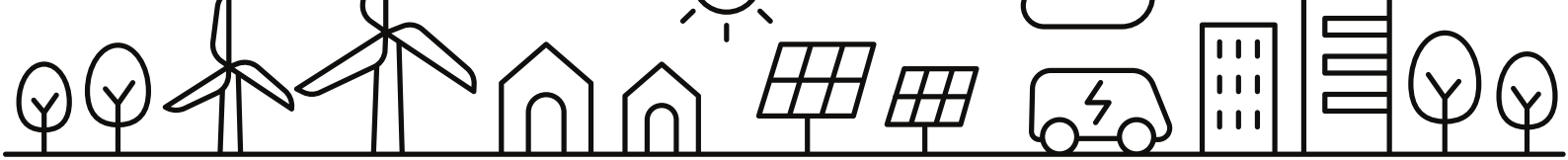


Training Session Title: AI awareness

Duration: 2 hours

Number of attendees reached: 7

Audience: Students



Office of Student Life

Training Session Title:
World Pink Shirt Day

Anti-bullying awareness,
promoting kindness,
inclusivity, and respectful
school/community
environments

Duration: 2 hours

**Number of attendees
reached:** 24

Audience: Students

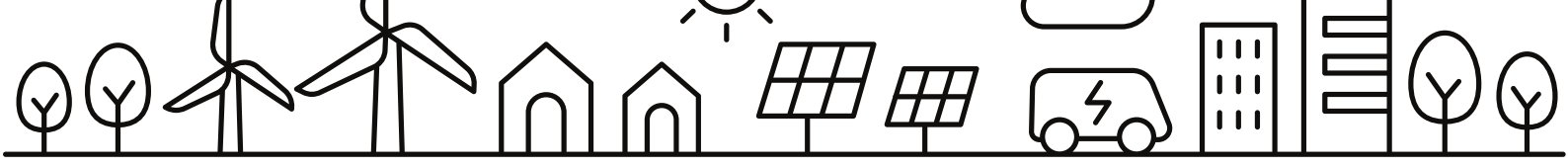


Training Session Title:
World Oral Health Day

Duration: 3 hours

**Number of attendees
reached:** 14

Audience: Students



Office of Student Life

Training Session Title:
Pink Shirt Day (Stop Bullying)-
Al Shola Private School
Workshop

Duration: 1 hour

**Number of attendees
reached:** 10

Audience: Students

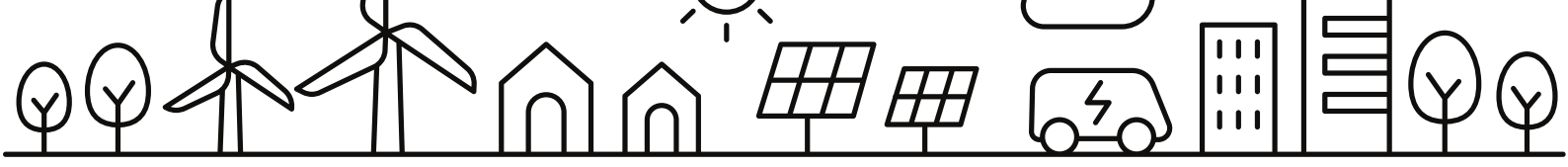


Training Session Title:
Dive into Awareness Protecting
Marine Life

Duration: 1 hour

Number of attendees reached: 2

Audience: Students



Office of Student Life

Training Session Title:
Google AI for UAE

Hackathon challenge fostering creative AI solutions for real-world UAE Problems

Duration: 10 hours

Number of attendees reached:
18

Audience: Students



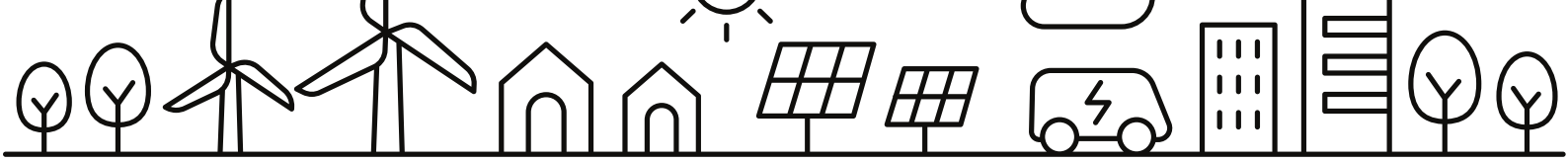
Training Session Title:
My Bonded family

Strengthen Family Bond Through Practical Methods for a Better Quality of Life

Duration: 1 hour

Number of attendees reached: 1

Audience: Students



Office of Student Life

Training Session Title:
Odoo Field Trip &
Workshop

Duration: 7 hours

**Number of attendees
reached:** 7

Audience: Students



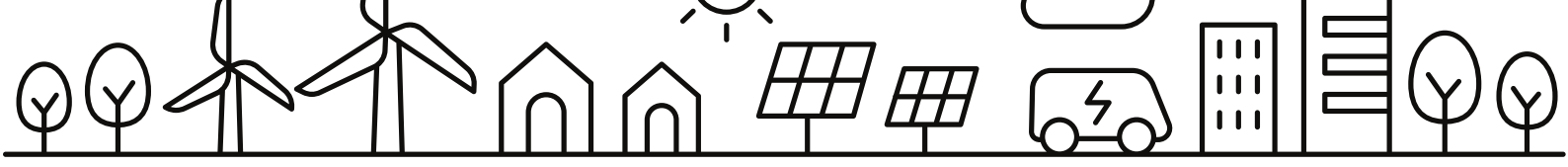
Training Session Title:
Bridge of Care

Social Responsibility for Elderly
People

Duration: 1 hour

Number of attendees reached:
4

Audience: Students



Office of Student Life

Training Session Title:
MedHack Festival

Innovation of medical and allied health students through interactive fairs, educational games, clinical challenges, and wellness sessions

Duration: 10 hours

Number of attendees reached: 3

Audience: Students

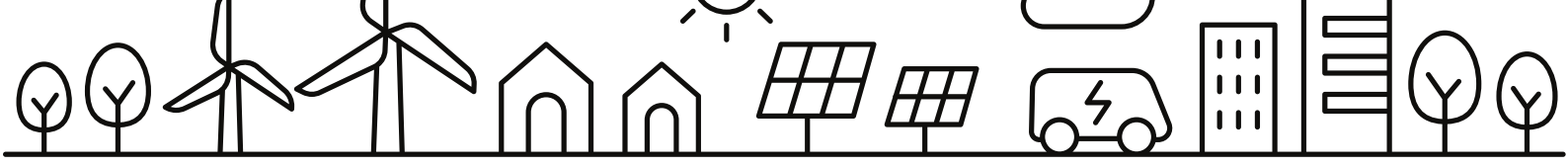


Training Session Title:
Mental Health In The Community Psychiatry Conference

Duration: 5 hours

Number of attendees reached: 118

Audience: Students



Office of Student Life

Training Session Title:
World Heart Day

Duration: 1.5 hours

**Number of attendees
reached:** 6

Audience: Students

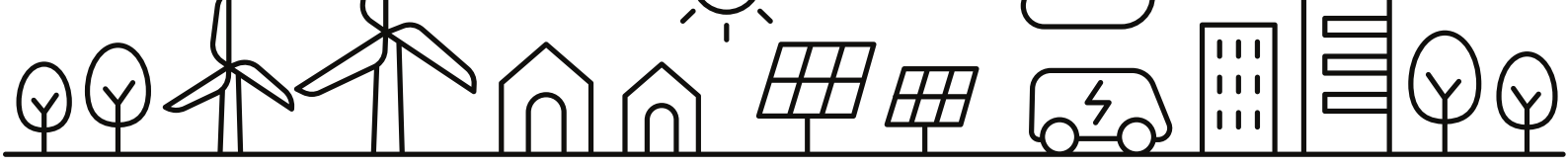


Training Session Title:
Sepsis Awareness Day

Duration: 1 hour

**Number of attendees
reached:** 32

Audience: Students



Office of Student Life

Training Session Title: Blood Pressure Management & IV Cannula Workshop

Duration: 1 hour

Number of attendees reached: 10

Audience: Students



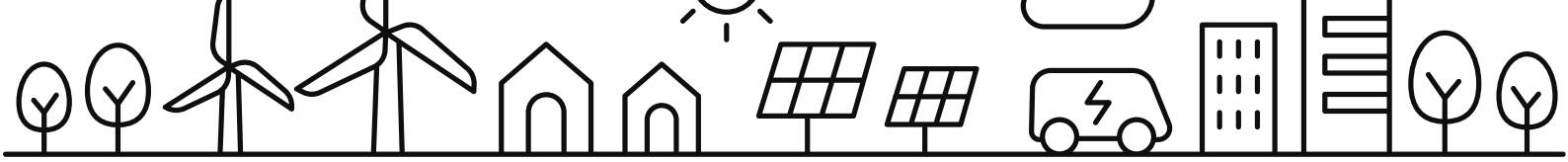
Training Session Title: Coding Battle 2025

Practical technical skills through engaging competitions, workshops, and real-world learning experiences

Duration: 7 hours

Number of attendees reached: 48

Audience: Students



Office of Student Life

Training Session Title: Mission Pink

Raising awareness about breast cancer

Duration: 7 hours

Number of attendees reached: 7

Audience: Students



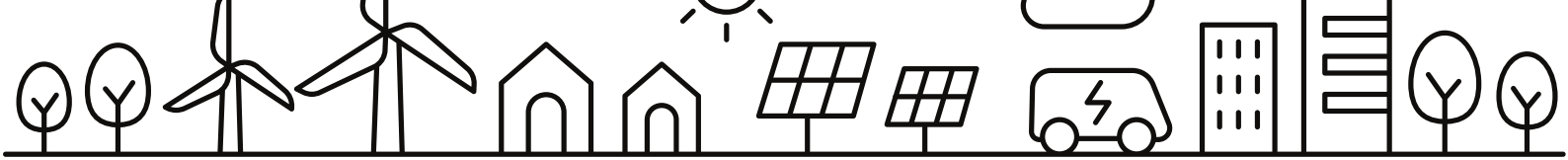
Training Session Title: Design Beyond Reality

Workshop introduced students to the exciting world of Augmented Reality (AR), exploring its fundamental principles and modern applications in design and advertising

Duration: 1 hour

Number of attendees reached: 5

Audience: Students



Office of Student Life

Training Session Title: From Vision to Screen

The workshop explored the creative journey of transforming imagination into powerful visual storytelling

Duration: 1 hour

Number of attendees reached: 50

Audience: Students

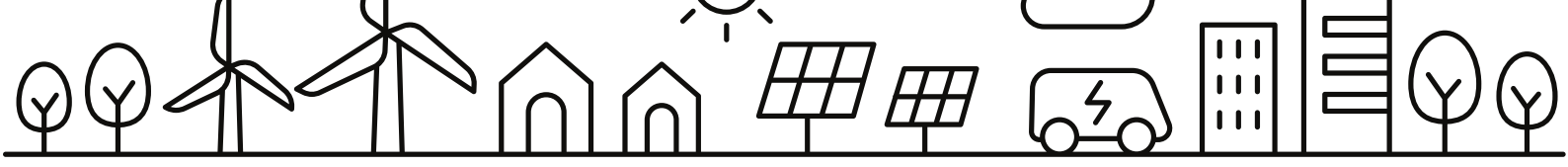


Training Session Title:
Pink Day: Breast cancer awareness

Duration: 1 hour

Number of attendees reached: 10

Audience: Students



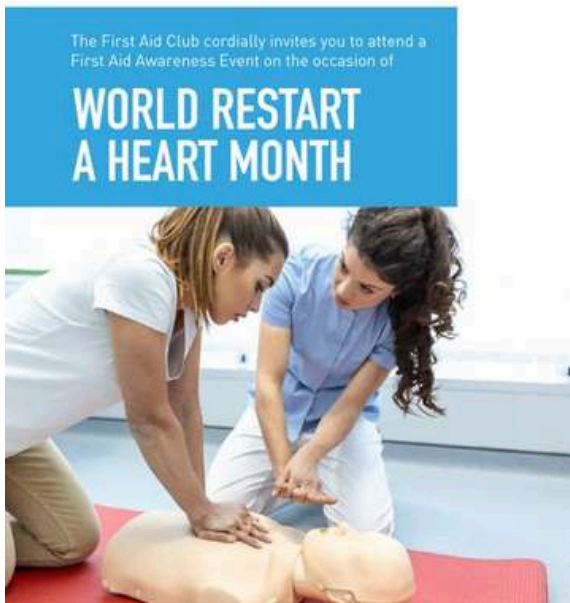
Office of Student Life

Training Session Title: Breast Cancer Awareness

Duration: 3 hours

Number of attendees reached: 7

Audience: Students



Join us to learn essential life-saving skills and raise awareness about the importance of first aid and CPR.

October 30, 2025 12:30 PM
DBA Room, J2 Building

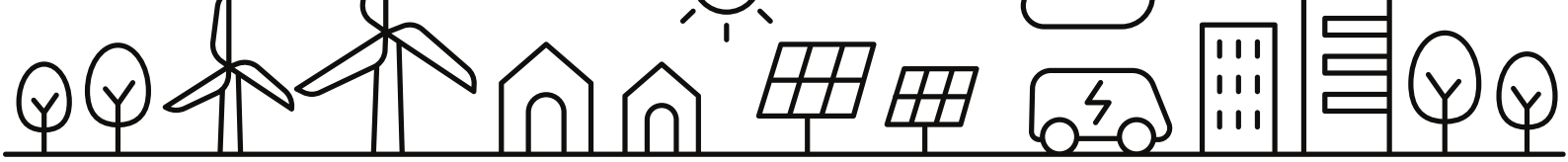
Training Session Title: World Restart & Heart Month

CPR kiosk and training manikins hands-on practice in performing CPR.

Duration: 2 hours

Number of attendees reached: 20

Audience: Students



Office of Student Life

Training Session Title: Tech For Hope

Workshop that explores how technology can be used to raise breast cancer awareness and support the search for innovative treatment solutions

Duration: 5 hours

Number of attendees reached:
20

Audience: Students

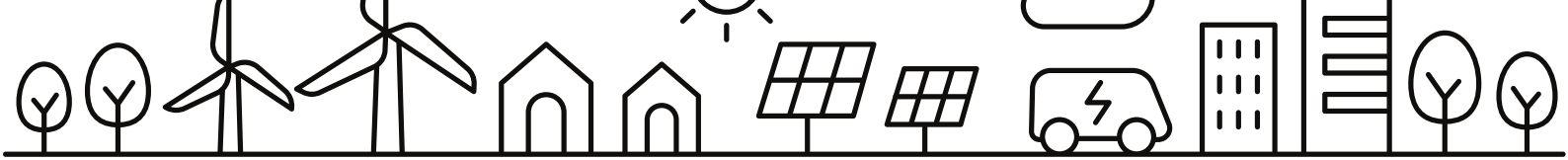


Training Session Title:
Application Security Workshop

Duration: 1 hour

Number of attendees reached:
10

Audience: Students



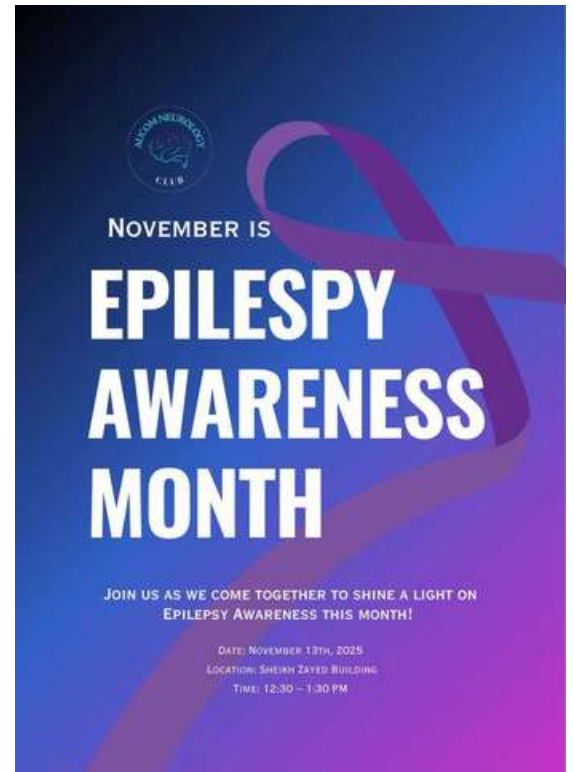
Office of Student Life

Training Session Title: Epilepsy Awareness Month

Duration: 1 hour

Number of attendees reached: 11

Audience: Students

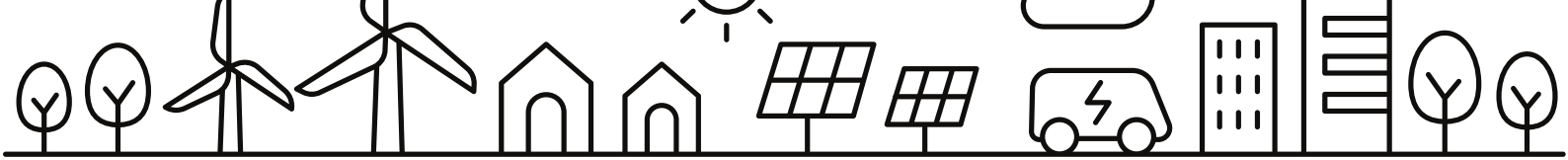


Training Session Title:
World AMR Awareness Week

Duration: 1 hour

Number of attendees reached: 8

Audience: Students



Office of Student Life

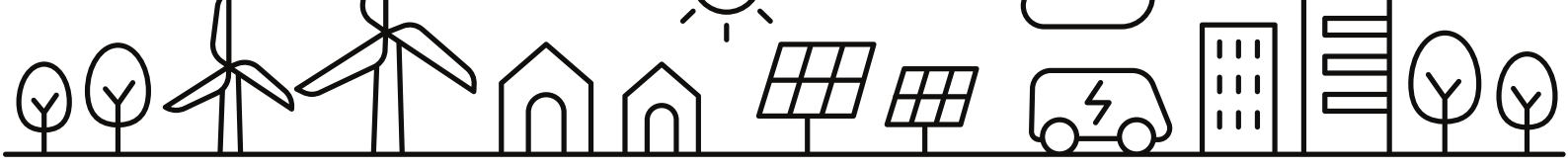
Training Session Title: International Pathology Day

Duration: 1 hour

Number of attendees reached: 6

Audience: Students





Counseling Unit



Deanship of Student Services
Counseling Unit

Training Session Title:
Premarital Screening and
Counseling: What You Need to
Know

Duration: 1 hour

**Number of attendees
reached:** 57

Audience: Students, Faculty
and Staff Members

Premarital Screening and Counseling: What You Need to Know



DATE
February 28, 2023

TIME
12:00 PM – 1:00 PM



Speaker

Dr. Nisha Shanta Kumari

College of Medicine



Moderator

Ms. Ahood Al Rawashdeh

College of Humanities and Sciences



Deanship of Student Services
Counseling Unit

Mental Health Issues Involving Pregnancy Loss



DATE
February 14, 2023

TIME
12:00 PM – 1:00 PM

Presenters:



Dr. Jigna Stott

Clinical Assistant Professor, College of Medicine



Dr. Azmat Riaz

Clinical Assistant Professor, College of Medicine



Moderated by:

Ms. Salwa Jamous

A DBA Student at College of Business Administration,
and an Office Coordinator at AU-CEIF and AYM Project

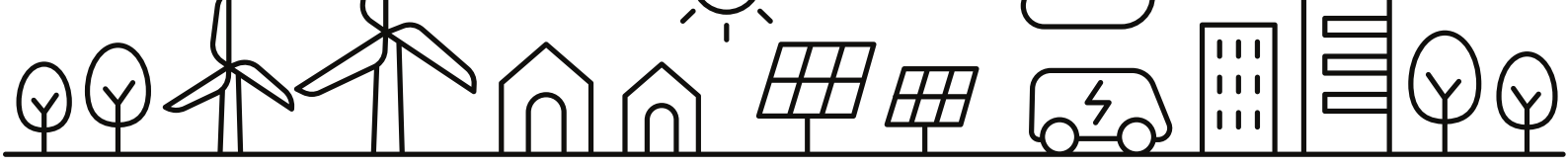
Training Session Title:
Mental Health Issues
Involving Pregnancy Loss

Duration: 1 hour

**Number of attendees
reached:** 17

Audience: Students, Faculty
and Staff Members





Counseling Unit



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Counseling Unit

Training Session Title:
Workplace Bullying: What If It Happened to You?

Duration: 1 hour

Number of attendees reached: 23

Audience: Students, Faculty and Staff Members

The Counselling Unit in coordination with the Student Housing Office cordially invites you all to attend the workshop title

Workplace Bullying: What If It Happened to You?



DATE

February 15, 2023

TIME

7:00 PM to 8:00 PM



Dr. Dalia Bedewy

Manager of the Counselling Unit



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Counseling Unit

How to Show Self-confidence in a Job Interview



DATE

February 28, 2023

TIME

01:30 PM – 02:30 PM



Dr. Sanah Hasan

College of Pharmacy and Health Sciences

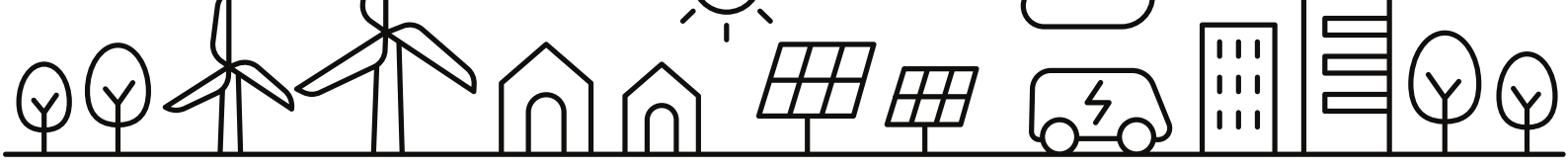
Training Session Title:
How to Show Self-confidence
in a Job Interview?

Duration: 1 hour

Number of attendees reached: 41

Audience: Students, Faculty and Staff Members





Counseling Unit



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Counseling Unit

Training Session Title:
The Role of the Community
Pharmacist in Mental Well-
being

Duration: 1 hour

**Number of attendees
reached:** 40

Audience: Students, Faculty
and Staff Members

**The Role of the Community
Pharmacist in Mental Well-being**



DATE
April 26, 2023

TIME
1:30 PM – 2:30 PM



Dr. Zehra Edis

College of Pharmacy
and Health Sciences



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Counseling Unit
إدارة شؤون الطلبة
وحدة الإرشاد

**التكيف النفسي والاجتماعي:
المقاربات والتفسيرات**

Common Ground for Psychological
Adjustment



DATE التاريخ
April 13, 2023
13 أبريل 2023

TIME الوقت
12:00 PM – 1:00 PM
12:00 ظهراً – 1:00 ظهراً

Training Session Title:
Common Ground for
Psychological Adjustment

Duration: 1 hour

Number of attendees reached:
37

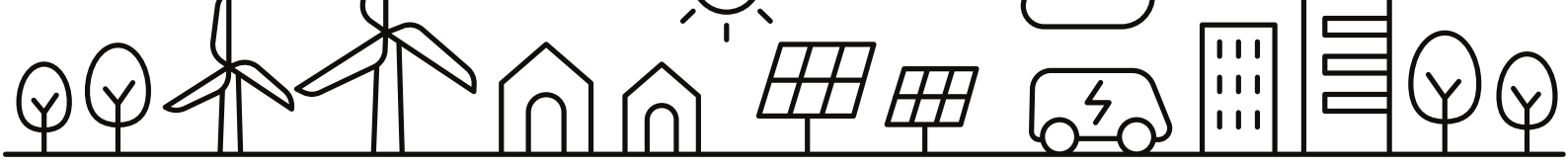
Audience: Students, Faculty and
Staff Members



Prof. Asma Al Arab بروفييسور أسماء العرب

College of Humanities and Sciences كلية الإنسانية والعلوم





Counseling Unit



Deanship of Student Services
Counseling Unit

Training Session Title:
Bullying Behavior and Psychological Health

Duration: 1 hour

Number of attendees reached: 85

Audience: Students, Faculty and Staff Members

Bullying Behavior and Psychological Health



DATE
May 8, 2023

TIME
3:30 PM – 4:30 PM



Presenters
Dr. Gabriel Andrade
College of Medicine



Moderator
Ms. Ahood Al Rawashdeh
College of Humanities and Sciences



جامعة عجمان
AJMAN UNIVERSITY

The Office Community Engagement and The Counseling Unit are delighted to invite you to celebrate the World Mental Health Day 2022

Make mental health & well-being for all a global priority



Date
October 10, 2022

Time
11:00 a.m. - 5:00 p.m.



PLACE
S.H.Zayed Center for Expedition and Conference

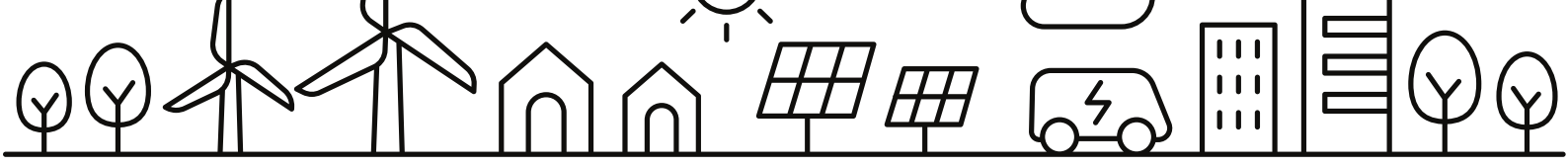
Training Session Title:
Make Mental Health & Well-being for all a Global Priority

Duration: 6 hours

Number of attendees reached: 120

Audience: Students, Faculty and Staff Members, and the General Public

[For registration click here!](#)



Counseling Unit



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
مبادرة شؤون الطلبة
وحدة الإرشاد

كيف تجد التوازن في حياتك

Finding Balance in Your Life

Training Session Title:
Finding Balance in Your Life

Duration: 1 hour

**Number of attendees
reached:** 84

Audience: Students, Faculty and
Staff Members



التاريخ
August 22, 2023
2023 أغسطس 22



الوقت
3:00 PM - 4:00 PM
عصرًا 3:00 - عصرًا 4:00



المكان
Student Hub, 2nd Floor, CEC Hall
المجمع الطلابي، الطابق الثاني،
قاعة مركز التعليم المستمر

Speaker
المحدث

Ms. Hala Martini أهلا مارتيني

College of Humanities and
Sciences

كلية الآداب والعلوم



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
وحدة الإرشاد

مبادرة شؤون الطلبة
وحدة الإرشاد

خطوات إيجابية لتحقيق حياة أفضل

Positive Steps to Wellbeing



التاريخ
August 23, 2023
2023 أغسطس 23



الوقت
2:00 PM - 3:00 PM
ظهراً 2:00 - عصرًا 3:00



المكان
Student Hub, 2nd Floor, CEC Hall
المجمع الطلابي، الطابق الثاني،
قاعة مركز التعليم المستمر



Dr. Nisha Kumari

College of Medicine

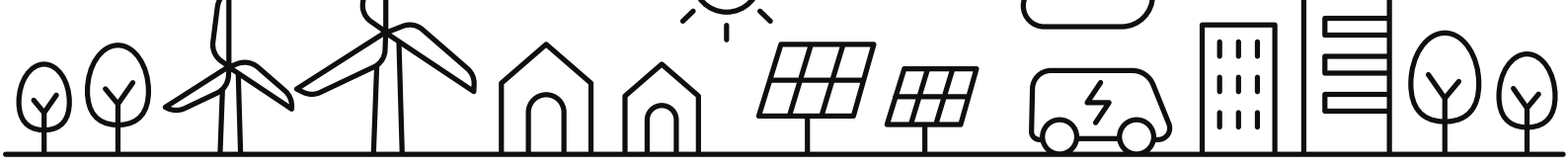
Training Session Title:
Positive Steps to Wellbeing

Duration: 1 hour

**Number of attendees
reached:** 79

Audience: Students, Faculty and
Staff Members





Counseling Unit



Training Session Title:
World Mental Health Day

Duration: 6 hours

Number of attendees reached: 124

Audience: Students, Faculty and Staff Members, and the General Public



| Time | Topic |
|---------------------|--|
| 10:00 AM - 11:00 AM | Students' Stations Tour |
| 11:00 AM - 12:00 PM | Cybersecurity and its Impact on Mental Health Speaker: Mr. Ali Aldarwish Certified Trainer, Cybersecurity Analyst |
| 12:00 PM - 1:00 PM | Mental Health and its Relationship to Social Media |



Environmental Psychology and Sustainable Development: Expansion, Maturation, and Challenge

DATE
October 23, 2023

TIME
10:00 AM - 4:00 PM

PLACE
Student Hub, 2nd floor, CEC Hall 2

AGENDA

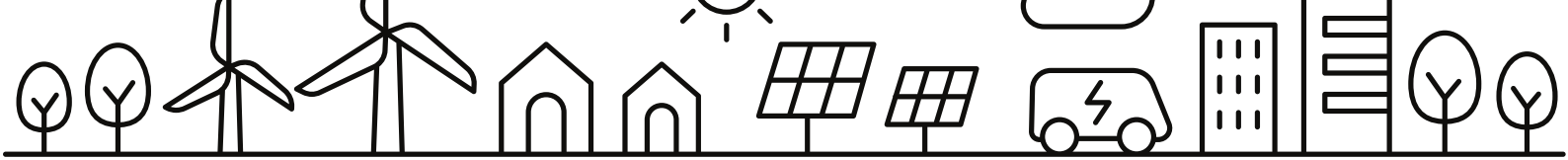
| Time | Topic |
|---------------------|--|
| 10:00 AM - 11:00 AM | Students' Stations |
| 11:00 AM - 12:00 PM | BECOME A LEADER OF CHANGE Speaker: Fatima Hani - Maab Yassir - Nuuba Noraidin - Raza Samar - Shahad Arif Students from Psychology Department College of Humanities and Sciences |

Training Session Title:
Environmental Psychology and Sustainable Development: Expansion, Maturation, and Challenge

Duration: 6 hours

Number of attendees reached: 101

Audience: Students, Faculty and Staff Members, and the General Public



Counseling Unit

Training Session Title:
Self-Enhancement: Steps to
Strengthen Social Relationships

Duration: 1 hour

**Number of attendees
reached:** 31

Audience: Students, Faculty and
Staff Members

جامعة عجمان
AJMAN UNIVERSITY

**Self-Enhancement:
Steps to Strengthen
Social Relationships**

DATE
February 20, 2024

TIME
12:30 PM - 1:30 PM

Dr. Enaam Youssef
College of Humanities
and Sciences



Deanship of Student Services
Counseling Unit

عمادة شؤون الطلبة
وحدة الإرشاد

The Counseling Unit is pleased to invite you
to a workshop themed:

تتشرف وحدة الإرشاد بدعوتكم لورشة العمل الهامة بعنوان:

**Tolerance and its Impact on
Building Relationships**

التسامح وأثره في العلاقات الإنسانية

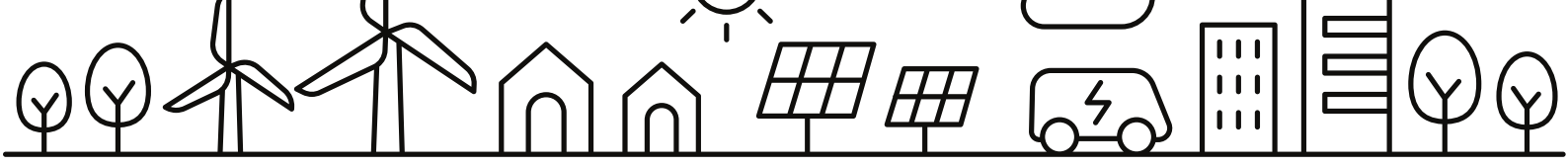
Presenter: **Ms. Sahar Zahran**
College of Humanities and Sciences

Training Session Title:
Tolerance and its Impact on
Building Relationships

Duration: 1 hour

Number of attendees reached:
45

Audience: Students, Faculty
and Staff Members



Counseling Unit



Training Session Title:
Building Trust in COVID-19 and
Seasonal Influenza Shots

Duration: 1 hour

**Number of attendees
reached:** 15

Audience: Students, Faculty and
Staff Members

The Counseling Unit is pleased to invite you to a
workshop themed:

**Building Trust in COVID-19
and Seasonal Influenza Shot**

Presenter:

- **Dr. Gabriel Andrade**
Assistant Professor, College of Medicine
- **Dr. Yehia Mohamed**
Associate Professor, College of Medicine



The Counseling Unit is pleased to invite you to a
workshop themed:

تتشرف وحدة الإرشاد بدعوتكم لورشة العمل الهامة بعنوان

**Discrimination and Hate
Versus Equality and Pluralism**

**التمييز والكراهية في مقابل
المساواة والتعددية**

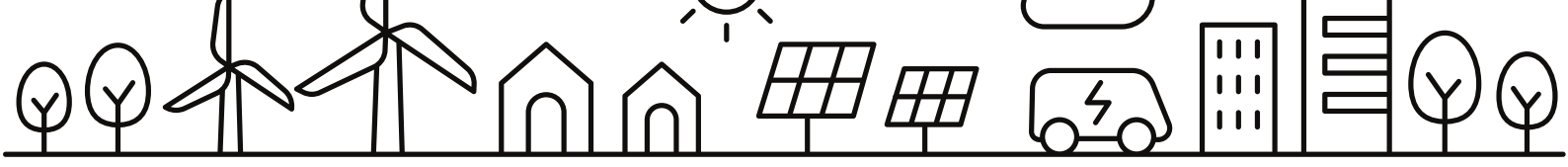
Presenter: **Dr. Khaled Aljasmí**
College of Law

Training Session Title:
Discrimination and Hate Versus
Equality and Pluralism

Duration: 1 hour

Number of attendees reached:
33

Audience: Students, Faculty
and Staff Members



Counseling Unit



Training Session Title:
Because You Are life

Duration: 1 hour

Number of attendees reached: 32

Audience: Students, Faculty and Staff Members

The Counseling Unit has the honor to invite you to attend an awareness workshop on breast cancer entitled

تتشرف وحدة الإرشاد لدعوتكم لحضور محاضرة توعوية عن سرطان الثدي بعنوان

Because You Are Life

لأنك الحياة

Presenter: **Dr. Ibrahim Ahmed**
Associate Professor in College of Medicine



Deanship of Student Services
Counseling Unit

COVID19- vaccine: What to worry about?



November 18, 2021
10:00 - 11:00 AM

Presenters

Dr. Ahmad Alzubi

Associate Professor, College of Humanities and Sciences, Ajman University



Dr. Ahmed Sallam

Counselor at Disability Resource Center, University of Sharjah



Training Session Title:
COVID-19 vaccine: What to worry about?

Duration: 1 hour

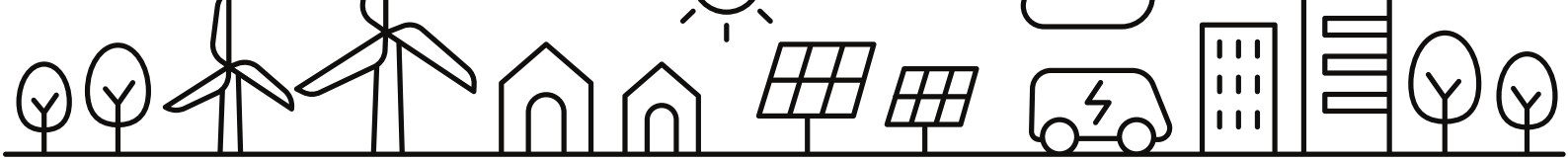
Number of attendees reached:
36

Audience: Students, Faculty and Staff Members

Moderated by

Dr. Dalia Bedewy

Manager of Counseling Unit, Ajman University



Counseling Unit



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student Services
Counseling Unit

The Counseling Unit is pleased to invite you to a group meeting themed:

Message to the Bully: Be My Friend

January 24, 2022
3:00 - 4:00 pm

Ms. Raneem Hamoudeh
Ms. Dyana Tharwat

Students from College of Humanities and Sciences

Ms. Nawaal Attaullah

Student from College of Engineering and IT

Moderated by

Ms. Doaa Al Salti

Training Session Title:

Message to the Bully: Be My Friend

Duration: 1 hour

Number of attendees reached: 27

Audience: Students, Faculty and Staff Members



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
وحدة الإرشاد
Deanship of Student Services
Counseling Unit

Be My Friend... and Avoid Bullying

كن صديقي...
وانبذ التنمر

19 يناير 2022
12:00 - 11:00 ظهراً



January 19, 2022
11:00 AM - 12:00 PM

Dr. Maha Aboraya
College of Humanities and Sciences

د. مها أبورية
كلية الإنسانيات والعلوم

Training Session Title:

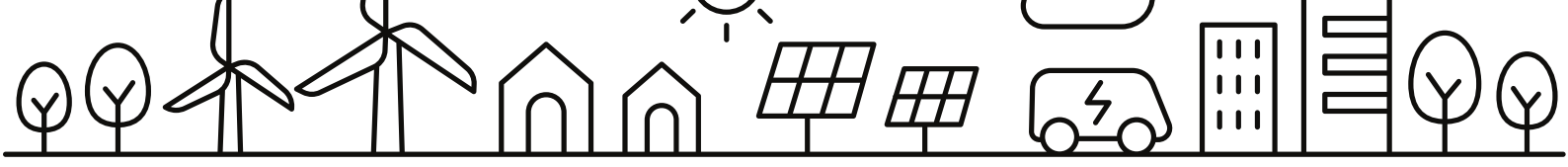
Be My Friend... and Avoid Bullying

Duration: 1 hour

Number of attendees reached:
13

Audience: Students, Faculty and Staff Members





Counseling Unit



Deanship of Student Services
Counseling Unit

المبادرات الإبداعية لتكون أكثر إيجابية Creative Initiatives to Be More Positive

Training Session Title:
Creative Initiatives to Be More Positive

Duration: 1 hour 30 minutes

Number of attendees reached: 51

Audience: Students, Faculty and Staff Members

Speakers المتحدثون



أ. رامي أحمد بن ذياب
Mr. Rami Ahmad Bin Theyab
طالب في كلية الآداب والعلوم
Student from College of Humanities & Sciences



أ. مريم محمود عيد مصباح
Ms. Maryam Mahmoud Eid Mesbah
طالبة في كلية الإعلام
Student from College of Mass Communication



أ. جود محمد بشار الحافظ
Ms. Joud M Bashar Athafez
طالبة في كلية الهندسة وتكنولوجيا المعلومات
Student from College of Engineering and IT

Moderated by لقيادته




أ. سحر زهران
Ms. Sahar Zahran
معلمة في كلية الآداب والعلوم
College of Humanities and Sciences



Deanship of Student Services
Counseling Unit

Intellectual security between theory and practice

 **February 22, 2022**
11:00 AM - 12:30 PM



Dr. Abdul Rahman Al Azmi
Associate Professor of Psychological Counseling
Naif Arab University for Security Sciences.



Dr. Walaa Elsayed
Assistant Professor of Social Work, Sociology
Department - College of Humanities and Sciences -
Ajman University.

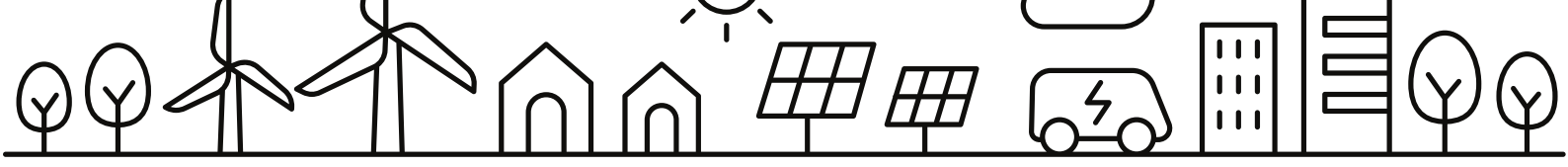
Training Session Title:
Intellectual Security Between Theory and Practice

Duration: 1 hour 30 minutes

Number of attendees reached:
71

Audience: Students, Faculty and Staff Members





Counseling Unit



جامعة عجمان
AJMAN UNIVERSITY

Deanship of Student services
Counseling Unit

Training Session Title:
COVID-19: What You Need to Know NOW

Duration: 1 hour

Number of attendees reached: 40

Audience: Students, Faculty and Staff Members

COVID-19: What You Need to Know NOW



Date
April 2022 ,21

Time
12:00 - 1:00 PM

Speaker

Dr. Samir Bloukh

College of Pharmacy and Health Sciences



Moderator

Dr. Zehra Edis

College of Pharmacy and Health Sciences



جامعة عجمان
AJMAN UNIVERSITY

عمادة شؤون الطلبة
وحدة الإرشاد

Deanship of Student Services
Counseling Unit

Family Happiness Steps

خطوات نحو السعادة الأسرية

2022 فبراير 28
1:00 - 12:00 ظهراً



February 28, 2022
12:00 - 1:00 PM



د. إنعام يوسف

كلية الإنسانيات والعلوم

Dr. Enaam Youssef

College of Humanities and Sciences

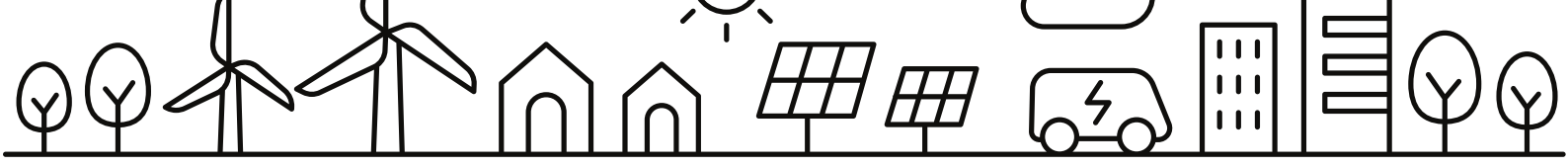
Training Session Title:
Family Happiness Steps

Duration: 1 hour

Number of attendees reached:
82

Audience: Students, Faculty and Staff Members





Counseling Unit



Deanship of Student Services
Counseling Unit

Training Session Title:
Mental and Physical Self-Care

Duration: 1 hour

Number of attendees reached: 122

Audience: Students, Faculty and Staff Members

Mental and Physical Self-Care



DATE
November 7, 2022

TIME
2:00 PM - 3:00 PM



Speaker

Prof. Samir Bloukh
College of Pharmacy and Health Sciences



Moderator

Ms. Ahood Al Rawashdeh
College of Humanities and Sciences



Deanship of Student Services
Counseling Unit

Graduates to Professional Executives - Essential Skills to Bridge the Gap



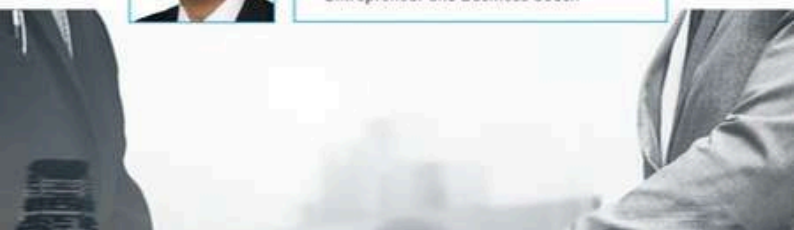
DATE
November 3, 2022

TIME
12:00 p.m - 1:00 p.m



Speaker

Dr. Aftab Ahmed
Entrepreneur and Business Couch

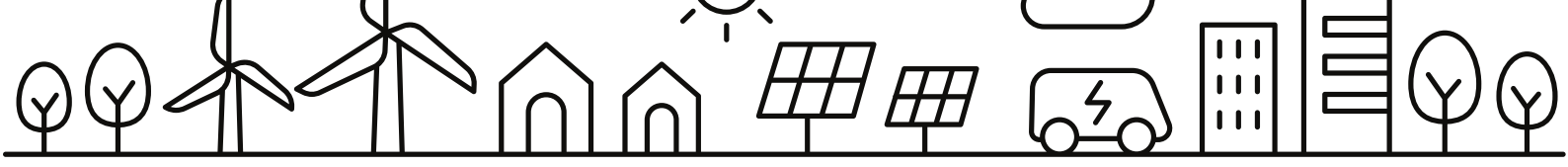


Training Session Title:
Graduates to Professional Executives -Essential Skills to Bridge the Gap

Duration: 1 hour

Number of attendees reached: 20

Audience: Students



Counseling Unit

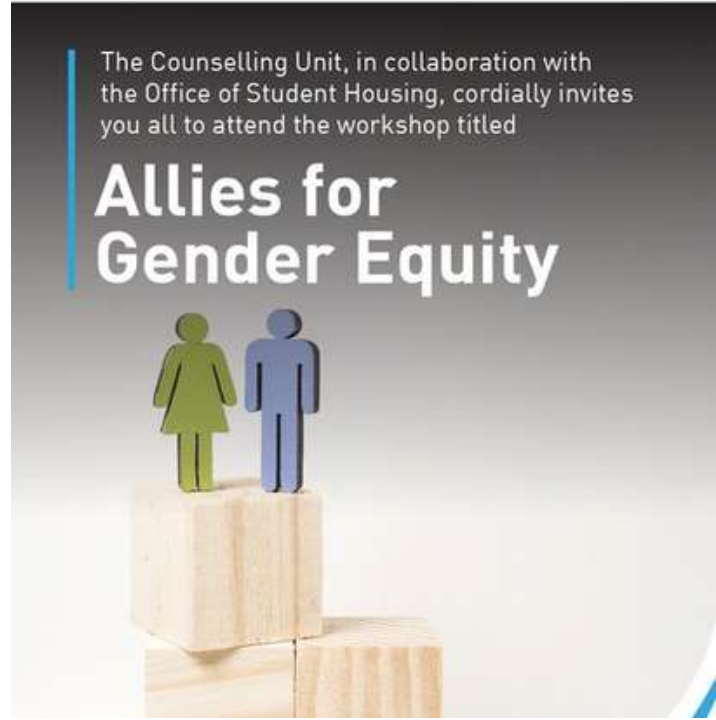


Training Session Title:
Allies for Gender Equity

Duration: 1 hour

Number of attendees reached: 18

Audience: Students and Staff Members



The Counseling Unit, in collaboration with the College of Humanities and Sciences, invites you all to attend a dialogue session titled

Surviving Cancer: A Journey to Life Success

DATE
April 22, 2024

TIME
4:00 PM - 5:00 PM



PRESENTER
Ms. Rasha Adly
Authorized Life Coach & Therapist



MODERATOR
Dr. Ahmad Alzubi
College of Humanities and Sciences

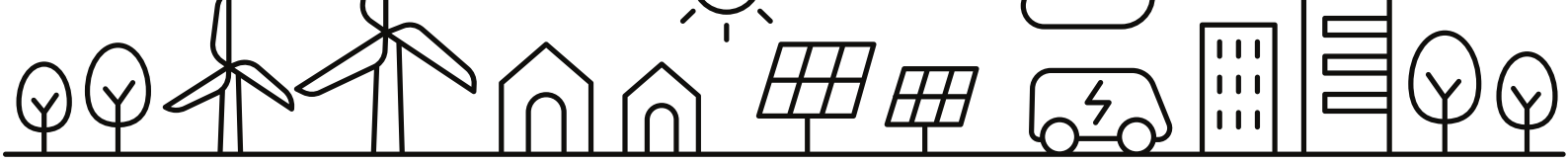
Training Session Title:
Surviving Cancer: A Journey to Life Success

Duration: 1 hour

Number of attendees reached: 81

Audience: Students, Faculty and Staff Members





Counseling Unit

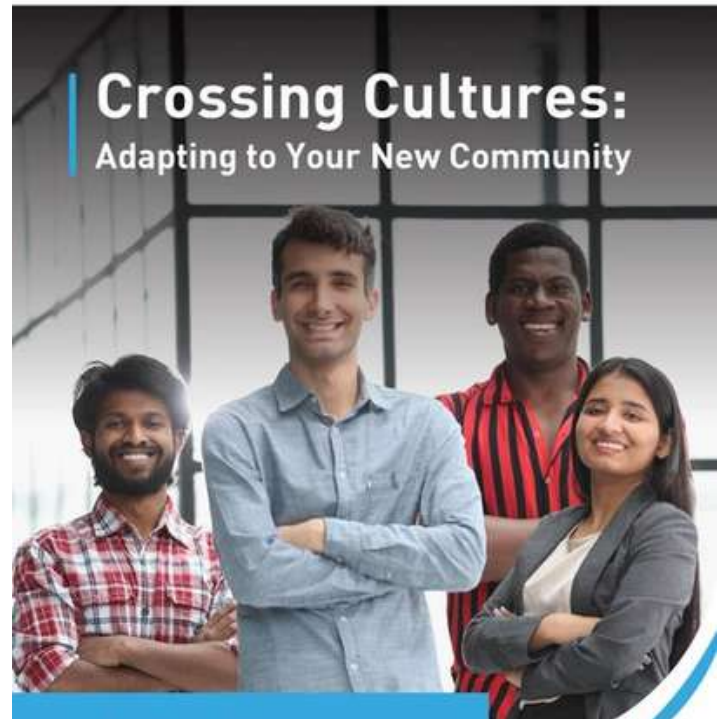


Training Session Title:
Crossing Cultures: Adapting to Your New Community

Duration: 1 hour

Number of attendees reached: 109

Audience: Students

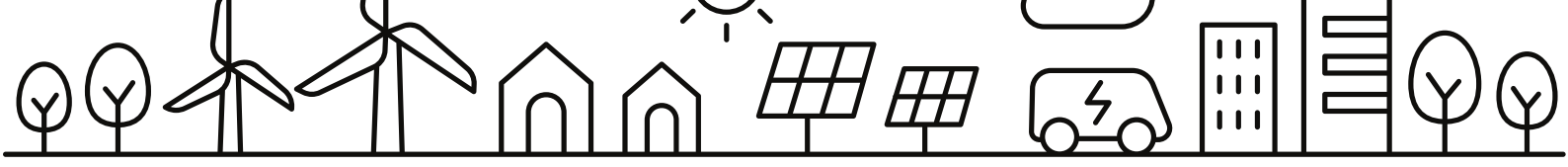


Training Session Title:
Exploring University and Career Paths: A Comprehensive Introduction

Duration: 1 hour

Number of attendees reached: 109

Audience: Students



Counseling Unit

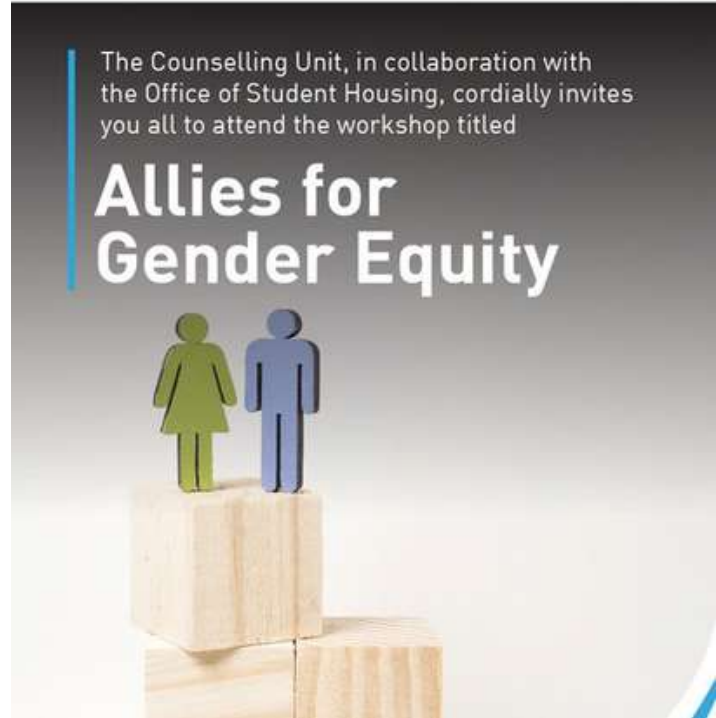


Training Session Title:
Allies for Gender Equity

Duration: 1 hour

Number of attendees reached: 18

Audience: Students



The Counseling Unit, in collaboration with the College of Humanities and Sciences, invites you all to attend a dialogue session titled

Surviving Cancer: A Journey to Life Success

DATE
April 22, 2024

TIME
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Ms. Rasha Adly
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MODERATOR
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College of Humanities and Sciences

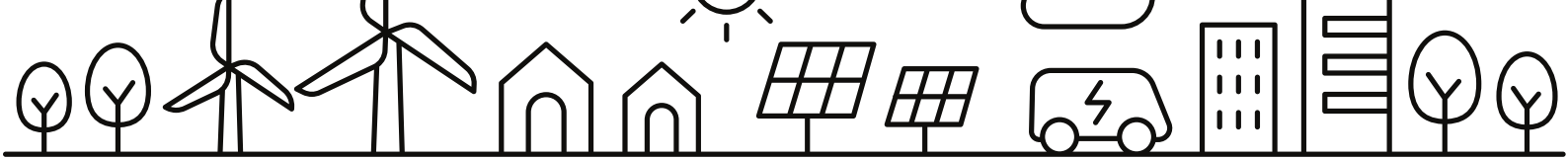
Training Session Title:
Surviving Cancer: A Journey to Life Success

Duration: 1 hour

Number of attendees reached: 81

Audience: Students, Faculty and Staff Members





Counseling Unit

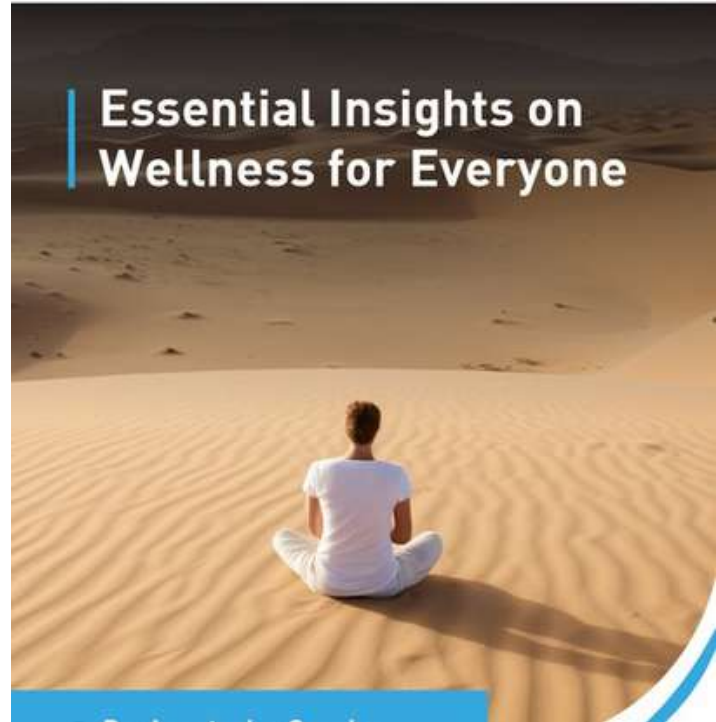


Training Session Title:
Essential Insights on Wellness for Everyone

Duration: 1 hour

Number of attendees reached: 64

Audience: Students, Faculty and Staff Members



SUPPORTIVE STRATEGIES FOR STUDENTS OF DETERMINATION: LEARNING, BUILDING RELATIONSHIPS, AND RESILIENCE


Training Session Title:
Supportive Strategies for Students of Determination: Learning, Building Relationships, and Resilience


Duration: 1 hour

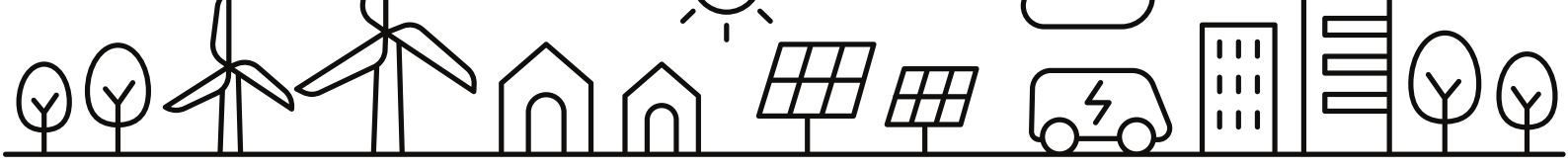
Number of attendees reached: 41

Audience: Students, Faculty and Staff Members

 October 3, 2024

 12:00 PM – 1:30 PM

 Student Hub, 2nd Floor, CCEE Hall 1



Counseling Unit

Training Session Title:
Effective Communication with
People of Determination: Practical
Guidelines for Enhancing Support
and Understanding

Duration: 1 hour

**Number of attendees
reached:** 42

Audience: Students, Faculty and
Staff Members



 October 8, 2024

 11:00 AM - 12:30 PM

Speaker

Moderator



Deanship of Student Services
Counseling Unit




Training Session Title:
World Mental Health Day 2024

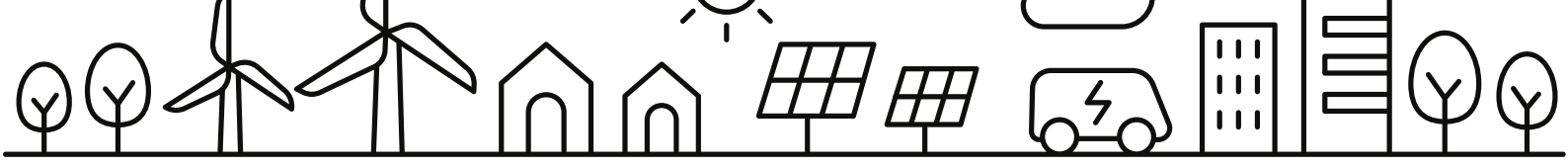
Duration: 6 hours

Number of attendees reached: 158

Audience: Students, Faculty and
Staff Members

It's Time to Prioritize
Mental Health in the Workplace

 October 10, 2024



Counseling Unit



Training Session Title:
Can Volunteering Enhance Your Mental Health

Duration: 1 hour

Number of attendees reached: 20

Audience: Students



October 24, 2024



11:00 AM – 12:30 PM



J2 Building, First Floor, Block "A", A122



Training Session Title:
Etiquette for Dealing with Students of Determination: A Guide to Effective Practices

Duration: 1 hour

Number of attendees reached: 37

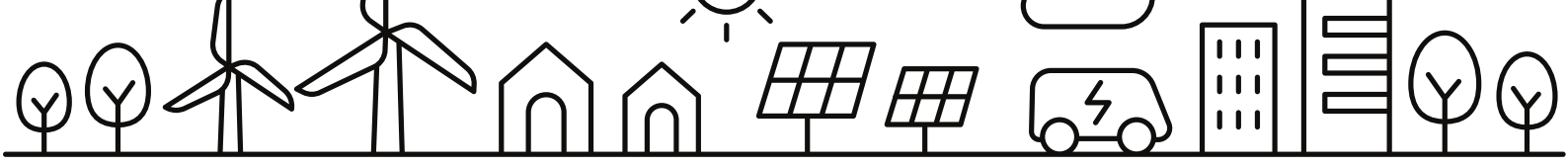
Audience: Students, Faculty and Staff Members



October 24, 2024



4:00 PM – 5:30 PM



Counseling Unit



Training Session Title:

Students of Determination: Needs and Mechanisms for Psychological Support

Duration: 1 hour

Number of attendees reached: 17

Audience: Students, Faculty and Staff Members



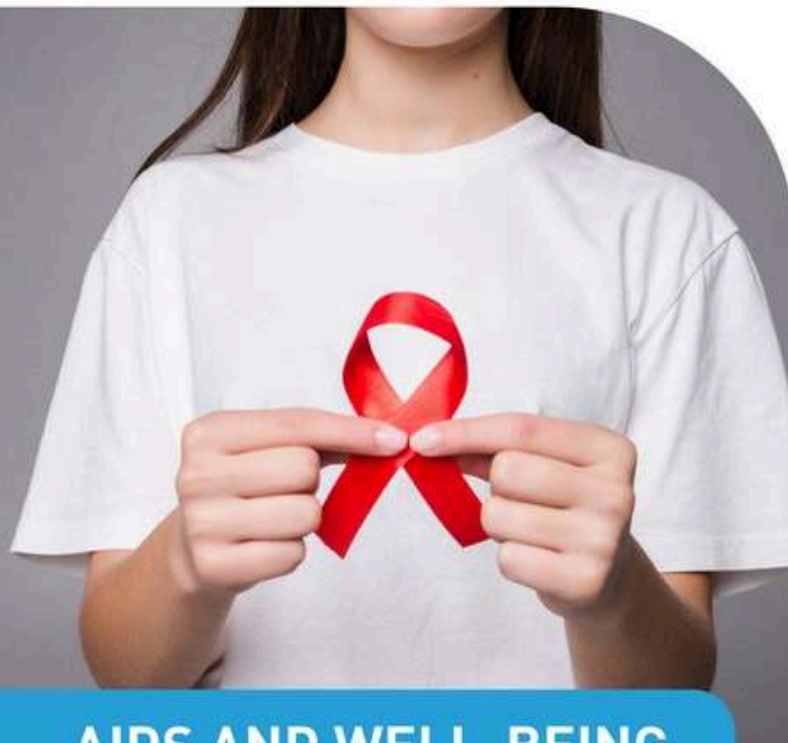
October 29, 2024



12:00 PM – 1:30 PM



J2 Building, Ground floor, Block "A", A022



Training Session Title:

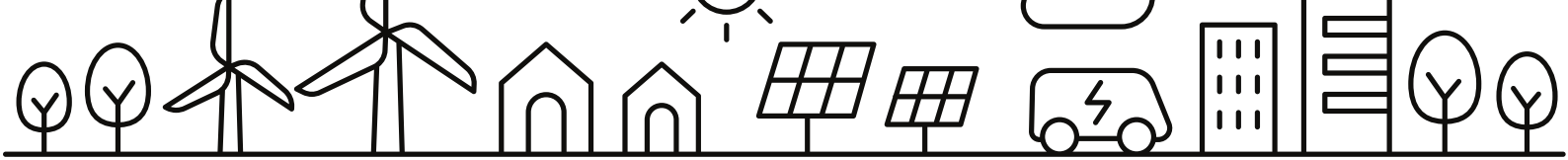
AIDS and Well-Being

Duration: 1 hour

Number of attendees reached: 9

Audience: Students, Faculty and Staff Members

AIDS AND WELL-BEING



Counseling Unit

Training Session Title:
International Day of Persons with Disabilities

Duration: 1 hour

Number of attendees reached: 13

Audience: Students, Faculty and Staff Members



INTERNATIONAL DAY OF
PERSONS WITH DISABILITIES

 November 28, 2024  11:00 PM – 12:00 PM

 Student Hub, 1st Floor, Center for Inclusive Learning

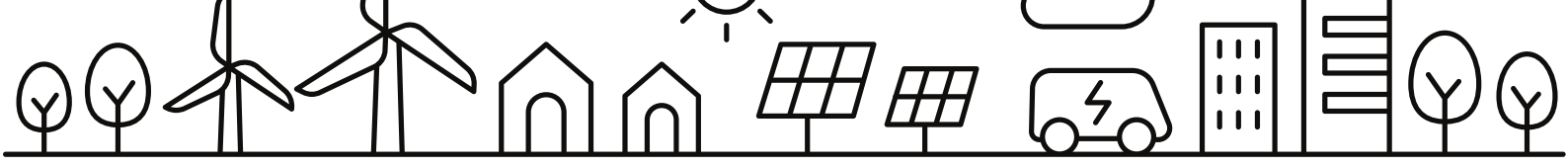


Training Session Title:
"Ataa" Initiative to Enhance the Values of Giving and Volunteering

Duration: 2 hours

Number of attendees reached: 40

Audience: Students



Counseling Unit

Training Session Title:
International Day of Education:
Psychological Perspective on
Inclusive and Equitable Learning

Duration: 2 hours

**Number of attendees
reached:** 42

Audience: Ajman University
Community

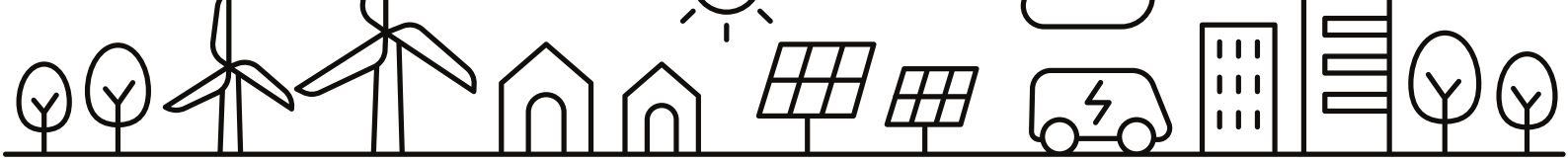


Training Session Title:
Managing Anxiety and Stress in
High-Pressure Environments

Duration: 1 hour

Number of attendees reached: 27

Audience: Students



Counseling Unit

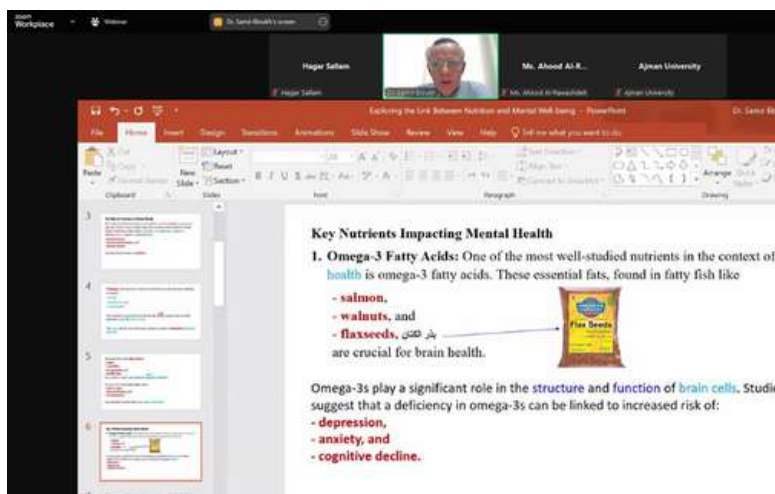
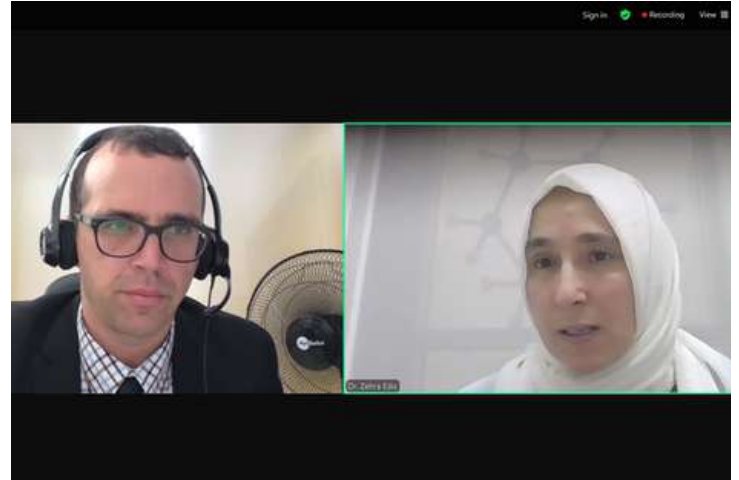
Training Session Title:

United Against Harm: Empowering Change in Bullying and Harassment

Duration: 1 hour

Number of attendees reached: 16

Audience: Students



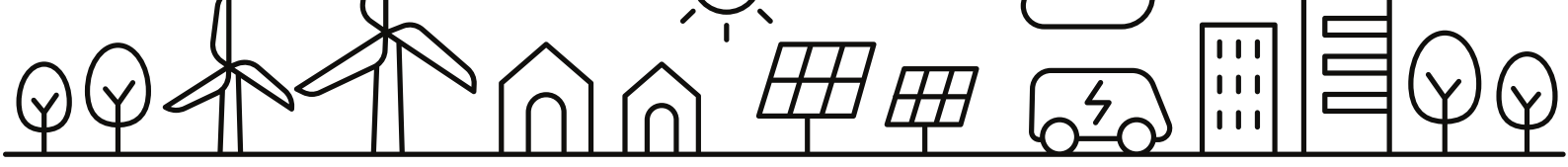
Training Session Title:

Exploring the Connection Between Nutrition and Mental Well-Being

Duration: 1 hour

Number of attendees reached: 122

Audience: Students



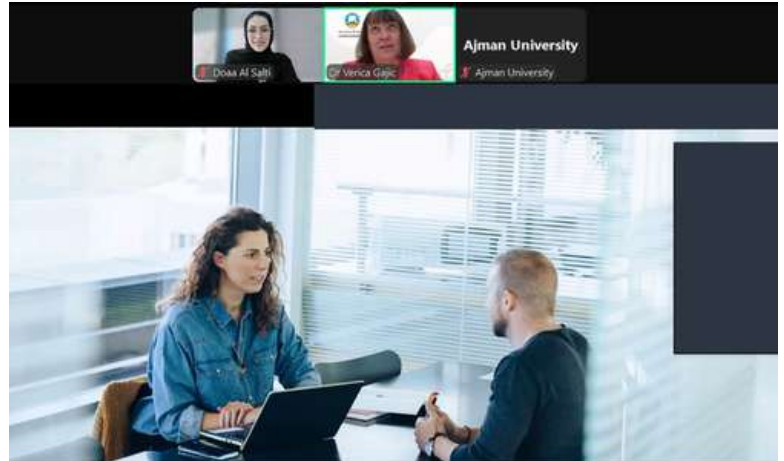
Counseling Unit

Training Session Title:
Navigating Through University
Education & Career Launch

Duration: 1 hour

**Number of attendees
reached:** 35

Audience: Students



*Navigating Through University Education &
Career Launch*

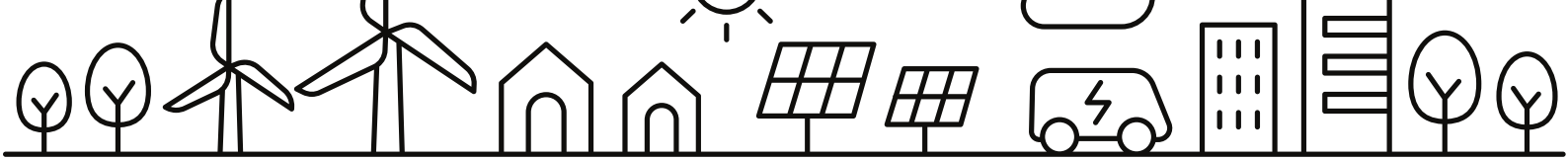


Training Session Title:
Inclusion in Action: Small Steps, Big Impact

Duration: 1 hour

Number of attendees reached: 66

Audience: Students



Counseling Unit

Training Session Title:

Yellow September: Fostering Hope and Balance at Work and Study

Duration: 1 hour

Number of attendees reached: 27

Audience: Students

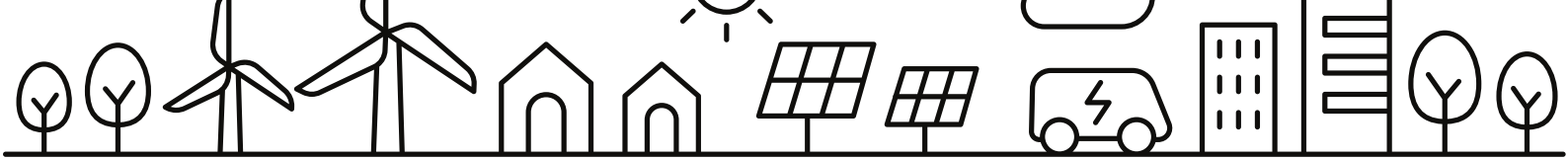


Training Session Title: World Mental Health Day 2025

Duration: 5.5 hours

Number of attendees reached: 111

Audience: Ajman University Community



Counseling Unit

Training Session Title:
Pathfinders- Supporting the
Visually Impaired in Mobility

Duration: 4 hours

Number of attendees reached: 13

Audience: Students



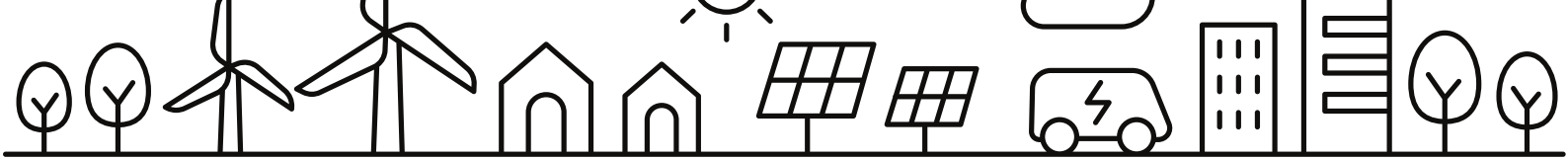
Training Session Title:
Feel the Language Braille
Training

Duration: 2 hours

**Number of attendees
reached:** 6

Audience: Ajman University
Community





Counseling Unit

Training Session Title:
Learning without limits –
Empowering Peer Tutors for
Diverse Abilities

Duration: 4 hours

Number of attendees reached: 36

Audience: Students

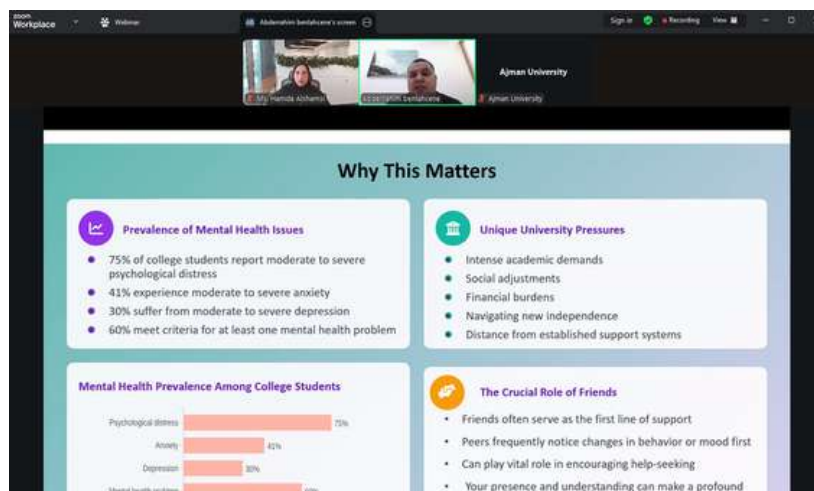


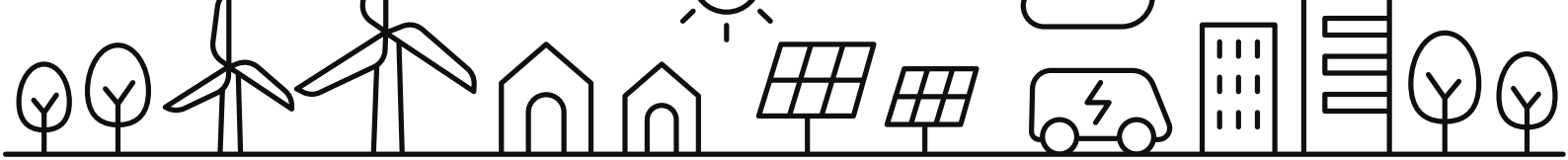
Training Session Title:
How to Support a Friend
Struggling with Mental Health

Duration: 1 hour

**Number of attendees
reached:** 15

Audience: Students





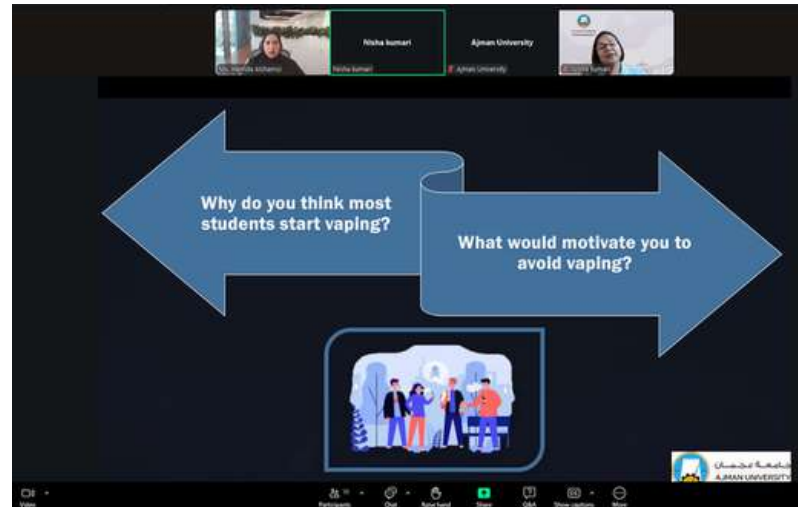
Counseling Unit

Training Session Title:
Vaping Exposed- What You Need to Know and How to Resist the Hype

Duration: 1 hour

Number of attendees reached: 13

Audience: Students



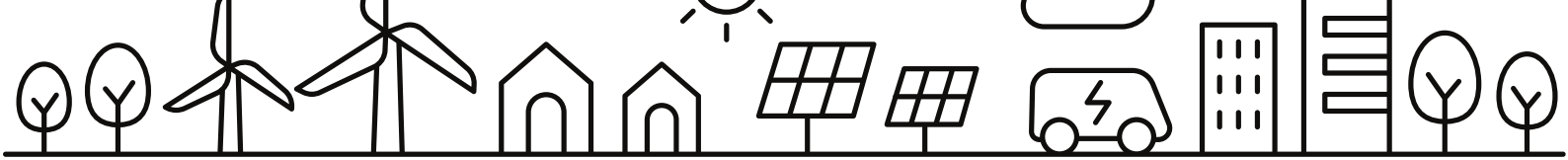
Training Session Title:
Pathfinders- Supporting the Visually Impaired in Mobility

Duration: 1 hour

Number of attendees reached: 16

Audience: Students





Humanities & Sciences Research Center

Training Session Title:
Gender Comprehensive Social Protection

Duration: 1 hour

Number of attendees reached: 20

Audience: Students, Faculty and Staff Members, and the General Public



The Power of Universities as Learning Organizations in Achieving ESD Competencies

Dr Laila Mohebi
Assistant Professor

Dr Nisarin Ghaya
Assistant Professor



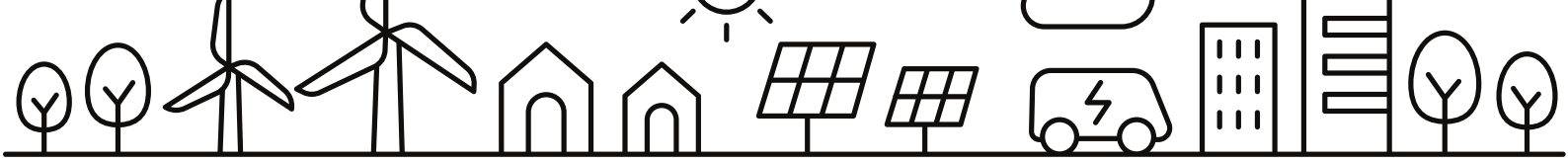
Training Session Title:
Achieving Education for Sustainable Development Competencies

Duration: 20+ minutes

Number of attendees reached:
30+

Audience: Students, Faculty and Staff Members, and the General Public





Humanities & Sciences Research Center

Training Session Title:
Green Skills for Youth Towards Sustainable Future

Duration: 2 hours

Number of attendees reached: 100

Audience: Students



جامعة عجمان
AJMAN UNIVERSITY

Deanship of
Student Services



IFEMH 2024
THE 3rd INTERNATIONAL FORUM ON
EDUCATION AND MENTAL HEALTH

INCLUSIVE AND EQUITABLE QUALITY EDUCATION

**Parents & Educators: Partners in
the Special Education Process**



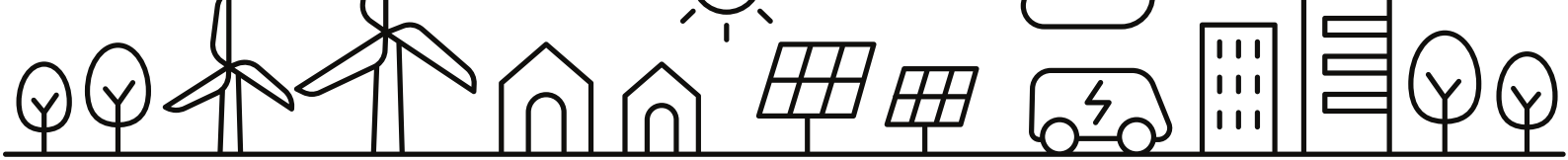
Prof. Asma Al Arab
Professor, College of Humanities and Sciences,
Ajman University

Training Session Title:
Parents and Educators Parents
in Special Education Process

Duration: 1 hour

Number of attendees reached:
50

Audience: Students, Faculty
and Staff Members, and the
General Public



Humanities & Sciences Research Center

Training Session Title:
Leadership for Excellence; Short Talk and Moderating Panel Session

Duration: 75 minutes

Number of attendees reached: 100

Audience: Students, Faculty and Staff Members, and the General Public

Prof. William Cornwell, Provost, American University in the E

Dr Fazal H. Malik, Pro Vice Chancellor, Amity University, Dub

Q & A

SESSION 2: LEADERSHIP FOR EXCELLENCE

Rapporteur: Mr Sourindra Ghosh, Research Associate, Council Development, India

Introduction and Opening Remarks by the Moderator

Dr Nesslerin Shaya, Assistant Professor, American University Dubai, UAE

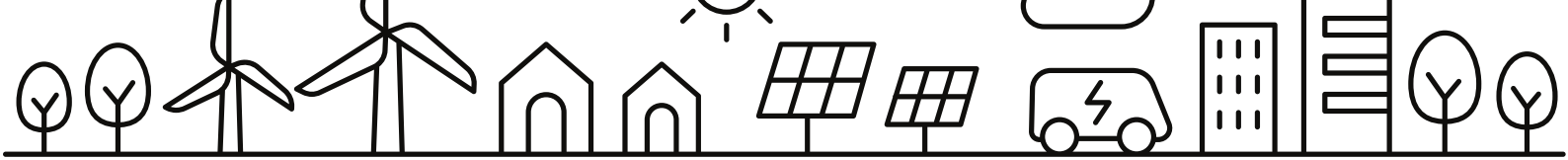


Training Session Title:
Community Engagement of People Of Determination (POD)

Duration: 2 hours

Number of attendees reached: 80

Audience: Students, Faculty and Staff Members



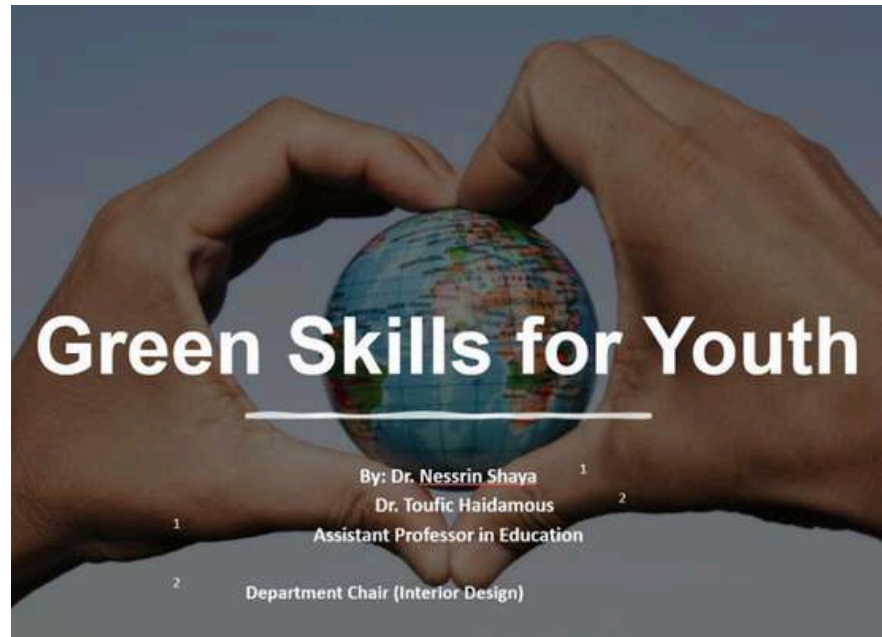
Humanities & Sciences Research Center

Training Session Title:
Educating for Greener Future:
Green Skills for Youth

Duration: 1 hour

**Number of attendees
reached:** 20

Audience: Students

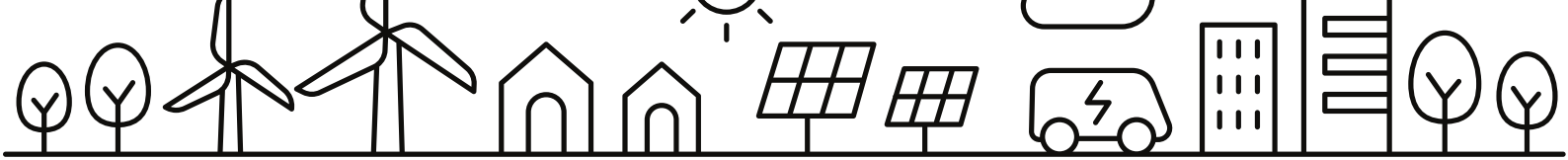


Training Session Title:
We Will Make it Happen: A
Green and Healthy
Environment

Duration: 1 hour

**Number of attendees
reached:** 258

Audience: Students, Faculty
and Staff Members



Humanities & Sciences Research Center

Training Session Title:
Counseling, Guidance & Adjustment in Education

Duration: 75 minutes

Number of attendees reached: 20

Audience: Students, Faculty and Staff Members, and the General Public

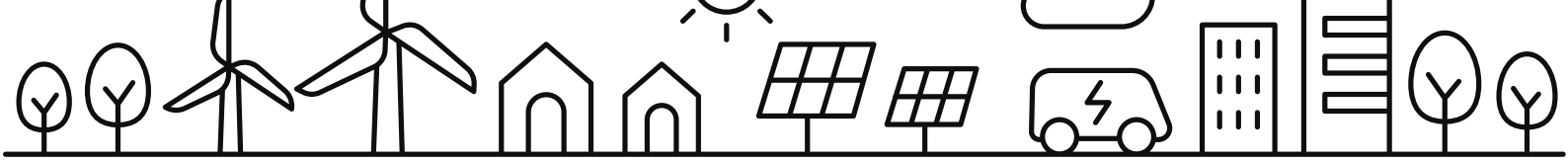


Training Session Title:
Strategies for Prevention From Violence Against Women

Duration: 1 hour

Number of attendees reached: 15

Audience: Students, Faculty and Staff Members, and the General Public



Humanities & Sciences Research Center

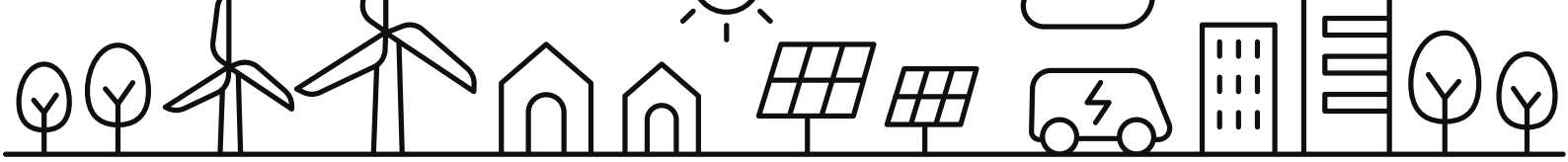
Training Session Title:
Research Productivity in
Higher Education and the
Gender Gap

Duration: 1 hour 30 minutes

**Number of attendees
reached:** 60

Audience: Students, Faculty
and Staff Members





Humanities & Sciences Research Center

Training Session Title:
2nd International Family and Society Conference: Families Shaping a Sustainable Future

Duration: 2 Days

Number of attendees reached: 70

Audience: Students

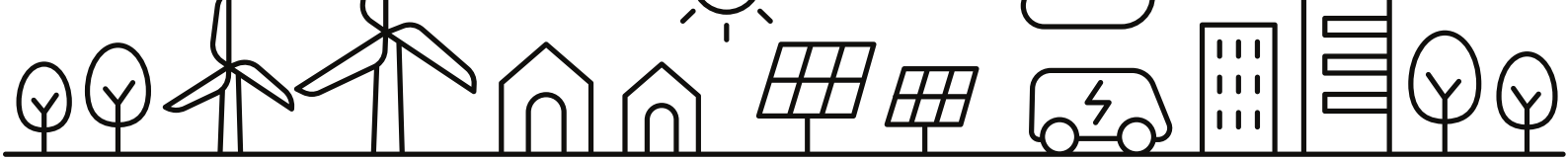


Training Session Title:
Digital Transformation and Sustainable Development from the Perspective of the UAE Vision 2071

Duration: 2 hours

Number of attendees reached: 71

Audience: Students



College of Dentistry

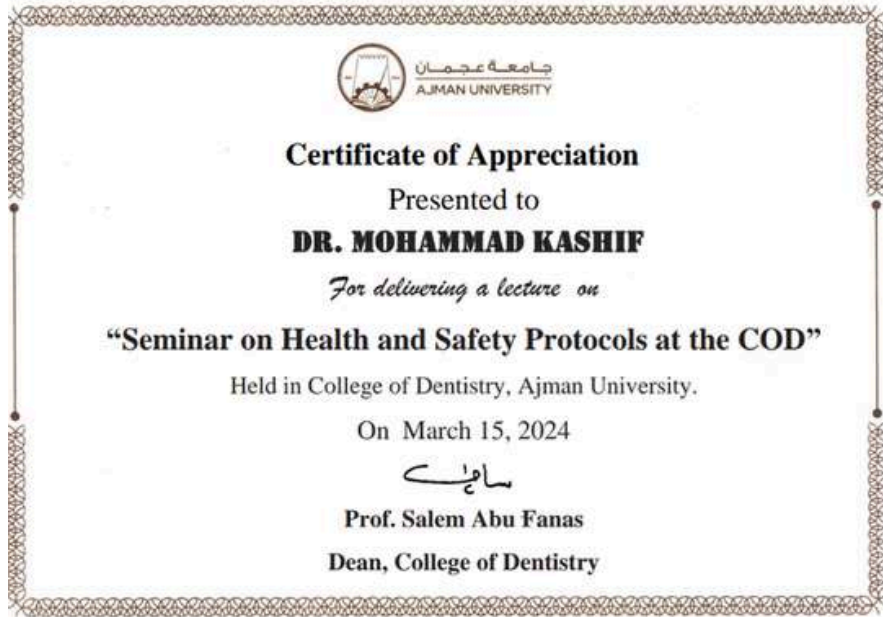
Training Session Title:

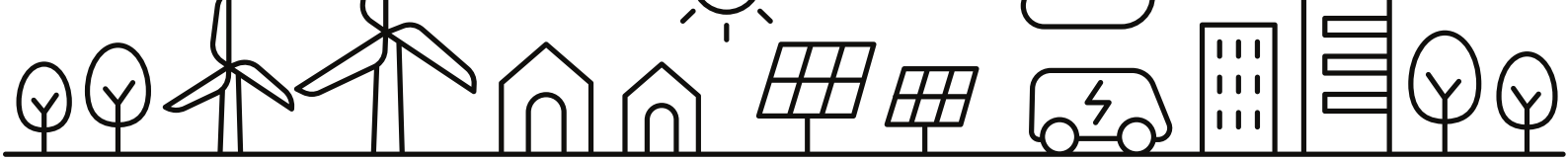
Seminar on Health & Safety
Protocols for CoD

Duration: 1 hour 15 minutes

**Number of attendees
reached:** 90

Audience: Students, Faculty
and Staff Members





College of Dentistry

Training Session Title:

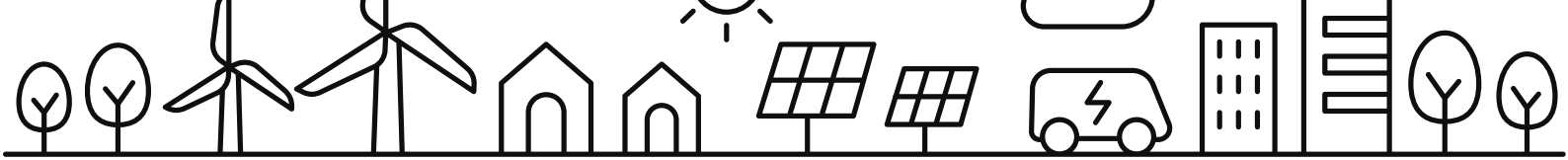
International Conference on Climate Action and Sustainability (ICCAS)

Duration: 4 Days

Number of attendees reached: +200

Audience: Students





College of Business Administration

Training Session Title:
Finance at Work Webinar

Duration: 2 hours

**Number of attendees
reached:** 30

Audience: Students

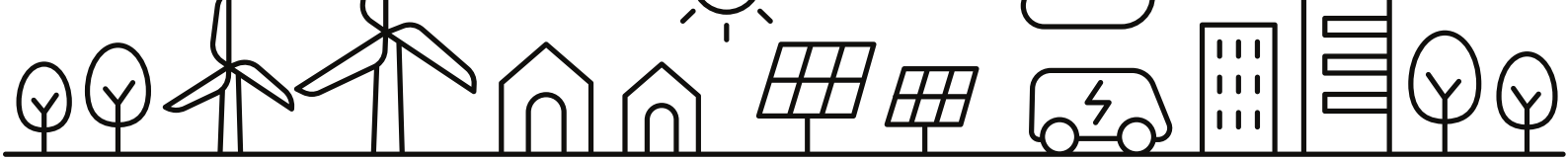


Training Session Title:
Sustainability Workshop

Duration: 2 hours

**Number of attendees
reached:** 50

Audience: Students



College of Business Administration

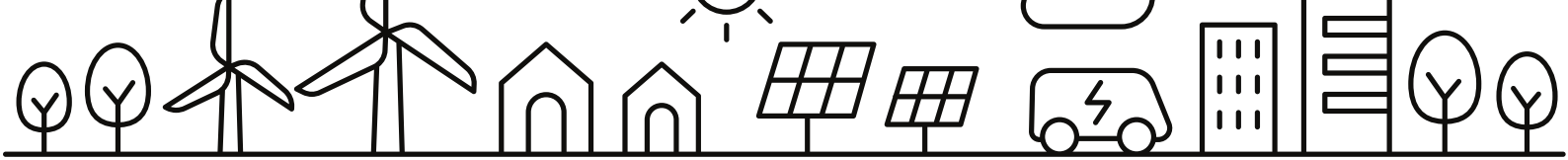
Training Session Title:
Sustainability for
Entrepreneurship & Innovation

Duration: 4 hours

**Number of attendees
reached:** 50

Audience: Students





College of Business Administration

Training Session Title:
ICAEW ESG Boardgames
Workshop

Duration: 2 hours

**Number of attendees
reached:** 8

Audience: Students



**Youth Impact
Lab
2024**

26 October 2024

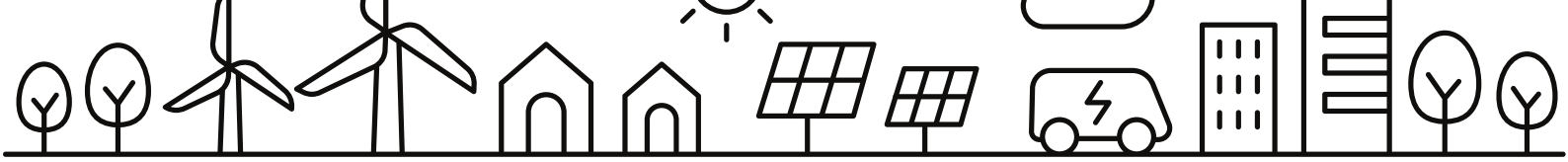


Training Session Title:
TYouth Impact Lab

Duration: 2 hours

**Number of attendees
reached:** 60

Audience: Students



College of Business Administration

Training Session Title:
Global Sustainability Project Bootcamp

Duration: 3 Days

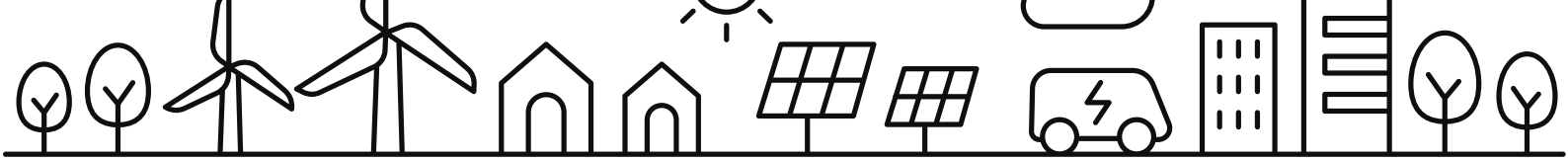
Number of attendees reached: + 200

Audience: Students



A promotional graphic for the 'Global Sustainability Project Bootcamp'. It features a dark green background with a glowing globe in the center. The text is white and reads: 'Enhance your employability. Transform your career. Change the world. Global Sustainability Project Bootcamp. Tackle an impactful real-world challenge with interdisciplinary colleagues from around the world in an intensive sprint. Gain the global skills and experience employers are seeking and AI cannot replace.' At the bottom, there is a white rounded rectangle containing the Alman University logo and name in Arabic and English. Below that, it states: 'This program is offered to students at Alman University College of Business Administration in partnership with How to Change the World.'





College of Humanities and Sciences



Training Session Title:
Life Satisfaction: Keys to
Happiness

Duration: 1 hour

**Number of attendees
reached:** 15+

Audience: Students, Faculty
and Staff Members

الرضا عن الحياة:
مفتاح لباب السعادة

التاريخ
12:30 ظهراً - 1:30 ظهراً

التاريخ
15 فبراير 2024

أ. نواف النعيمي
كلية الإنسانيات والعلوم

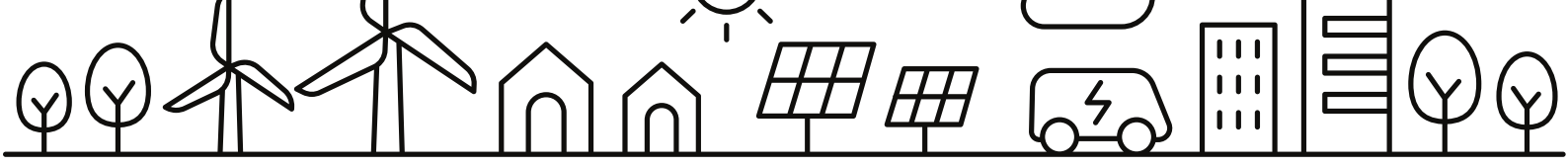


Training Session Title:
Happiness Capsule

Duration: 40 minutes

**Number of attendees
reached:** 10+

Audience: Students, Faculty
and Staff Members



College of Humanities and Sciences

Training Session Title:
Body Image Positivity and Self-esteem

Duration: 1 hour

Number of attendees reached: +20

Audience: Students, Faculty and Staff Members



جامعة عجمان
AJMAN UNIVERSITY

Body Image Positivity & Self-Esteem

DATE
October 26, 2023

TIME
12:30 PM – 1:30 PM

PLACE
Zoom Meeting

PRESENTER
Ms. Nouf Alnuaimi
College of Humanities and Sciences



جامعة عجمان
AJMAN UNIVERSITY

شهادة حضور
CERTIFICATE OF ATTENDANCE
Counseling Unit, Deanship of Student Services,

Proudly present this certificate to

Dr. Nagwa Yousif

In recognition of her participation in Students Support Students program

The webinar title:

Effective Communication with People of Determination:
Practical Guidelines for Enhancing Support and Understanding

On October 8, 2024



D. Bedewy

Dr. Dalia Bedewy

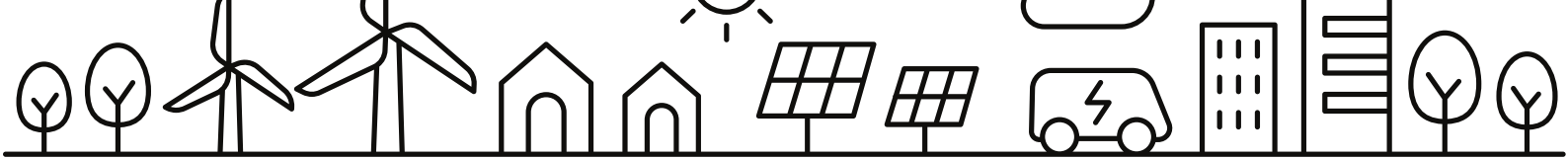
Manager of Counseling Unit

Training Session Title:
Effective Communication with People of Determination: Practical Guidelines for Enhancing Support and Understanding

Duration: 1 hour

Number of attendees reached: 45

Audience: Students



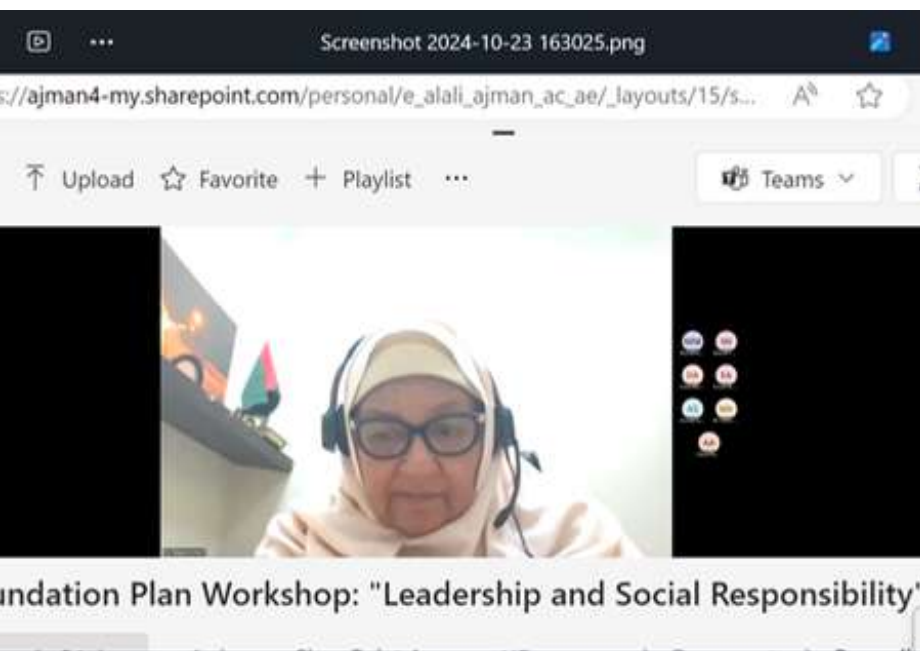
College of Humanities and Sciences

Training Session Title:
Indoor and Outdoor Air
Pollutants and Their Risks
Awareness Session

Duration: 1 hour

**Number of attendees
reached:** 20

Audience: Faculty and
Students

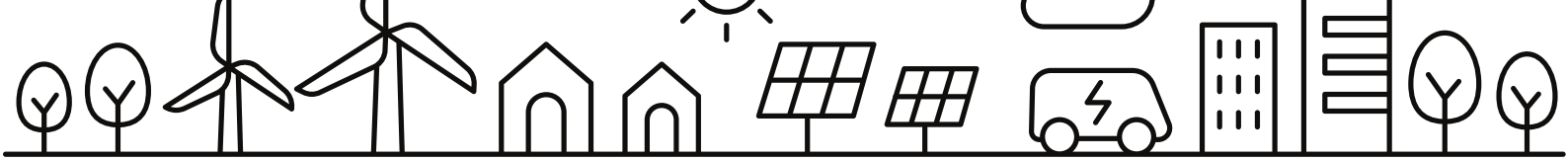


Training Session Title:
Leadership and Social
Responsibility

Duration: 1 hour

**Number of attendees
reached:** 90

Audience: Students



College of Humanities and Sciences

Training Session Title:
2nd International Family and Society Conference: Families Shaping a Sustainable Future

Duration: 2 Days

Number of attendees reached: 70

Audience: Students

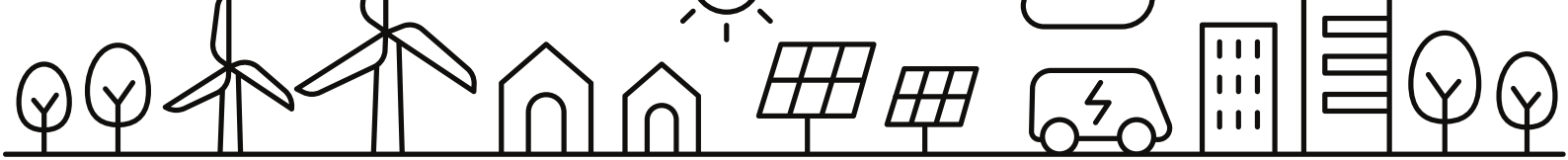


Training Session Title:
Air Pollution

Duration: 2 hours

Number of attendees reached: 40

Audience: Students and staff



College of Humanities and Sciences

Training Session Title:
Digital Transformation and
Sustainable Development
from the Perspective of the
UAE Vision 2071

Duration: 2 Hours

**Number of attendees
reached:** 71

Audience: Students

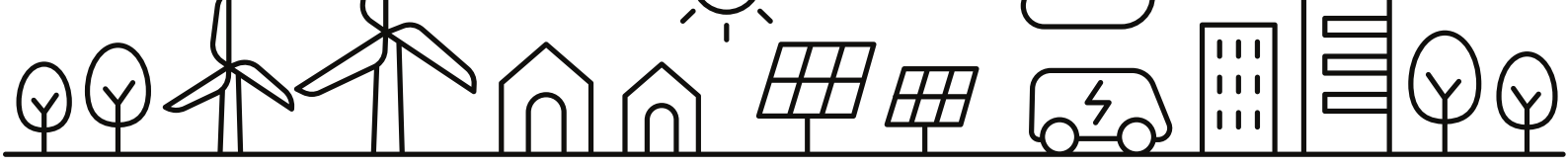


Training Session Title: Awareness rules inside the college

Duration: 1 hour

Number of attendees reached: 6

Audience: Academic Staff



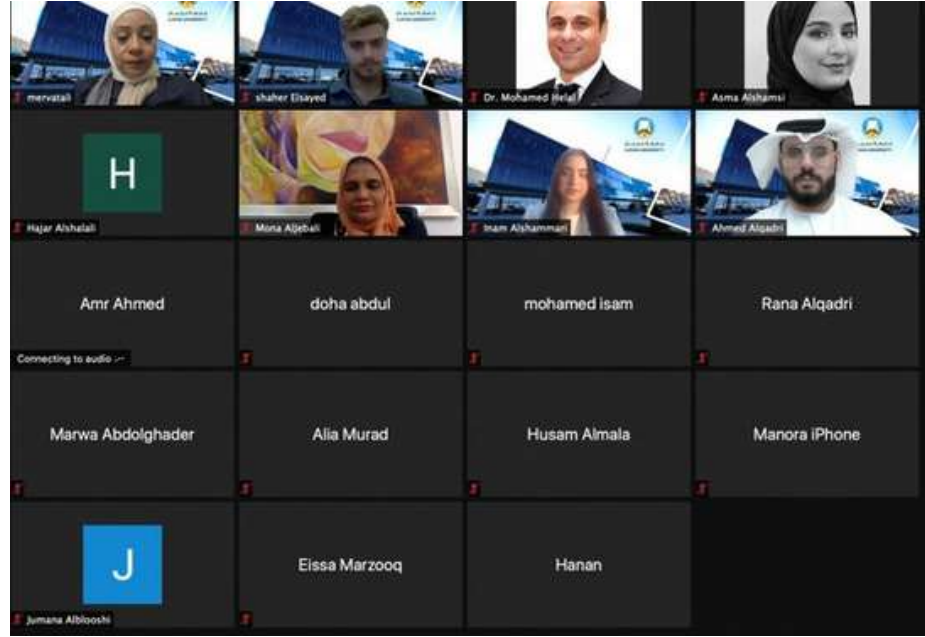
College of Mass Communication

Training Session Title:
Student Life Partners of
Success and Excellence in
Academic Life

Duration: 1 hour

**Number of attendees
reached:** 25

Audience: Students

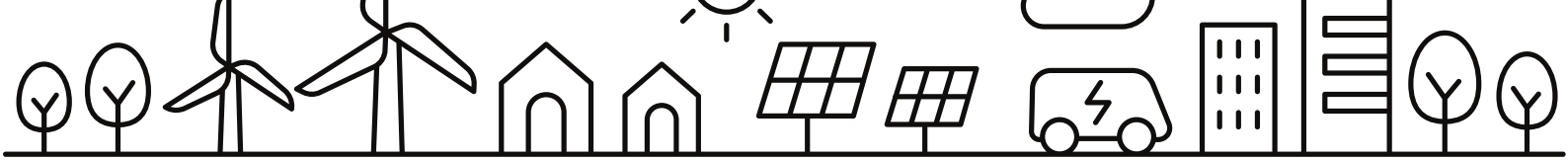


Training Session Title:
The Basics of Mental Health

Duration: 2 hours

**Number of attendees
reached:** 70

Audience: Students, Faculty
and Staff Members



College of Mass Communication

Training Session Title:
From Training to
Employment

Duration: 2 hours

**Number of attendees
reached:** 60

Audience: Students

جامعة عجمان
AJMAN UNIVERSITY

مكتب التطوير
والتدريب

بدعوكم مكتب الخدمات المهنية، بالتعاون مع كلية الإعلام،
إلى حضور ورشة عمل عن بعد، تحت عنوان:

من التدريب إلى التوظيف

المتحدث

الأستاذ / محمد إسماعيل
مدير مكتب الخدمات المهنية - جامعة عجمان

التاريخ: 19 يونيو 2022
الوقت: 3:00 - 4:30 بعد الظهر

المقاعد محدودة والأولوية
للتسجيل المبكر

054227083
0670544

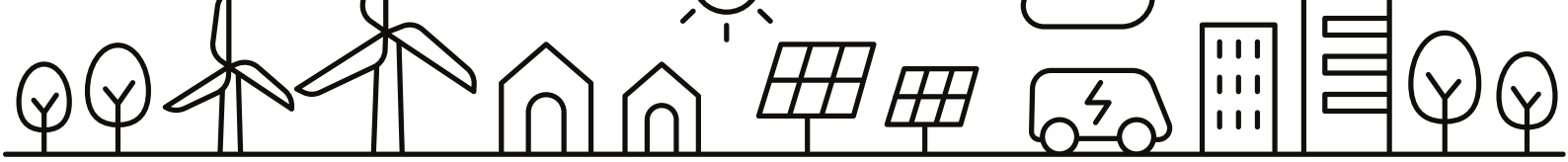


Training Session Title:
Together Towards a Bright
Future for Adolescents

Duration: 3 hours

**Number of attendees
reached:** 70

Audience: Students, Faculty
and Staff Members, and the
General Public



College of Mass Communication

Training Session Title:
Strategies of
Self-Management and
Professional
Life Workshop

Duration: 1 hour 30
minutes

**Number of attendees
reached:** 40

Audience: Students,
Faculty and Staff Members

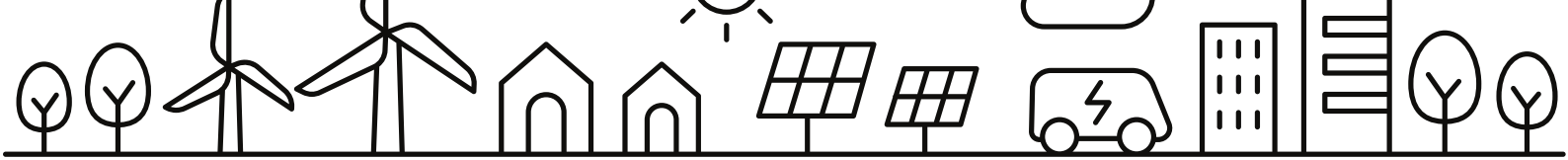


Training Session Title:
Job Market Challenges Facing
Mass Communication
Graduates

Duration: 1 hour 30
minutes

**Number of attendees
reached:** 30

Audience: Students



College of Mass Communication

Training Session Title:
Cultural Forum: Our
Richness in Diversity

Duration: 1 day

**Number of attendees
reached:** 50

Audience: Students,
Faculty and Staff
Members, and the General
Public

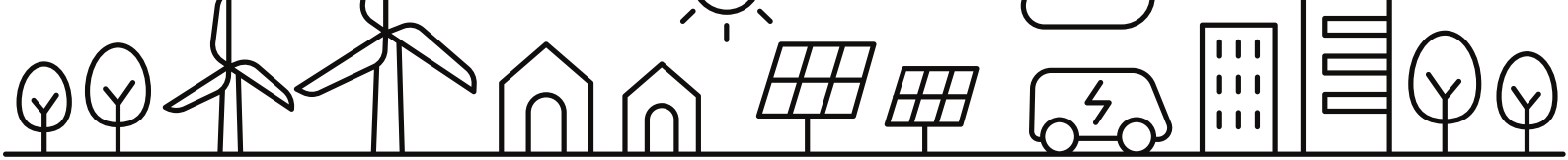


Training Session Title:
The Second Cultural Forum:
Our Richness in Our Diversity

Duration: 1 day

**Number of attendees
reached:** 60

Audience: Students, Faculty
and Staff Members, and the
General Public



College of Mass Communication

Training Session Title:
Sustainability and Digital
Innovation

Duration: 1 and half hour

**Number of attendees
reached:** 24

Audience: Students

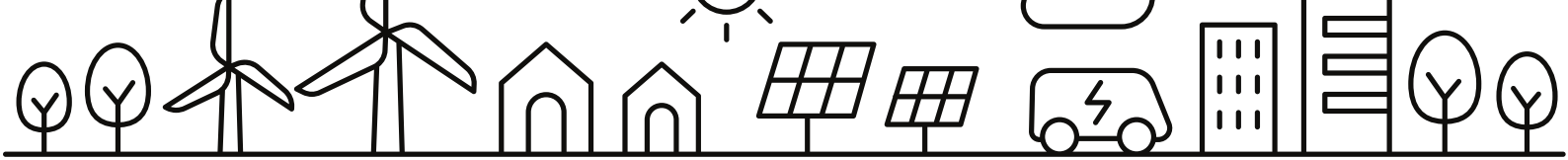


Training Session Title:
Eco Design Packaging
Workshop

Duration: 5 days

**Number of attendees
reached:** 15

Audience: Students



College of Mass Communication

Training Session Title: The plant recycling campaign awareness

Duration: 2 Hours

Number of attendees reached: 24

Audience: Students



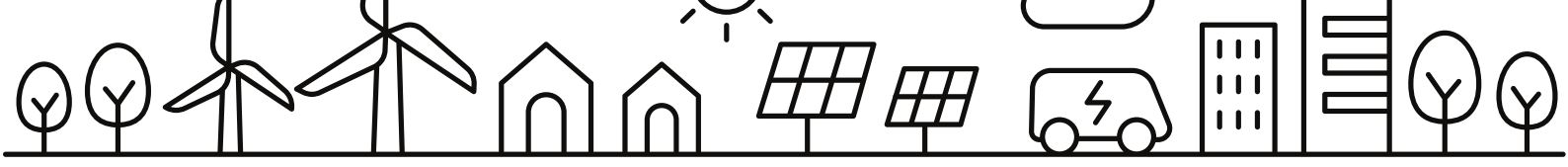
Training Session Title: Water Mate Innovation

Saving water campaign using innovative smart eco shower mat

Duration: 2 Hours

Number of attendees reached: 24

Audience: Students



College of Mass Communication

Training Session Title: Raed space innovation and sustainability

The workshop focuses on UAE's pioneer scientific sustainable innovative project in space

Duration: 2 Hours

Number of attendees reached: 30

Audience: Students



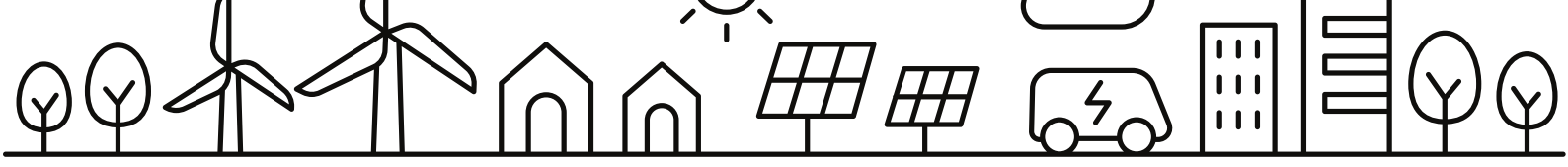
Training Session Title: Ihyaa protecting the forth nature environment

A campaign that aims to create the balance between humans and nature

Duration: 2 Hours

Number of attendees reached: 24

Audience: Students



College of Mass Communication

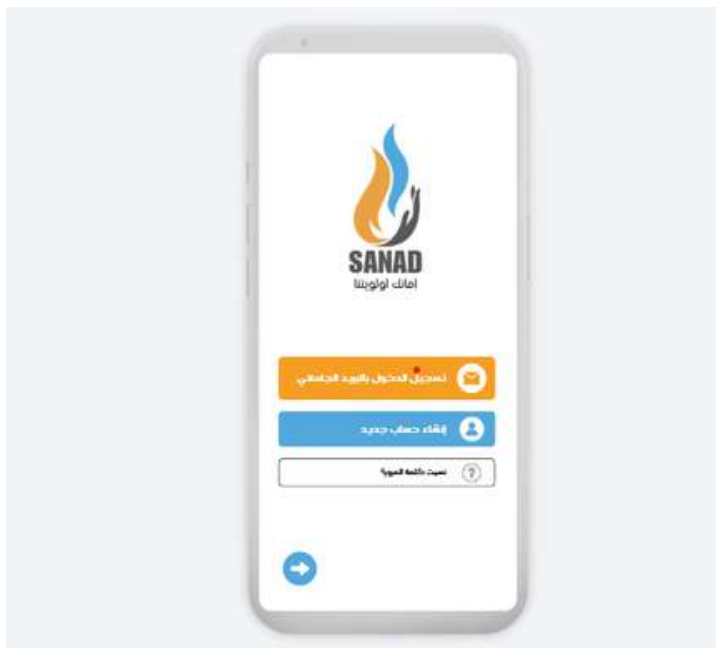
Training Session Title: AI Tools and Prompt Writing: Best Practices for Creative Design

The workshop aims to enhance students' skills in using modern artificial intelligence tools and to help them understand the fundamentals of writing effective prompts.

Duration: 2 Hours

Number of attendees reached: 32

Audience: Graphic Design Students



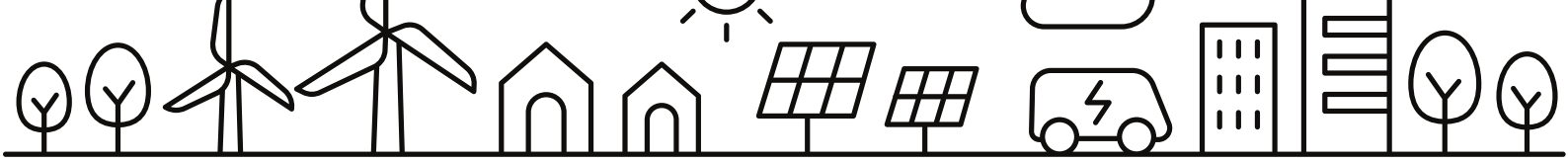
Training Session Title: SANAD

A workshop showcasing an application that advances sustainability during crises.

Duration: 1 Hour and 30 Minutes

Number of attendees reached: 33

Audience: Ajman University Community



College of Mass Communication

Training Session Title: Design for Impact: Connecting Creativity to Sustainability

Mentorship sessions are done during the final semester to support students in embedding sustainability into their graduation projects

Duration: 1 Hour

Number of attendees reached: 44

Audience: Students



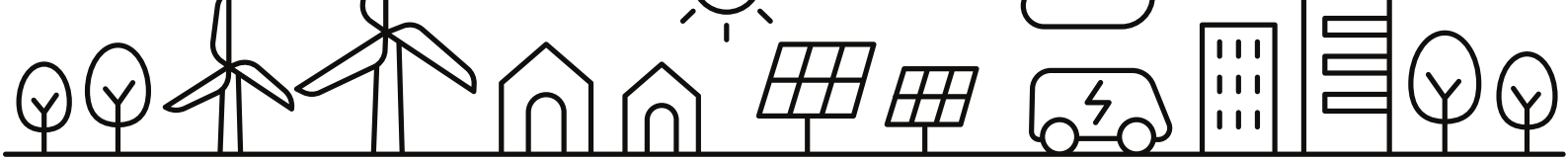
Training Session Title: Design for Impact: Connecting Creativity to Sustainability

Mentorship sessions are offered during the final semester to support students in embedding sustainability into their graduation projects

Duration: 1Hour

Number of attendees reached: 24

Audience: Students



College of Mass Communication

Training Session Title: From idea to entrepreneurship

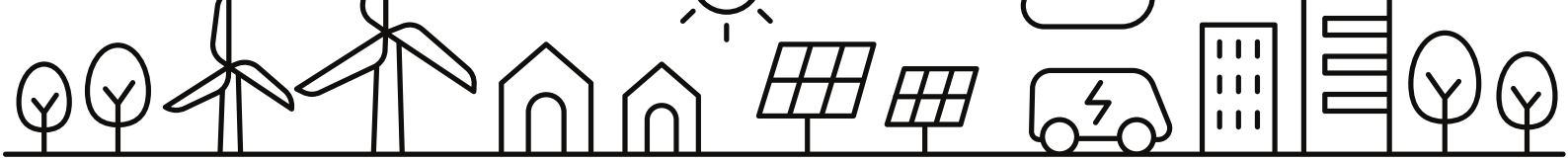
The workshop aims to support entrepreneurs in establishing and developing small businesses.

Duration: 2 Hours and 30 Minutes

Number of attendees reached: 38

Audience: Ajman University Community and Alumni





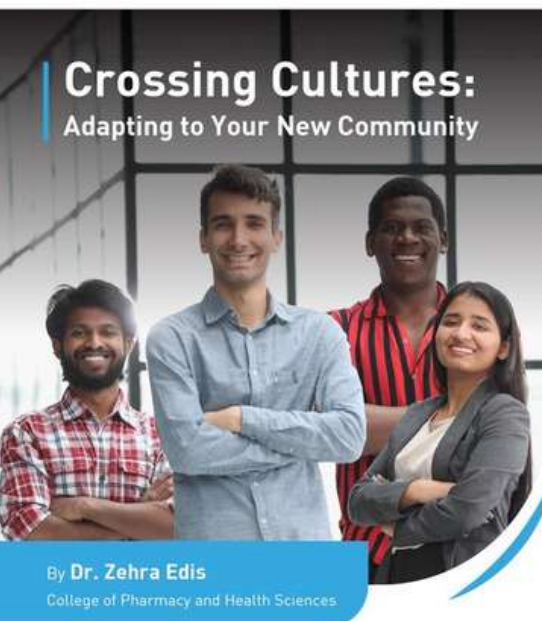
College of Pharmacy and Health Sciences

Training Session Title:
College of Pharmacy and Health Sciences and Ajman Specialty Hospital Partner for Successful Interprofessional World Diabetes Day Event

Duration: 4 Hours

Number of attendees reached: 150

Audience: Patients at Ajman Specialty Hospital



Training Session Title:
Health and Wellness Club of the COPHS Hosts Successful and Interactive Diabetes Awareness Event

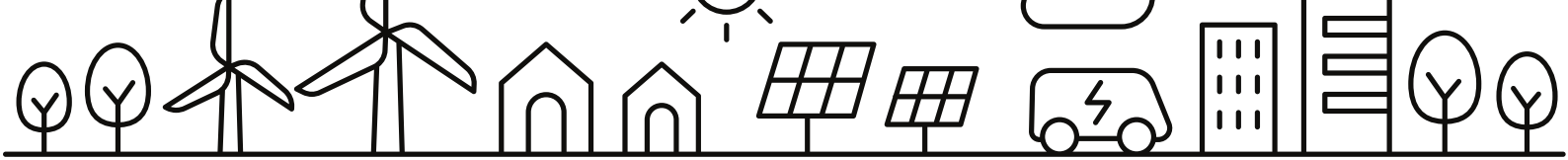
Duration: 1 Hour and 30 Minutes

Number of attendees reached: 100

Audience: A

DATE
August 19, 2024

TIME
1:30 PM - 2:15 PM



College of Pharmacy and Health Sciences

Training Session Title:
Together against breast cancer - awareness campaign

Duration: 2 hours

Number of attendees reached: 50

Audience: Students, Faculty and Staff Members

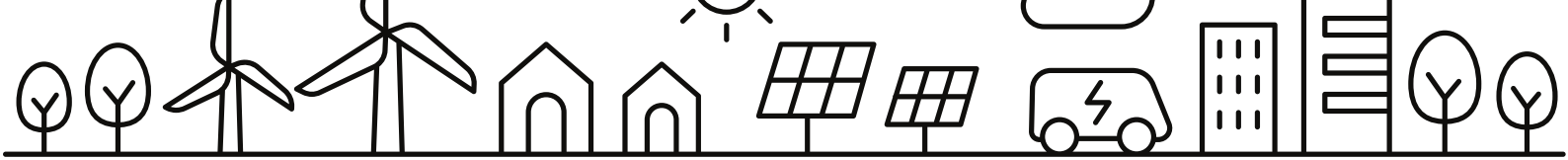


Training Session Title:
Basic Life Support training

Duration: 6 hours

Number of attendees reached: 417

Audience: Students



College of Pharmacy and Health Sciences

Training Session Title:
Stop The Bleed training

Duration: 1 and half hour

Number of attendees reached: 268

Audience: Students



1 THE INCIDENT

At 7:00 PM, a powerful thunderstorm struck the community, bringing 60 mph winds, torrential rain, and flooding in low-lying areas. Roads were blocked by fallen trees, power lines were down, and shelters quickly filled as families sought refuge.

Despite the chaos, the community came together:

- Paramedics treated critical injuries, including concussions and severe bleeding.
- Volunteers with SUVs braved flooded roads to gather supplies and clear debris.
- School shelter provided safety for displaced residents, offering warmth, food, and basic first aid.

2 SCENES OF RESILIENCE

At the Command Center
The community leader issued rapid instructions:

"We've got ten injured and flooding everywhere. Paramedics, handle the critical injuries first. Volunteers, grab supplies from the pharmacy and start clearing the roads for rescue vehicles."

In the Shelter

Displaced families huddled under emergency lights as volunteers tended to injuries.

A nurse checked on a semi-conscious victim. "This one needs hospital care, but the roads are still blocked," she said. "Volunteers coordinated transport while providing emotional support to worried residents."

On the Streets

High-clearance vehicles navigated through rising waters to retrieve medical supplies.

A team of volunteers worked tirelessly, removing branches and debris to open a path for ambulances.

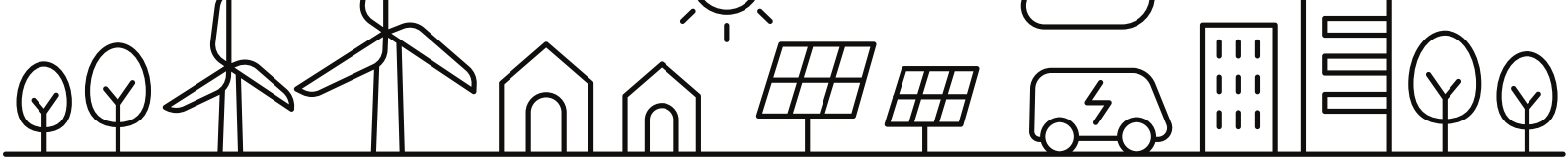


Training Session Title:
Community Response to Disasters training

Duration: 2 and half hours

Number of attendees reached: 298

Audience: Students



College of Pharmacy and Health Sciences

Training Session Title:
Dispatch Center Field Visits

Duration: 2 hours

Number of attendees reached: 37

Audience: Students

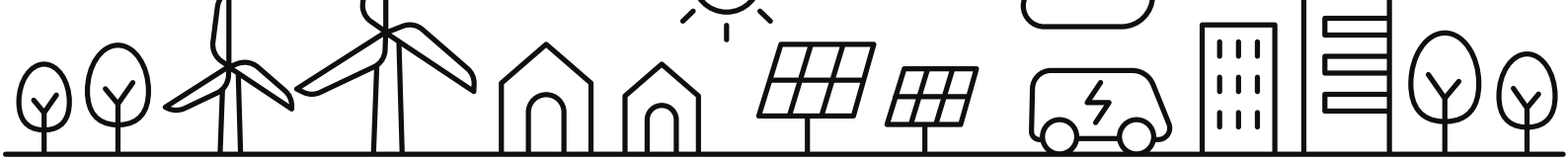


Training Session Title: Pink October Awareness session

Duration: 2 and half hours

Number of attendees reached: 298

Audience: Students



College of Pharmacy and Health Sciences

Training Session Title:

College of Pharmacy and Health Sciences and Ajman Specialty Hospital Partner for Successful Interprofessional World Diabetes Day Event

Duration: 4 Hours

Number of attendees reached: 150

Audience: Students and Patients at Ajman Specialty Hospital



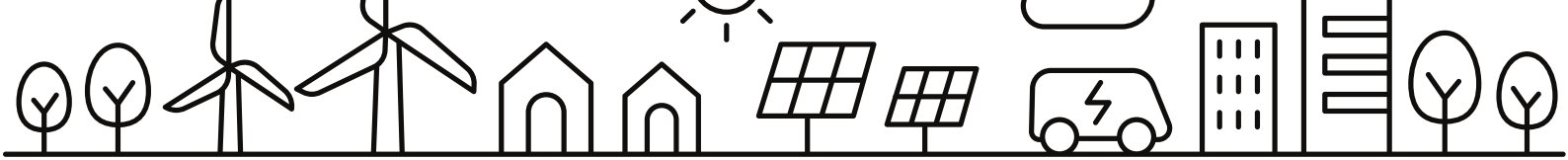
Training Session Title:

Health and Wellness Club of the COPHS Hosts Successful and Interactive Diabetes Awareness Event

Duration: 1 Hour and 30 Minutes

Number of attendees reached: 100

Audience: Ajman University Community



College of Pharmacy and Health Sciences

Training Session Title:

Pharmacy Students Leverage AI-Powered OSCEs to Enhance Mental Health Counselling Skills

Duration: 4 Hours

Number of attendees reached: 60

Audience: Pharmacy Students



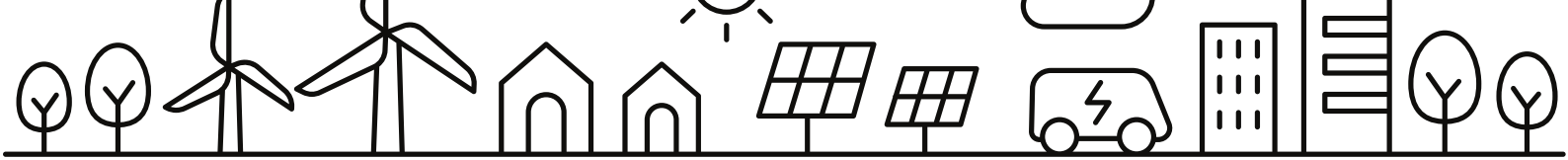
Training Session Title:

Nursing Department Leads High-Impact Diabetes Awareness Event, Strengthening Community Health Education

Duration: 1 Hour and 30 Minutes

Number of attendees reached: 80

Audience: Pharmacy and Nursing Students



College of Pharmacy and Health Sciences

Training Session Title:
Pharmacy and Nursing
Students Collaborate on
Pneumonia Case in
Interprofessional Education
Activity

Duration: 2 Hours

**Number of attendees
reached:** 50

Audience: Pharmacy and
Nursing Students

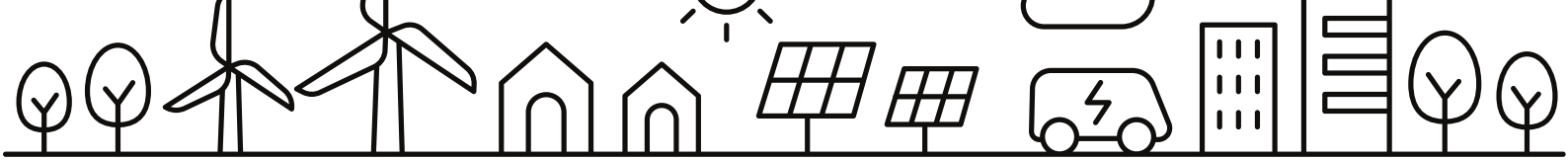


Training Session Title:
College of Pharmacy and Health
Sciences Takes Part in
Nationwide Emirates Foundation
TAKATOF Social Volunteering
Program to Advance Community
Health

Duration: 8 Hours

Number of attendees reached:
50

Audience: Pharmacy and Nursing
Students



College of Architecture, Art and Design

Training Session Title:
Masfoot Sustainable Park
Project – Workshop

Duration: 2 hours per week
for three weeks

**Number of attendees
reached:** 22

Audience: Students

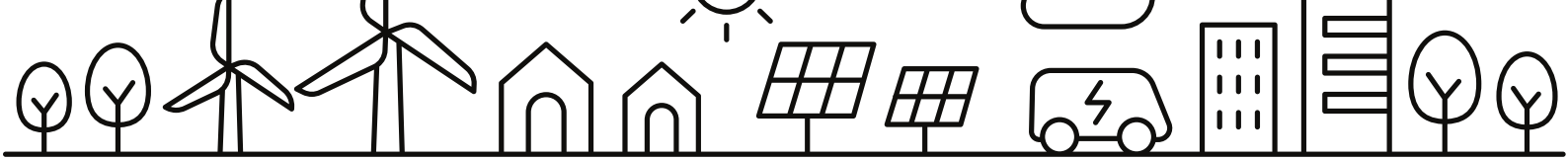


Training Session Title:
Sustainable Pavilions and
Traditional Recycled Artwork
Workshop

Duration: 2 hours per week
for three weeks

**Number of attendees
reached:** 22

Audience: Students



College of Architecture, Art and Design

Training Session Title:
My Heritage, My Identity –
Workshop

Duration: 4 hours

**Number of attendees
reached:** 22

Audience: Students

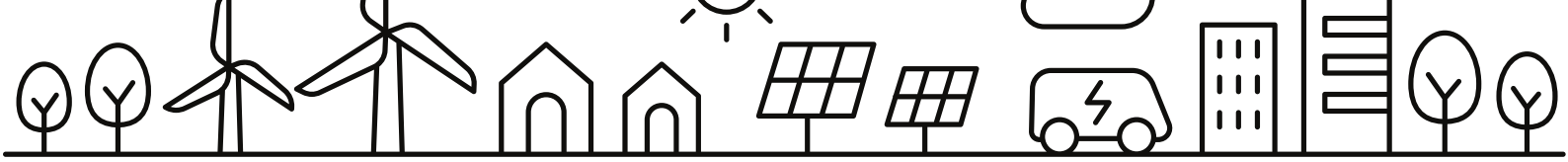


Training Session Title: My
Heritage, is the Future of the
Past – Workshop

Duration: 4 hours

**Number of attendees
reached:** 22

Audience: Students



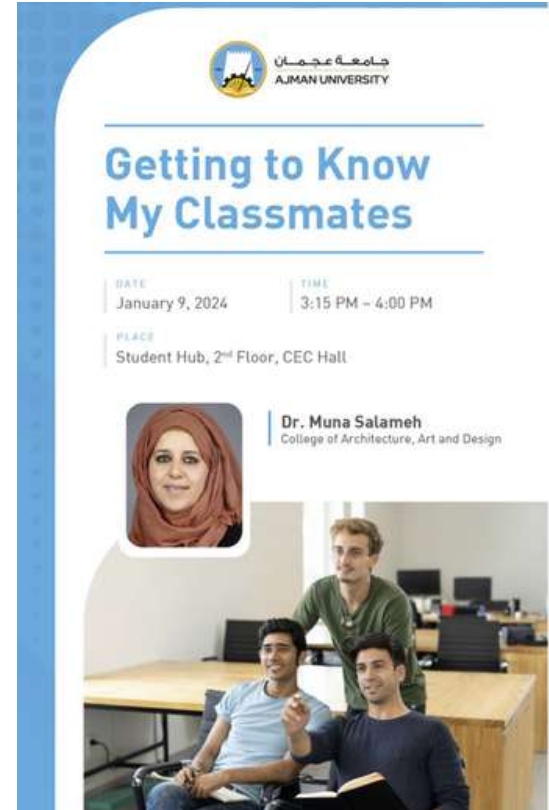
College of Architecture, Art and Design

Training Session Title:
"Getting to Know My Classmates"
for Better Social University Life –
Workshop

Duration: 2 hours

**Number of attendees
reached:** 31

Audience: Students

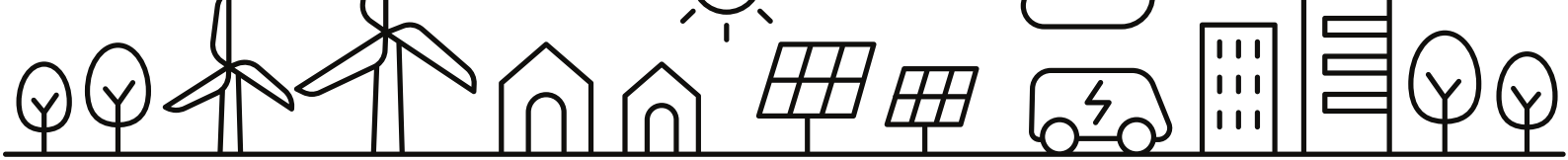


Training Session Title:
Designing for the Needs of
Modern Society: Climate
Resiliency, Sustainability,
and Mobility – Seminar

Duration: 1 hour

**Number of attendees
reached:** +50

Audience: Students, General
Public



College of Architecture, Art and Design

Training Session Title:
My Heritage, My Identity –
Workshop

Duration: 4 hours

**Number of attendees
reached:** 22

Audience: Students

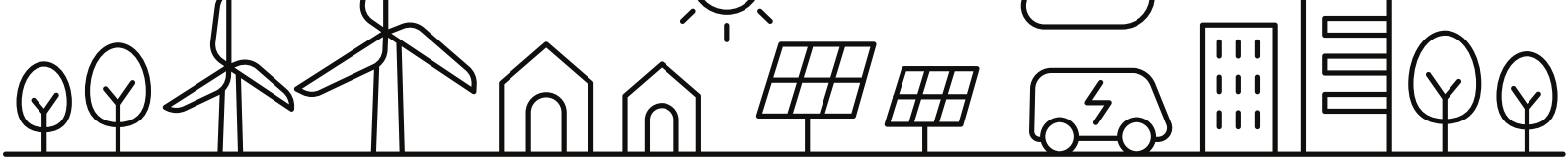


Training Session Title: My
Heritage, is the Future of the
Past – Workshop

Duration: 4 hours

**Number of attendees
reached:** 22

Audience: Students



College of Architecture, Art and Design

Training Session Title:

Beyond Reality: Exploring Mixed Reality, Metaverse, and AI

The workshop aim to introduce students to the exciting world of immersive technologies and artificial intelligence.

Duration: 2 hours

Number of attendees reached: 25

Audience: Students

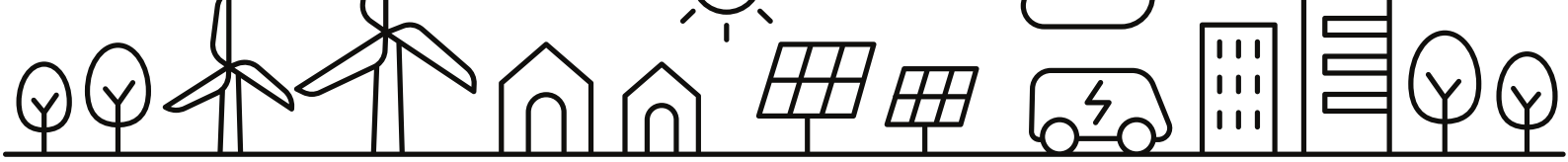


Training Session Title:
Passive Design Solutions:
The Future of the Past
workshop

Duration: 2 hours

Number of attendees reached: 45

Audience: Students



College of Architecture, Art and Design

Training Session Title:
Recycled materials
workshop

Duration: 2 hours

**Number of attendees
reached:** 17

Audience: Students

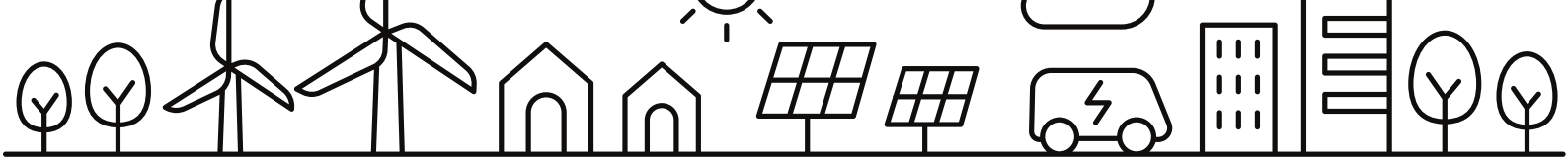


Training Session Title: My
Heritage, My Identity

Duration: 2 hours

**Number of attendees
reached:** 10

Audience: Students



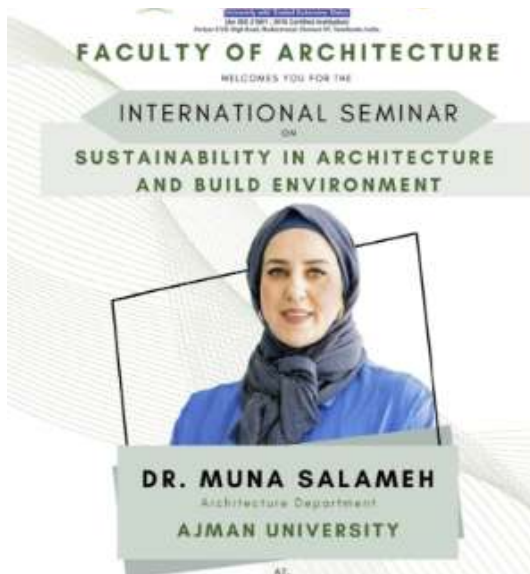
College of Architecture, Art and Design

Training Session Title:
2nd Sustainable Week

Duration: 2 hours

Number of attendees reached: 22

Audience: Students



Training Session Title:
Architecture and Built Environment seminar

Duration: 2 hours

Number of attendees reached: +20

Audience: Students, Public



College of Engineering and IT

Training Session Title:
The Importance of the AED Workshop" by Mr. Maimon Alodi, Naffco

Duration: 1 hour

Number of attendees reached: 50

Audience: Students





College of Medicine



AJMAN UNIVERSITY

College of Medicine
Clinical Science Department

Meeting with Year 6 students December 31, 2024
(to discuss an important policy of the College of Medicine at Ajman University)

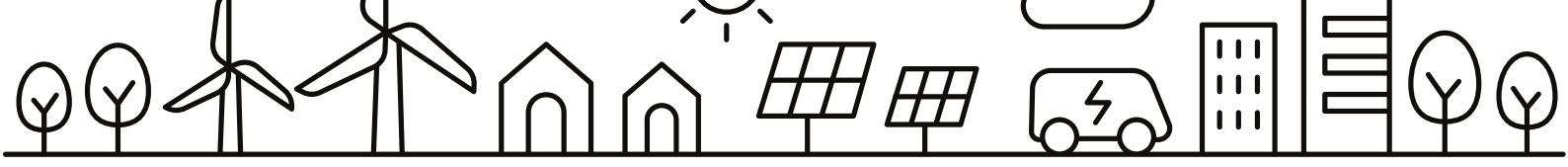
Minutes of Meeting
Fall Semester_2024-2025

Training Session Title: Non-Discrimination Policy

Duration: 30 minutes

Number of attendees reached: 32

Audience: Students



College of Law

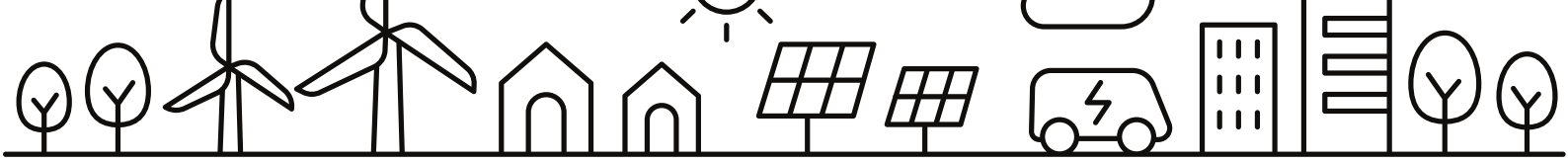
Training Session Title:
"Wadeema" Child Rights Law

Duration: 1 hour

Number of attendees reached: 50

Audience: Students





College of Law

Training Session Title:
National efforts to combat
human trafficking

Ajman University's College of
Law held a workshop on
combating human trafficking
with Sharjah Police

Duration: 2 Hours

**Number of attendees
reached:** 20

Audience: Students



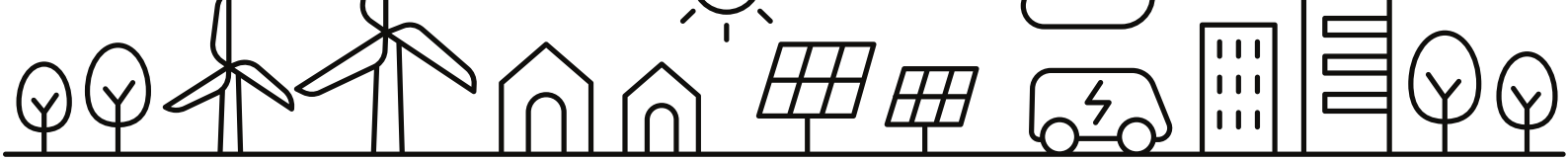
Training Session Title:
Community Program Planning

Community Legal Awareness
Program aimed at raising public
awareness on key social and legal
issues.

Duration: 1 Hour

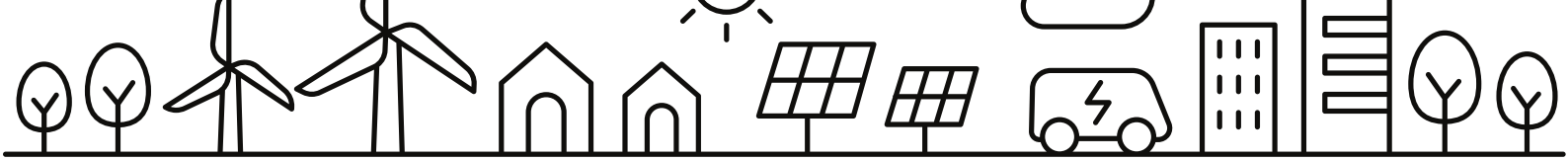
Number of attendees reached:
10

Audience: Students



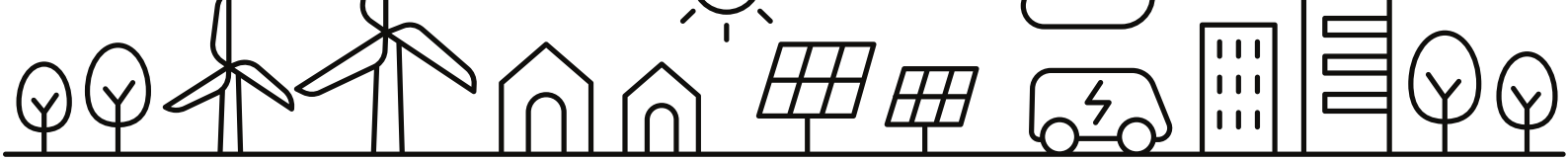
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Balancing Work and Life | 35 minutes | 1 | Faculty and Staff Members |
| Balancing Work and Life as a Work-from-Home Parent | 28 minutes | 2 | Faculty and Staff Members |
| Basic Life Support | 8 hours | 51 | Faculty and Staff Members |
| Being Positive at Work | 33 minutes | 4 | Faculty and Staff Members |
| Build a Career for Positive Social Impact | 27 minutes | 2 | Faculty and Staff Members |
| Building Better Routines | 44 minutes | 2 | Faculty and Staff Members |
| Building Resilience | 34 minutes | 2 | Faculty and Staff Members |



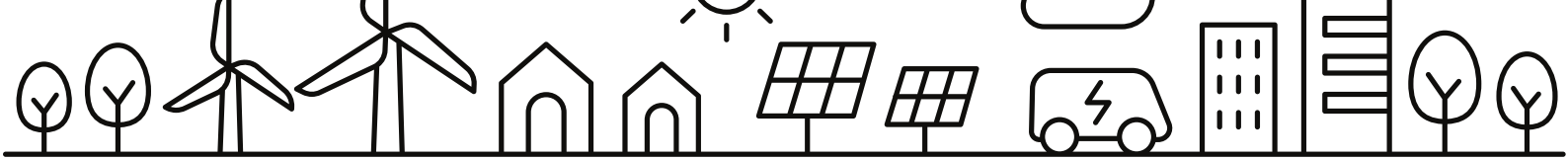
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Building Self-Confidence | 18 minutes | 2 | Faculty and Staff Members |
| Building Trust | 54 minutes | 1 | Faculty and Staff Members |
| Business Ethics | 53 minutes | 1 | Faculty and Staff Members |
| Career Wellness Nano Tips with Shadé Zahrai | 3 minutes | 1 | Faculty and Staff Members |
| Closing the Green Skills Gap to Power a Greener Economy and Drive Sustainability | 23 minutes | 1 | Faculty and Staff Members |
| Coaching Employees through Difficult Situations | 47 minutes | 1 | Faculty and Staff Members |
| Communicating with Confidence | 1 hr 16 min | 3 | Faculty and Staff Members |
| Communicating with Emotional Intelligence | 43 minutes | 1 | Faculty and Staff Members |
| Communicating with Empathy | 37 minutes | 1 | Faculty and Staff Members |



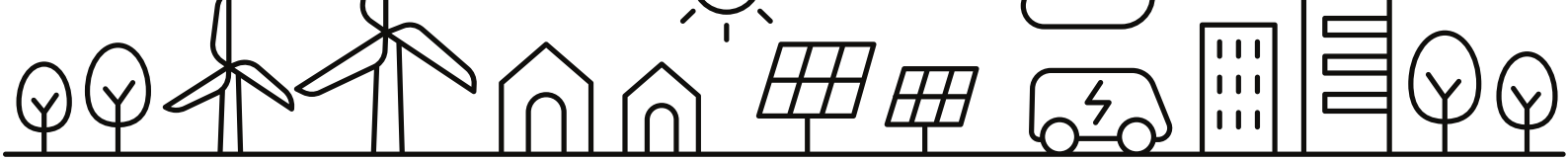
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Construction Management: Safety & Health (2017) | 1 hr 12 min | 2 | Faculty and Staff Members |
| Creating a Positive and Healthy Work Environment | 57 minutes | 1 | Faculty and Staff Members |
| Creating Success from Failures | 43 minutes | 1 | Faculty and Staff Members |
| Creative Problem Solving for Technologists | 42 minutes | 1 | Faculty and Staff Members |
| Culture of Kaizen | 1 hr 34 min | 10 | Faculty and Staff Members |
| Customer Service: Handling Abusive Customers | 36 minutes | 1 | Faculty and Staff Members |
| Developing Cross-Cultural Intelligence (2016) | 52 minutes | 1 | Faculty and Staff Members |



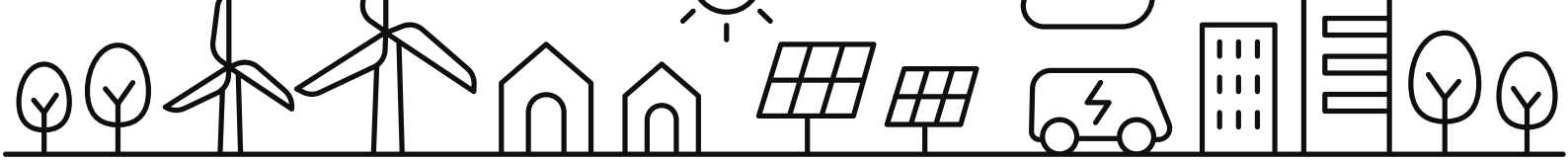
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Developing Your Emotional Intelligence (2017) | 1 hour | 5 | Faculty and Staff Members |
| Diversity Across Generations | 1 hr 3 min | 23 | Faculty and Staff Members |
| Diversity, Inclusion, and Belonging | 35 minutes | 4 | Faculty and Staff Members |
| Emotional Intelligence Basics | 1 hr 4 min | 1 | Faculty and Staff Members |
| Enhancing Resilience | 51 minutes | 1 | Faculty and Staff Members |
| Facilities Mgmt: Social Distancing and PPE | 1 hr 37 min | 1 | Faculty and Staff Members |
| Fundraising and Grants Management | 20 hrs | 1 | Faculty and Staff Members |
| How to Handle Conflict and Toxicity | 21 minutes | 2 | Faculty and Staff Members |



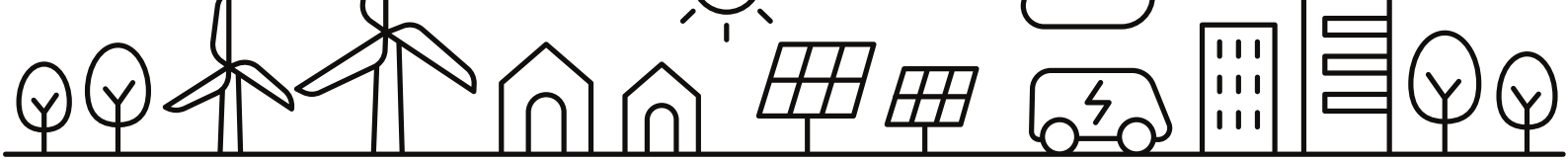
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| How to Innovate and Stay Relevant | 30 minutes | 1 | Faculty and Staff Members |
| How to Listen and Be Heard (getAbstract) | 12 minutes | 1 | Faculty and Staff Members |
| How to Organize Your Time and Life | 23 minutes | 1 | Faculty and Staff Members |
| How to Regain Control of Your Time | 30 minutes | 1 | Faculty and Staff Members |
| How to Speak with Effortless Confidence | 25 minutes | 1 | Faculty and Staff Members |
| How to Talk to Anyone (Blinkist) | 25 minutes | 1 | Faculty and Staff Members |
| Igniting Emotional Engagement | 46 minutes | 1 | Faculty and Staff Members |
| Implementing a Privacy, Risk & Assurance Program | 2 hr 4 min | 1 | Faculty and Staff Members |



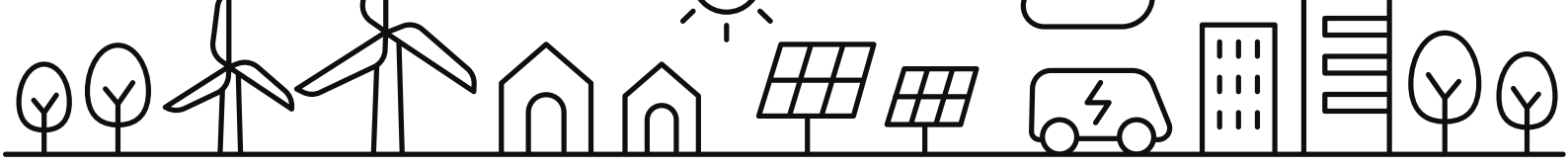
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Improving Emotional Intelligence with Mindfulness | 35 minutes | 1 | Faculty and Staff Members |
| Improving the Value of Your Time | 28 minutes | 1 | Faculty and Staff Members |
| Leading with Emotional Intelligence | 1 hr 15 min | 1 | Faculty and Staff Members |
| Leading with Fearless Mindfulness | 53 minutes | 1 | Faculty and Staff Members |
| Learn Emotional Intelligence, the Key to Success | 32 minutes | 3 | Faculty and Staff Members |
| Learning Design for Sustainability | 1 hr 37 min | 1 | Faculty and Staff Members |
| Managing Depression in the Workplace | 1 hr 3 min | 1 | Faculty and Staff Members |



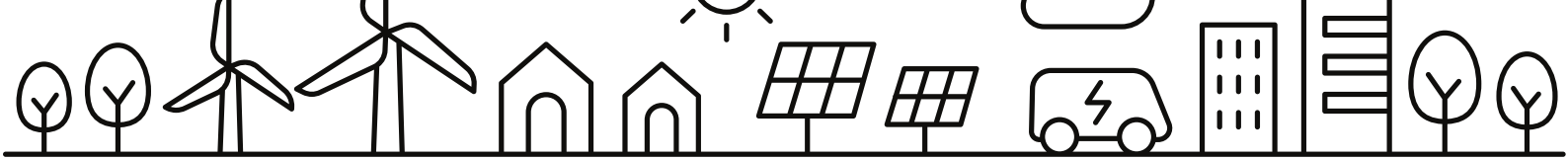
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Managing Innovation | 58 minutes | 1 | Faculty and Staff Members |
| Managing Stress | 21 minutes | 1 | Faculty and Staff Members |
| Managing Your Emotions at Work | 50 minutes | 1 | Faculty and Staff Members |
| Managing Mental Health in First Corporate Job | 6 minutes | 2 | Faculty and Staff Members |
| Mastering the Skill of Confidence | 25 minutes | 1 | Faculty and Staff Members |
| Mindset (Blinkist Summary) | 14 minutes | 1 | Faculty and Staff Members |
| Nano Tips to Stop Overthinking | 7 minutes | 2 | Faculty and Staff Members |



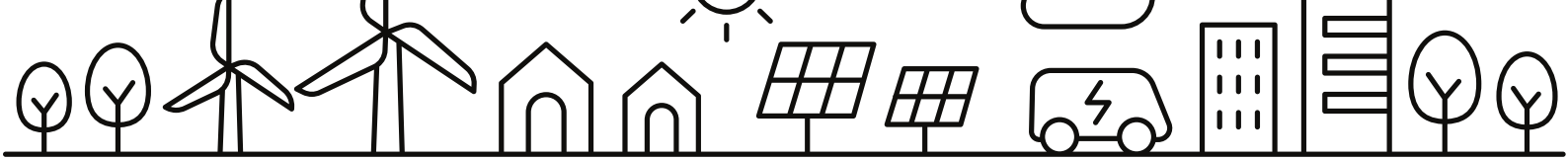
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Navigating Fear of Missing Out (FOMO) | 32 minutes | 1 | Faculty and Staff Members |
| Occupational Safety & Health: Blood-Borne Pathogens | 32 minutes | 3 | Faculty and Staff Members |
| Occupational Safety & Health: Hazard Communication | 49 minutes | 6 | Faculty and Staff Members |
| Occupational Safety & Health: Slips, Trips, and Falls | 44 minutes | 2 | Faculty and Staff Members |
| One-Minute Habits for Success | 40 minutes | 1 | Faculty and Staff Members |
| Operational Excellence Work-Out & Kaizen | 1 hr 10 min | 1 | Faculty and Staff Members |



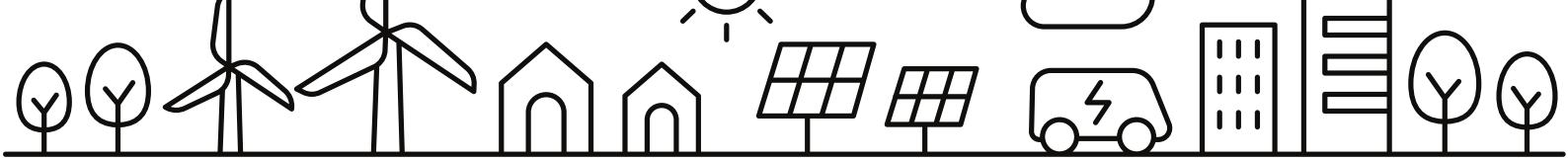
Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Overcome Overthinking | 36 minutes | 1 | Faculty and Staff Members |
| Overcoming Your Fear of Public Speaking | 19 minutes | 1 | Faculty and Staff Members |
| People of Determinations | 8 hours | 28 | Faculty and Staff Members |
| Pool Lifeguard and CPR | 35 hours | 1 | Faculty and Staff Members |
| Preventing Harassment in the Workplace | 56 minutes | 3 | Faculty and Staff Members |
| Principles of Sustainable Development | 1 hr 4 min | 1 | Faculty and Staff Members |
| Productivity Principles to Make Time | 23 minutes | 1 | Faculty and Staff Members |



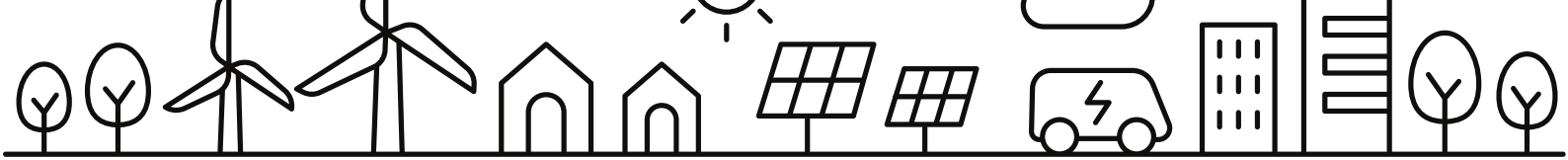
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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Psychological Safety: Blocks to Innovation | 24 minutes | 1 | Faculty and Staff Members |
| Recharge Your Energy for Peak Performance | 51 minutes | 1 | Faculty and Staff Members |
| Reduce Tension with Breathwork | 33 minutes | 1 | Faculty and Staff Members |
| Safeguarding Training | 8 hours | 15 | Faculty and Staff Members |
| Social Interactions for Multinational Teams | 51 minutes | 1 | Faculty and Staff Members |
| Speaking Confidently and Effectively | 22 minutes | 2 | Faculty and Staff Members |
| Speaking Up At Work | 22 minutes | 1 | Faculty and Staff Members |



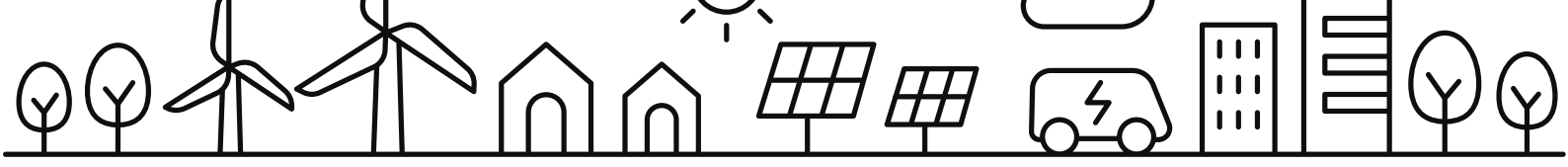
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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Strategies to Foster Inclusive Language at Work | 1 hr 6 min | 3 | Faculty and Staff Members |
| Success Habits | 3 hr 18 min | 1 | Faculty and Staff Members |
| Supporting Workers with Disabilities | 57 minutes | 1 | Faculty and Staff Members |
| Sustainability as an Innovation Opportunity | 55 minutes | 1 | Faculty and Staff Members |
| Sustainability Strategies (2016) | 46 minutes | 1 | Faculty and Staff Members |
| Technology and Design Ethics | 1 hr 33 min | 1 | Faculty and Staff Members |
| Ten Habits of Mentally Strong People | 39 minutes | 1 | Faculty and Staff Members |



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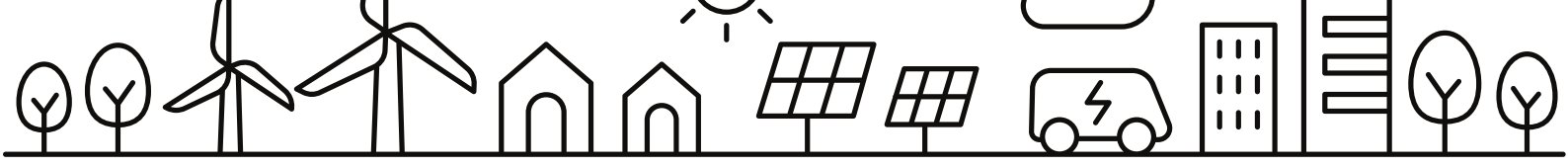
| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| The Employee's Guide to Sustainability | 50 minutes | 1 | Faculty and Staff Members |
| The Good Life (Book Bite) | 9 minutes | 1 | Faculty and Staff Members |
| The Miracle Morning (Blinkist) | 19 minutes | 1 | Faculty and Staff Members |
| The Neuroscience of EI and Self-Awareness | 7 minutes | 1 | Faculty and Staff Members |
| The Procrastination Cure (Blinkist) | 22 minutes | 1 | Faculty and Staff Members |
| Three Steps to Mental Well Being | 54 minutes | 1 | Faculty and Staff Members |
| Thrive at Work from Anywhere | 47 minutes | 1 | Faculty and Staff Members |
| Transform Your Business through Sustainability and Climate Leadership | 1h 29m | 4 | Faculty and Staff Members |



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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Unconscious Bias | 39 minutes | 4 | Faculty and Staff Members |
| Understanding Personal Protective Equipment (PPE) | 1 hr 5 min | 3 | Faculty and Staff Members |
| Use an Entrepreneurial Mindset | 48 minutes | 3 | Faculty and Staff Members |
| Values and Ethics: Case Studies in Action | 42 minutes | 18 | Faculty and Staff Members |
| What To Do When You Are Bullied at Work | 57 minutes | 1 | Faculty and Staff Members |

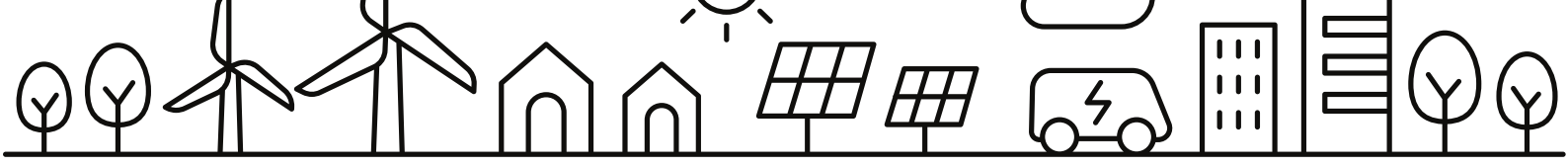




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Activating Your Courage to Increase Workplace Success | 1 Hour | 1 | Faculty and Staff Members |
| Autism in the Workplace | 1 hr 18 minutes | 1 | Faculty and Staff Members |
| Balancing Work and Life | 35 minutes | 1 | Faculty and Staff Members |
| Balancing Work and Life as a Work-from-Home Parent | 28 minutes | 2 | Faculty and Staff Members |
| Basic Life Support | 8 Hours | 51 | Faculty and Staff Members |

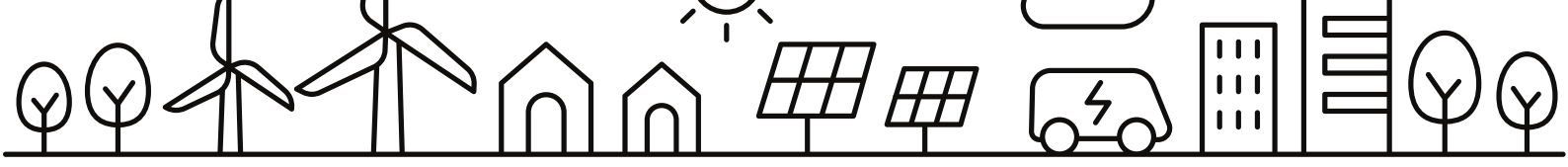




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Being Positive at Work | 33 minutes | 4 | Faculty and Staff Members |
| Bluebeam: Manage Safety Submittals | 1 hr 33 minutes | 1 | Faculty and Staff Members |
| Build a Career for Positive Social Impact | 27 minutes | 2 | Faculty and Staff Members |
| Building Better Routines | 44 minutes | 2 | Faculty and Staff Members |
| Building Net Positive Companies: Driving Sustainability in Your Business | 1 hr 2 minutes | 1 | Faculty and Staff Members |

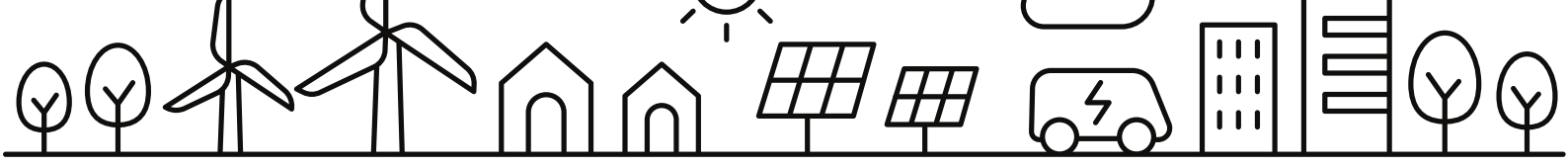




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Strategic Leadership | 9 hours | 1 | Faculty and Staff Members |
| Building Resilience | 34 minutes | 2 | Faculty and Staff Members |
| Building Self-Confidence | 18 minutes | 2 | Faculty and Staff Members |
| Building Social Muscle: Mastering Awkwardness to Strengthen Work Relationships | 1 hr 23 minutes | 1 | Faculty and Staff Members |
| Building Trust | 54 minutes | 1 | Faculty and Staff Members |

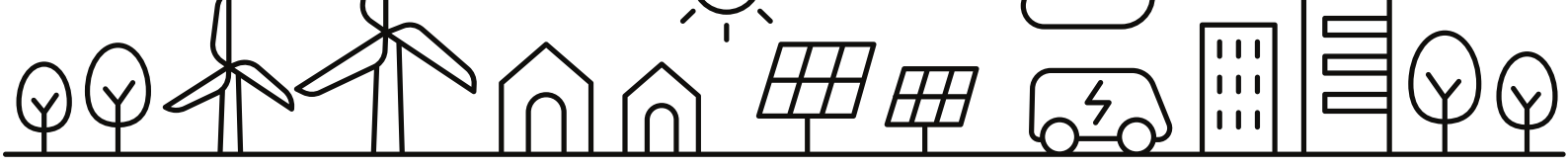




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Building Your Social Perceptiveness | 1 hr 5 minutes | 1 | Faculty and Staff Members |
| Business Ethics | 53 minutes | 1 | Faculty and Staff Members |
| Career Wellness Nano Tips with Shadé Zahai | 3 minutes | 1 | Faculty and Staff Members |
| Climate Adaptation and the Cost of Inaction | 19 minutes | 1 | Faculty and Staff Members |
| Climate Justice and Sustainable Business Practices | 29 minutes | 2 | Faculty and Staff Members |

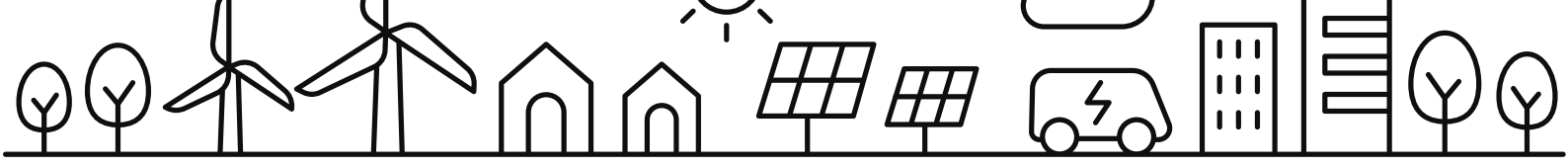




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Closing the Green Skills Gap to Power a Greener Economy and Drive Sustainability | 23 minutes | 1 | Faculty and Staff Members |
| Coaching Employees through Difficult Situations | 47 minutes | 1 | Faculty and Staff Members |
| Communicating with Confidence | 1 hr 16 minutes | 3 | Faculty and Staff Members |
| Communicating with Emotional Intelligence | 43 minutes | 1 | Faculty and Staff Members |
| Communicating with Empathy | 37 minutes | 1 | Faculty and Staff Members |

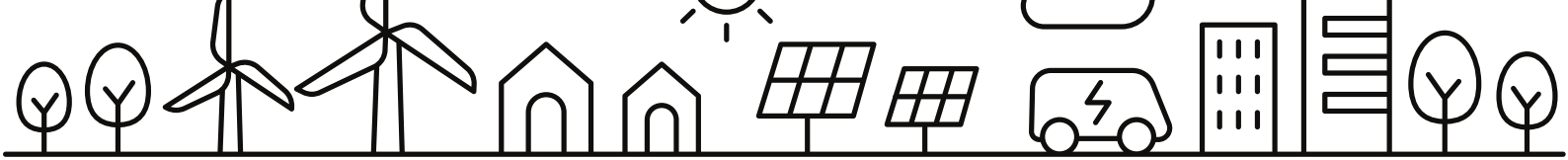




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|--|-----------------|------------------------------------|---------------------------|
| Conflict Resolution | 8 Hours | 13 | Faculty and Staff Members |
| Construction Management: Safety & Health (2017) | 1 hr 12 minutes | 3 | Faculty and Staff Members |
| Corporate Finance: Environmental, Social, and Governance (ESG) | 1 hr 57 minutes | 1 | Faculty and Staff Members |
| Creating a Positive and Healthy Work Environment | 57 minutes | 1 | Faculty and Staff Members |
| Creating Positive Conversations with Challenging Customers | 30 minutes | 1 | Faculty and Staff Members |

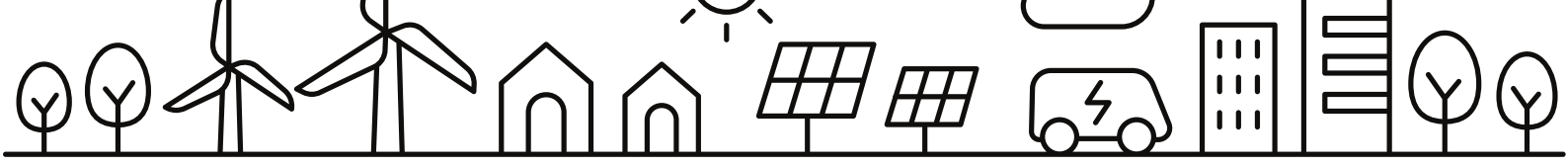




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|---|-----------------|------------------------------------|---------------------------|
| Creating Success from Failures | 43 minutes | 1 | Faculty and Staff Members |
| Creative Problem Solving for Technologists | 42 minutes | 1 | Faculty and Staff Members |
| Culture of Kaizen | 1 hr 34 minutes | 10 | Faculty and Staff Members |
| Customer Service: Handling Abusive Customers | 36 minutes | 1 | Faculty and Staff Members |
| Customer Success: Skills for Successful Client Interactions | 13 minutes | 1 | Faculty and Staff Members |

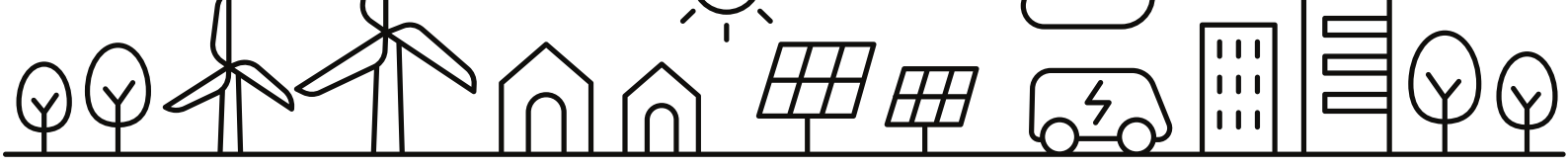




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Developing Cross-Cultural Intelligence (2016) | 52 minutes | 1 | Faculty and Staff Members |
| Developing Effective Interpersonal and Communication Skills | 18 Hours | 11 | Faculty and Staff Members |
| Developing Self-Awareness | 57 minutes | 2 | Faculty and Staff Members |
| Developing Your Emotional Intelligence (2017) | 1 Hour | 5 | Faculty and Staff Members |
| Discover Your Stress Personality | 49 minutes | 2 | Faculty and Staff Members |

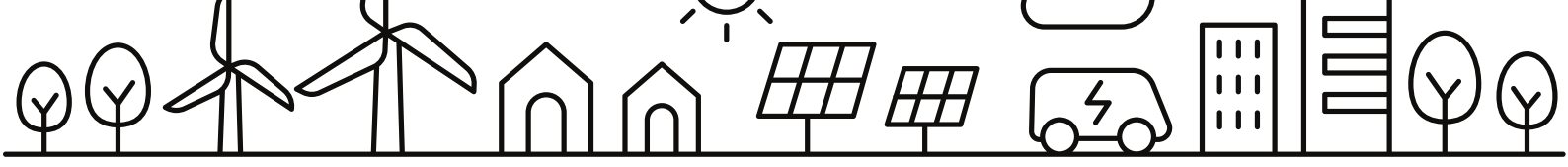




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|---|-----------------|------------------------------------|---------------------------|
| Discovering Your Strengths | 55 minutes | 1 | Faculty and Staff Members |
| Diversity Across Generations | 1 hr 3 minutes | 23 | Faculty and Staff Members |
| Diversity, Inclusion, and Belonging | 35 minutes | 4 | Faculty and Staff Members |
| Driving Sustainability at Your Organization | 53 minutes | 2 | Faculty and Staff Members |
| Driving Your Own Engagement at Work | 22 minutes | 2 | Faculty and Staff Members |

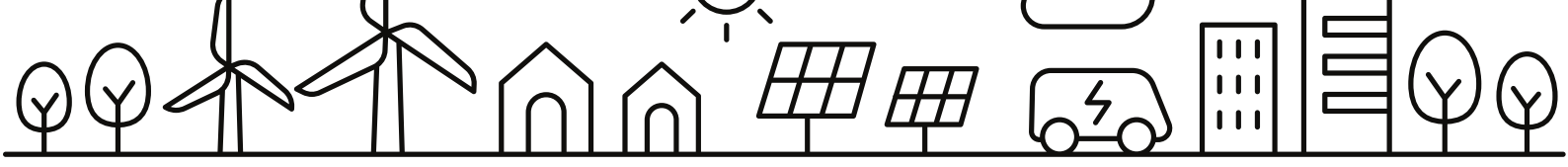




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|--|-----------------|------------------------------------|---------------------------|
| Emergency Medicine Trends & Challenges | 18 hours | 8 | Faculty and Staff Members |
| Emotional Intelligence Basics | 1 hr 4 minutes | 1 | Faculty and Staff Members |
| Employee Engagement: Making Sustainability Part of Everybody's Job | 1 hr 2 minutes | 2 | Faculty and Staff Members |
| Enhancing Resilience | 51 minutes | 1 | Faculty and Staff Members |
| Environmental, Social, and Governance (ESG) Fundamentals for Financial Decision-Making | 1 hr 50 minutes | 1 | Faculty and Staff Members |

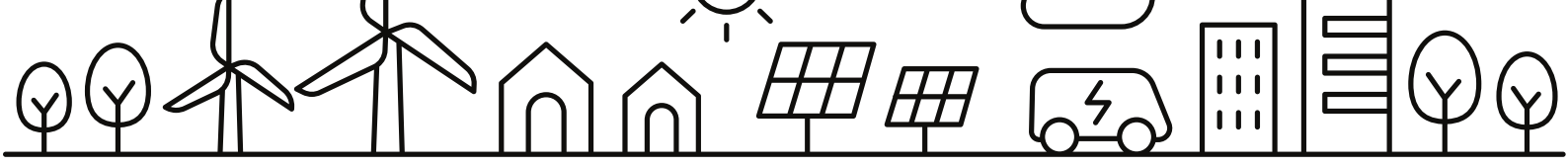




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Equity First: The Path to Inclusion and Belonging | 1h 15 min | 2 | Faculty and Staff Members |
| Facilities Mgmt: Social Distancing and PPE | 1 hr 37 minutes | 1 | Faculty and Staff Members |
| From Compliance to Culture: A Leadership Approach to Safety Governance | 45 minutes | 1 | Faculty and Staff Members |
| Fundraising and Grants Management | 20 hours | 1 | Faculty and Staff Members |
| How to Develop Friendships and Connect Meaningfully with Work Colleagues | 58 minutes | 2 | Faculty and Staff Members |

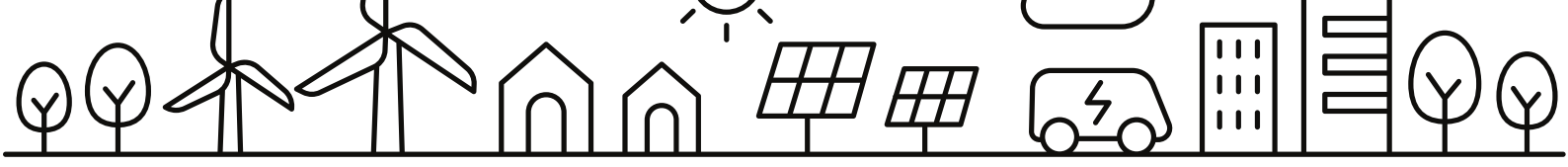




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| How to Handle Conflict and Toxicity | 21 minutes | 2 | Faculty and Staff Members |
| How to Innovate and Stay Relevant | 30 minutes | 1 | Faculty and Staff Members |
| How to Listen and Be Heard (get Abstract) | 12 minutes | 1 | Faculty and Staff Members |
| How to Organize Your Time and Life | 23 minutes | 1 | Faculty and Staff Members |
| How to Perform Business Analysis in a Virtual Environment | 1h 30 minutes | 2 | Faculty and Staff Members |

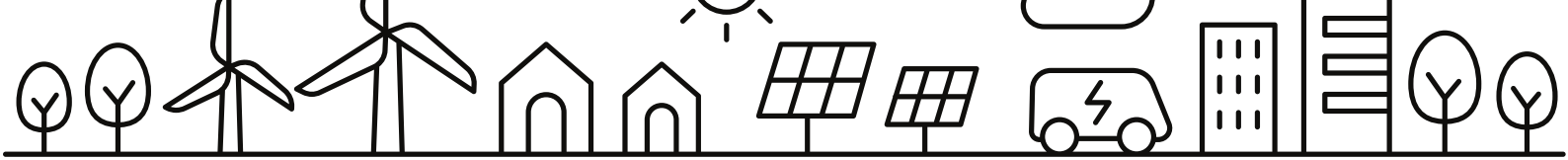




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| How to Regain Control of Your Time, Energy, and Priorities | 30 minutes | 2 | Faculty and Staff Members |
| How to Speak with Effortless Confidence | 25 minutes | 1 | Faculty and Staff Members |
| How to Talk to Anyone (Blinkist) | 25 minutes | 1 | Faculty and Staff Members |
| Humor in the Workplace | 45 minutes | 1 | Faculty and Staff Members |
| Igniting Emotional Engagement | 46 minutes | 2 | Faculty and Staff Members |

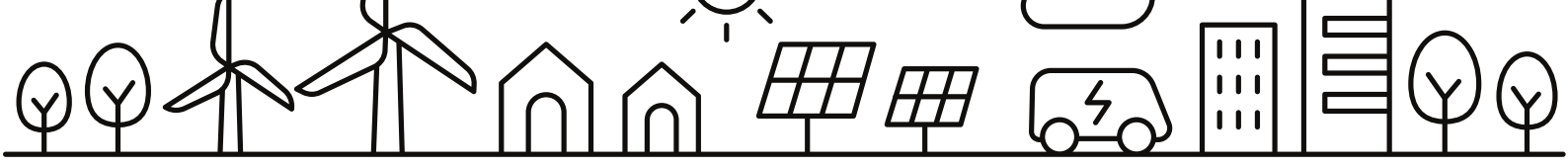




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Implementing a Privacy, Risk & Assurance Program | 2 h 4 minutes | 1 | Faculty and Staff Members |
| Improving Emotional Intelligence with Mindfulness | 35 minutes | 1 | Faculty and Staff Members |
| Improving the Value of Your Time | 28 minutes | 1 | Faculty and Staff Members |
| Inclusion During Difficult Times | 37 minutes | 2 | Faculty and Staff Members |
| Introduction to ESG: Environmental, Social, and Governance | 43 minutes | 3 | Faculty and Staff Members |

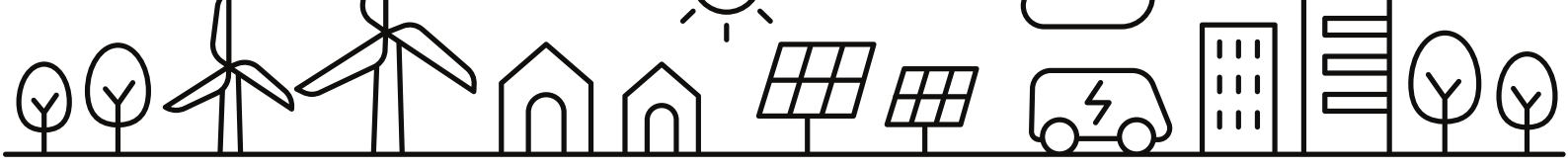




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|--|-----------------|------------------------------------|---------------------------|
| Leading with Emotional Intelligence | 1h 15 min | 1 | Faculty and Staff Members |
| Leading with Fearless Mindfulness | 53 minutes | 1 | Faculty and Staff Members |
| Lean Six Sigma for a Sustainable Future | 36 minutes | 1 | Faculty and Staff Members |
| Learn Emotional Intelligence, the Key to Success | 32 minutes | 3 | Faculty and Staff Members |
| Learning Design for Sustainability | 1h 37 min | 1 | Faculty and Staff Members |

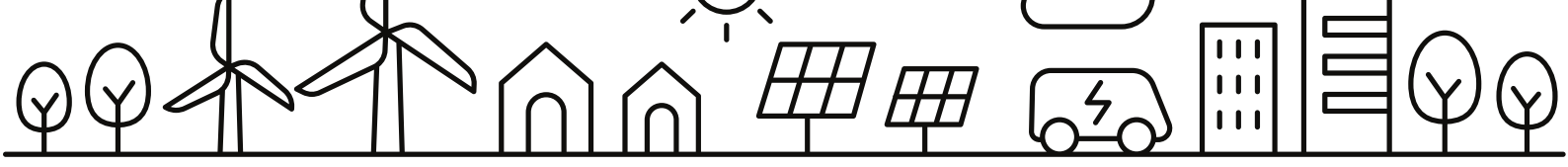




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|--|-----------------|------------------------------------|---------------------------|
| Leveraging AI for Employee Mental Wellness | 51 minutes | 1 | Faculty and Staff Members |
| Make Belonging Real in the Workplace | 1 hour | 1 | Faculty and Staff Members |
| Managing Anxiety in the Workplace | 1 hr 11 minutes | 1 | Faculty and Staff Members |
| Managing Depression in the Workplace | 1 hr 3 minutes | 1 | Faculty and Staff Members |
| Managing Innovation | 58 minutes | 1 | Faculty and Staff Members |

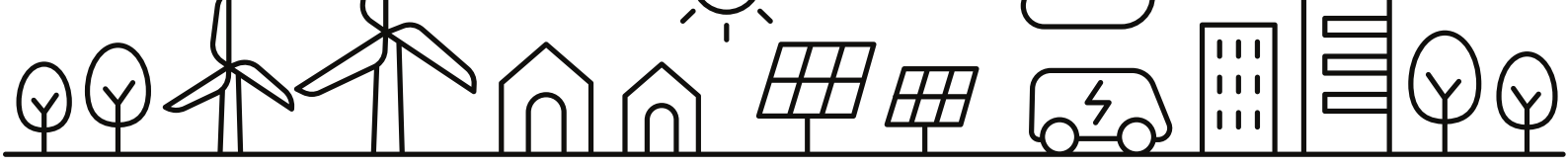




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|--|-----------------|------------------------------------|---------------------------|
| Managing Mental Health in First Corporate Job | 6 minutes | 2 | Faculty and Staff Members |
| Managing Stress | 21 minutes | 1 | Faculty and Staff Members |
| Managing Your Emotions at Work | 50 minutes | 1 | Faculty and Staff Members |
| Mastering the Skill of Confidence | 25 minutes | 1 | Faculty and Staff Members |
| Mindful Communication for Less Conflict and Stronger Relationships | 49 minutes | 1 | Faculty and Staff Members |

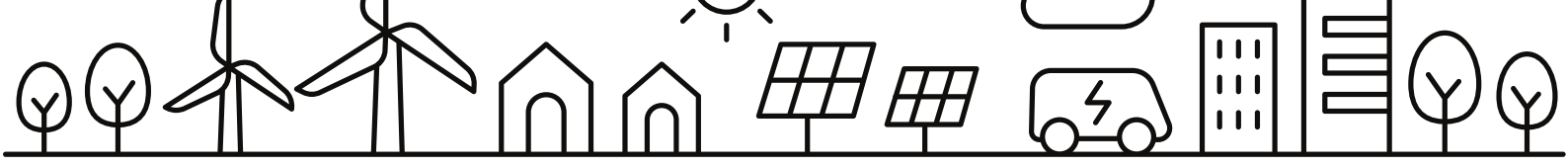




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Mindset (Blinkist Summary) | 14 minutes | 1 | Faculty and Staff Members |
| Nano Tips for Managing Workplace Stress with Melody Wilding | 12 minutes | 2 | Faculty and Staff Members |
| Nano Tips to Stop Overthinking | 7 minutes | 2 | Faculty and Staff Members |
| Navigating Fear of Missing Out (FOMO) | 32 minutes | 1 | Faculty and Staff Members |
| Navigating Personal Trauma and Triggers at Work | 54 minutes | 1 | Faculty and Staff Members |

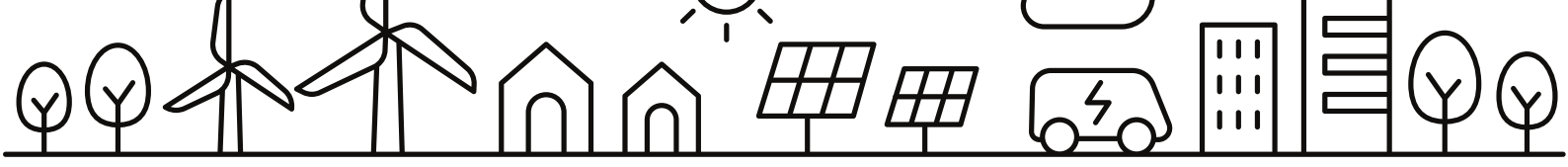




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Occupational Safety & Health: Blood-Borne Pathogens | 32 minutes | 5 | Faculty and Staff Members |
| Occupational Safety & Health: Hazard Communication | 49 minutes | 6 | Faculty and Staff Members |
| Occupational Safety & Health: Slips, Trips, and Falls | 44 minutes | 2 | Faculty and Staff Members |
| Occupational Safety and Health: Fire and Emergency Preparedness | 55 minutes | 1 | Faculty and Staff Members |
| Occupational Safety and Health: Working in the Heat | 56 minutes | 3 | Faculty and Staff Members |

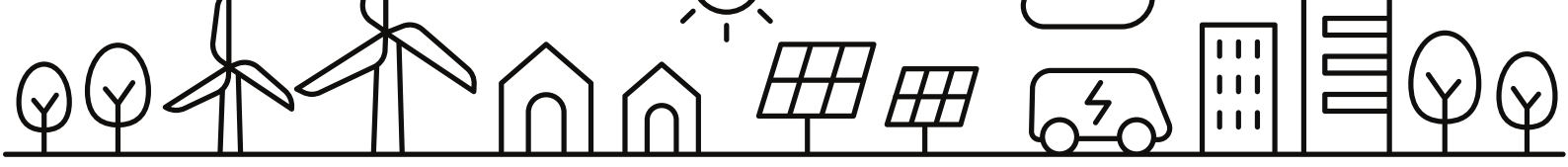




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| One-Minute Habits for Success | 40 minutes | 1 | Faculty and Staff Members |
| Operational Excellence Work-Out & Kaizen | 1 hr 10 minutes | 1 | Faculty and Staff Members |
| Overcome Overthinking | 36 minutes | 1 | Faculty and Staff Members |
| Overcoming Overwork: A Guide to More Sustainable Success | 48 minutes | 1 | Faculty and Staff Members |
| Overcoming Your Fear of Public Speaking | 19 minutes | 1 | Faculty and Staff Members |

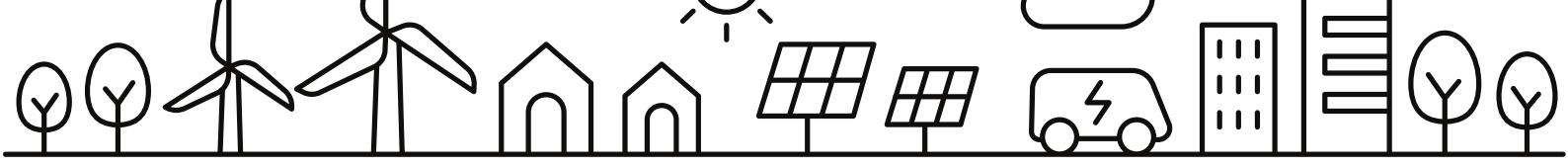




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| People of Determinations | 8 hours | 28 | Faculty and Staff Members |
| Pool Lifeguard and CPR | 35 hours | 1 | Faculty and Staff Members |
| Preventing Harassment in the Workplace | 56 minutes | 3 | Faculty and Staff Members |
| Principles of Sustainable Development | 1 hr 4 minutes | 1 | Faculty and Staff Members |
| Productivity Principles to Make Time | 23 minutes | 1 | Faculty and Staff Members |

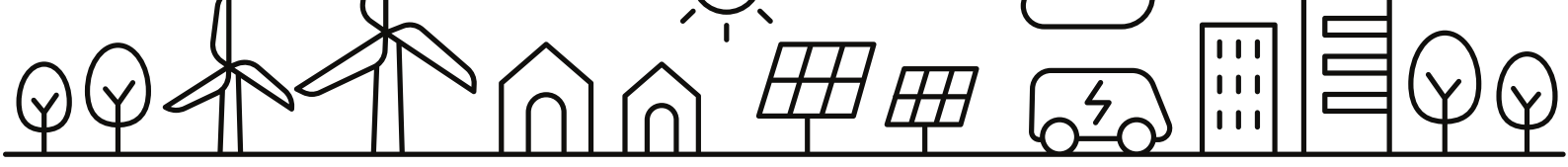




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Protect Your Well-being Through Change and Uncertainty | 32 minutes | 1 | Faculty and Staff Members |
| Psychological Safety: Blocks to Innovation | 24 minutes | 1 | Faculty and Staff Members |
| Radiation Protection in Dental Radiology | 7 h 5 minutes | 2 | Faculty and Staff Members |
| Recharge Your Energy for Peak Performance | 51 minutes | 1 | Faculty and Staff Members |
| Recognizing and Rewarding Your Workers | 37 minutes | 1 | Faculty and Staff Members |

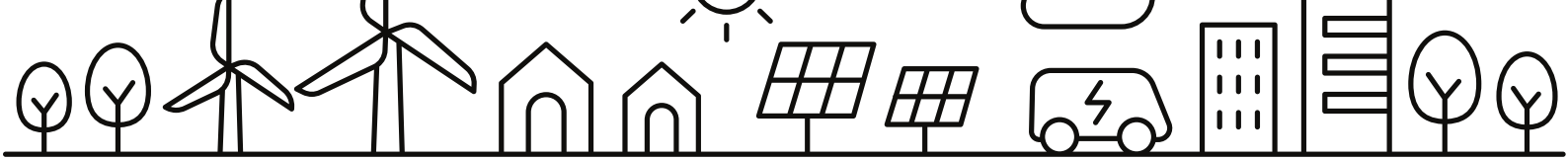




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Rediscovering Your Joy, Energy, and Purpose | 47 minutes | 2 | Faculty and Staff Members |
| Reduce Stress and Anxiety by Managing Your Nervous System | 36 minutes | 1 | Faculty and Staff Members |
| Reduce Tension with Breathwork | 33 minutes | 1 | Faculty and Staff Members |
| Safeguarding Training | 8 hours | 15 | Faculty and Staff Members |
| Social Interactions for Multinational Teams | 51 minutes | 1 | Faculty and Staff Members |

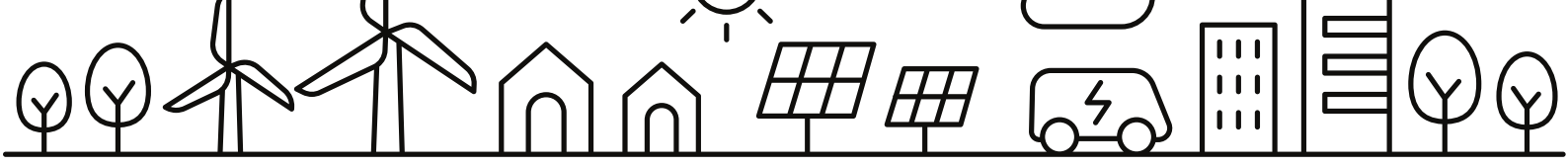




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|---|-----------------|------------------------------------|---------------------------|
| Speaking Confidently and Effectively | 22 minutes | 2 | Faculty and Staff Members |
| Speaking Up At Work | 22 minutes | 1 | Faculty and Staff Members |
| Strategic Business Partner Certification | 27 hours | 1 | Faculty and Staff Members |
| Strategies to Foster Inclusive Language at Work | 1 hr 6 minutes | 3 | Faculty and Staff Members |

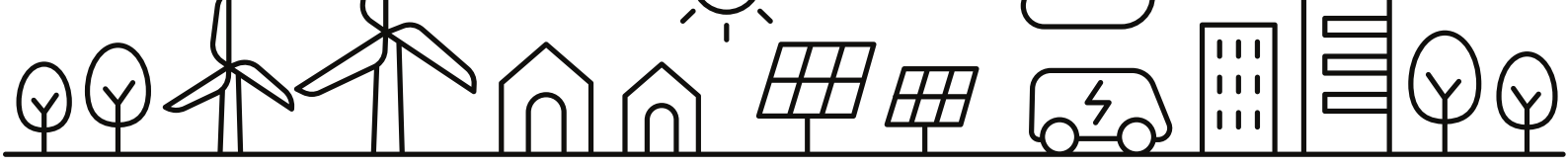




Office of Human Resources

| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Strategies to Improve Self-Awareness | 53 minutes | 1 | Faculty and Staff Members |
| Stress-Free Productivity for Entrepreneurs | 33 minutes | 2 | Faculty and Staff Members |
| Success Habits | 3 hr 18 minutes | 1 | Faculty and Staff Members |
| Supervisory Management Skills | 18 hours | 4 | Faculty and Staff Members |
| Supporting Workers with Disabilities | 57 minutes | 1 | Faculty and Staff Members |

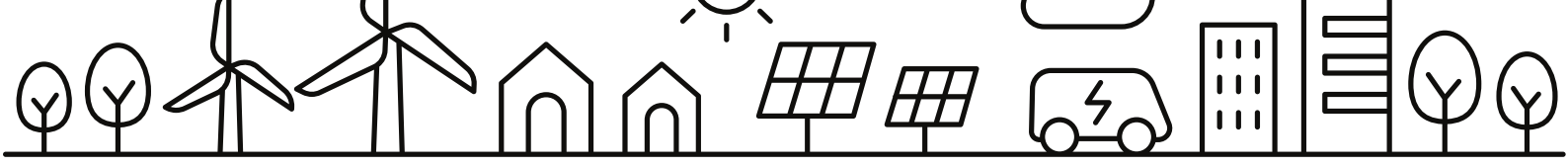




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Sustainability as an Innovation Opportunity | 55 minutes | 1 | Faculty and Staff Members |
| Sustainability Strategies | 46 minutes | 10 | Faculty and Staff Members |
| Sustainable and ESG Supply Chains | 54 minutes | 1 | Faculty and Staff Members |
| Sustainable DEI: Taking Action as an Individual, Team, and Organization | 1 hr 11 minutes | 1 | Faculty and Staff Members |
| Sustainable Leadership in Uncertain Times: A Conversation with Andrew Winston | 37 minutes | 1 | Faculty and Staff Members |

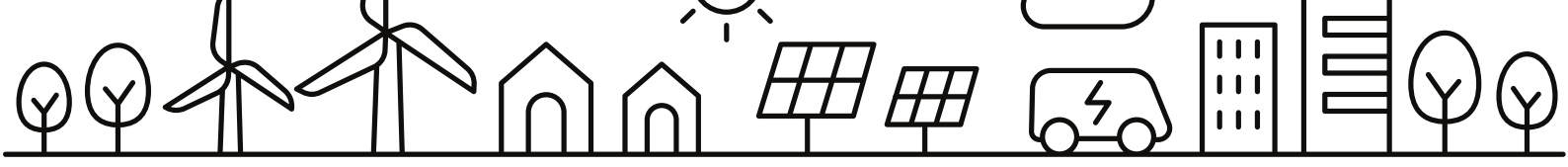




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| Sustainable Project Management: Strategies to Boost Social, Economic, and Environmental Impact | 1 hr 29 minutes | 6 | Faculty and Staff Members |
| Technology and Design Ethics | 1 hr 33 minutes | 1 | Faculty and Staff Members |
| Ten Habits of Mentally Strong People | 39 minutes | 1 | Faculty and Staff Members |
| The Employee's Guide to Sustainability | 50 minutes | 1 | Faculty and Staff Members |
| The Good Life (Book Bite) | 9 minutes | 1 | Faculty and Staff Members |

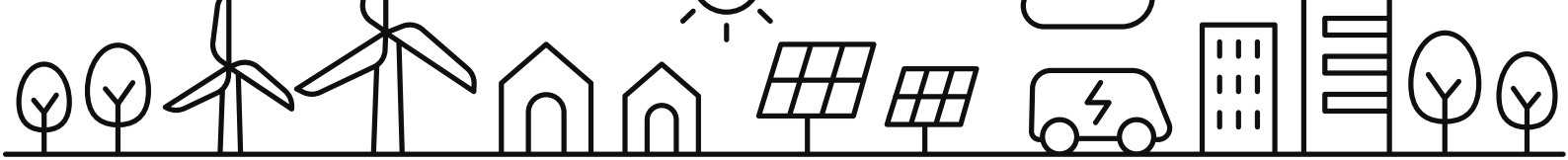




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| Training Session Title | Duration | Number of attendees reached | Audience |
|--|-----------------|------------------------------------|---------------------------|
| The Miracle Morning (Blinkist) | 19 minutes | 1 | Faculty and Staff Members |
| The Neuroscience of EI and Self-Awareness | 7 minutes | 1 | Faculty and Staff Members |
| The Procrastination Cure (Blinkist) | 22 minutes | 1 | Faculty and Staff Members |
| The Ultimate Guide to Sustainable Project Management | 50 minutes | 1 | Faculty and Staff Members |
| The Steps to Mental Well Being | 54 minutes | 1 | Faculty and Staff Members |

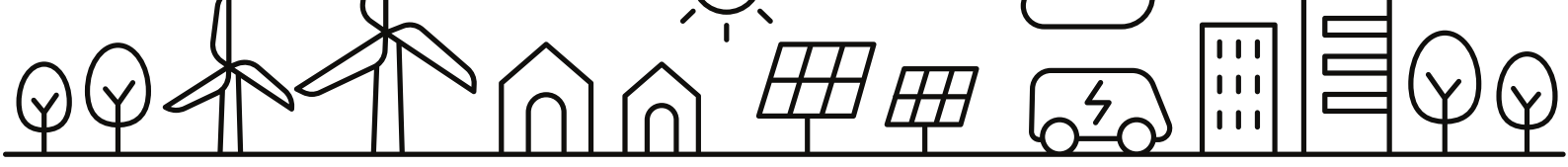




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Thive at Work from Anywhere | 47 minutes | 1 | Faculty and Staff Members |
| Tips for Managing Stress While Working with Upset Customers | 47 minutes | 2 | Faculty and Staff Members |
| Train Your Brain to Unwind Stress and Anxiety Habits | 1 hr 5 minutes | 1 | Faculty and Staff Members |
| Transform Your Business through Sustainability and Climate Leadership | 1 hr 29 minutes | 4 | Faculty and Staff Members |
| UAE Labour Law & Certified Human Resource Management Professional | 45 hours | 1 | Faculty and Staff Members |

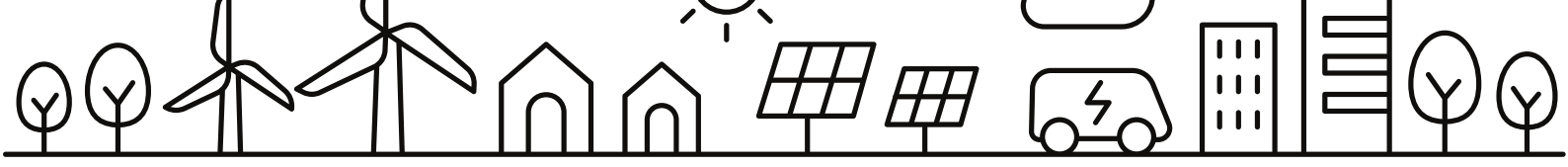




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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Unconscious Bias | 39 minutes | 4 | Faculty and Staff Members |
| Understanding Personal Protective Equipment (PPE) | 1 hr 5 minutes | 3 | Faculty and Staff Members |
| Unlock the Power of Rest for Creativity, Productivity, and Well-Being | 42 minutes | 1 | Faculty and Staff Members |
| Use an Entrepreneurial Mindset | 48 minutes | 3 | Faculty and Staff Members |
| Using Generative AI Ethically at Work | 1 hr 9 minutes | 1 | Faculty and Staff Members |





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| Training Session Title | Duration | Number of attendees reached | Audience |
|---|-----------------|------------------------------------|---------------------------|
| Values and Ethics: Case Studies in Action | 42 minutes | 18 | Faculty and Staff Members |
| Wellness and Sustainability in Architectural Design | 41 minutes | 2 | Faculty and Staff Members |
| What To Do When You Are Bullied at Work | 57 minutes | 1 | Faculty and Staff Members |
| Working More Effectively with Different Personalities | 10 minutes | 1 | Faculty and Staff Members |
| Working with Upset Customers | 47 minutes | 1 | Faculty and Staff Members |

